

HIGH SCHOOL STUDENT SERVICES NEWSLETTER

Quarterly Newsletter from LBHS Student Services

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Dear Parents/Guardians,

We hope you all have time to relax and recharge over winter break! We are excited to share that counselors will be available to meet with students over winter break via Zoom from 11 am - 12 pm weekdays. Students can access this support through their Schoology All Students Course.

It is hard to believe that we are already starting to plan for the 2022-2023 school year. In the upcoming weeks students will be selecting courses and meeting individually with their counselors to review their selections.

Please be sure to read through this newsletter as it contains a wealth of information regarding the academic advising process, counselor lessons, and upcoming parent programs.

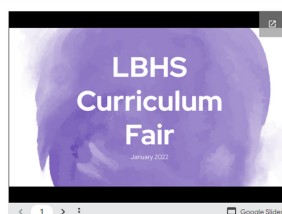
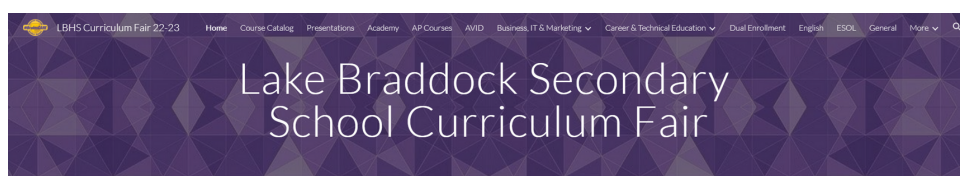
HS Student Services Team

Curriculum Fair Site

We are excited to announce that the LBHS Curriculum Fair Site will go LIVE on January 3rd! This site will host all the information you will need to select courses for the 2022-2023 school year.

An eNotify message will be sent to parents on Monday, January 3rd with additional details and instructions on how to navigate the site!

All students will have time to explore the site during Advisory on January 3rd for our Virtual Elective Fair!



Welcome Message

Thank you for visiting the LBHS Curriculum Fair! We encourage you to explore all the courses Lake Braddock has to offer. There is a packet at the bottom of each department page for you to ask general questions. Each packet will be monitored for the month of January and staff will answer questions. We will also be hosting a Virtual Office Hours on January 11th from 7-8 PM. This will be a great time to ask any remaining questions you may have about courses. Each department will have a Zoom Link posted in the All Students Schoology Course for students/parents to access and ask questions.

LAKE BRADDOCK SECONDARY SCHOOL



ACADEMIC ADVISING TIMELINE 2022-2023



CURRICULUM FAIR SITES GO LIVE JANUARY 3RD!

VIRTUAL ELECTIVE FAIR FOR RISING 8TH-12TH GRADE STUDENTS WILL BE HELD DURING ADVISORY ON JANUARY 3RD

RISING 7TH GRADE EVENTS

Rising 7th Curriculum Night	January 5th, 6:30-8:30 PM
MS Counselors Visit Elementary Schools	January 12th-20th
All Courses Must be Entered in SIS	February 18th

RISING 8TH GRADE EVENTS

Course Selection (through science classes)	January 25th-26th
All Courses Must be Entered in SIS	February 4th
Academic Advising (through science classes)	February 7th-18th

RISING 9TH GRADE EVENTS

Course Planner Lesson (through science classes)	January 4th-7th
Course Selection (through science classes)	January 10th-11th
HS Curriculum Night Virtual Office Hours	January 11th, 7-8 PM
All Courses Must be Entered in SIS	January 20th
Academic Advising (through science classes)	January 27th-February 4th

RISING 10TH GRADE EVENTS

HS Curriculum Night Virtual Office Hours	January 11, 7-8 PM
Academy Showcase	January 18, WIN Time, Register HERE
Course Selection (through WIN Time/Advisory)	January 26th, WIN Time/Advisory
Rising 10th Grade Office Hours in the College & Career Center	January 28th, WIN Time, Register HERE
All Courses Must be Entered in SIS	February 4th
Academic Advising (through English classes)	February 14th-18th

RISING 11TH GRADE EVENTS

Course Selection (through WIN Time/Advisory)	January 11th, WIN Time/Advisory
HS Curriculum Night Virtual Office Hours	January 11, 7-8 PM
Rising 11th Grade Office Hours in the College & Career Center	January 13th, WIN Time, Register HERE
Academy Showcase	January 18, WIN Time, Register HERE
All Courses Must be Entered in SIS	January 28th
Academic Advising (through English classes)	February 7th-11th

RISING 12TH GRADE EVENTS

Course Selection (through WIN Time/Advisory)	January 5th, WIN Time/Advisory
Rising 12th Grade Office Hours in the College & Career Center	January 7th, WIN Time, Register HERE
HS Curriculum Night Virtual Office Hours	January 11, 7-8 PM
Academy Showcase	January 18, WIN Time, Register HERE
All Courses Must be Entered in SIS	January 20th
Academic Advising (through English classes)	January 31st-February 4th

PLEASE NOTE THAT DATES ARE SUBJECT TO CHANGE.

LBSS Rising 10th-12th Grade Transition Information

Course Selection

This year counselors will be meeting with students virtually to select classes. This meeting will take place during WIN Time/Advisory. All Advisory teachers will be given a link to login to the Zoom session that will be run by members of the high school counseling team. Counselors will also be visiting Advisory rooms to answer questions and troubleshoot any issues that may come up. Sessions will be recorded and posted in the Curriculum Fair Site under the Programs page.

Counselor Office Hours

After each Course Selection Session the counselors will be available in the College & Career Center during the next WIN Time. This is a time designed for students who still have questions about how to enter their courses in SIS. Students will be required to register for this session ahead of time using a Google Form. When the form is completed, they will receive an email notification that can be used as their pass.

- [Rising 10th Grade Office Hours Registration](#), January 28th (registration form goes live on January 26th)
- [Rising 11th Grade Office Hours Registration](#), January 13th (registration form goes live on January 11th)
- [Rising 12th Grade Office Hours Registration](#), January 7th (registration form goes live on January 5th)

Courses Entered in SIS

Please note that students will be selecting their courses in StudentVue. Course selection sheets are for reference only and will not be turned in. Parents will be able to view the courses students have selected using their ParentVue account. [CLICK HERE](#) if you need help accessing your ParentVue account.

LBHS Curriculum Night Virtual Office Hours

If your student still has questions about course offerings that have not been answered through the padlets on our Curriculum Fair Site or during the Counselor Office Hours, login to Schoology on January 11th to connect with our staff. Each department will host office hours from 7-8 PM through Zoom. Links to access the office hours will be available through the All Students Course in Schoology.

Academy Showcase

Students will have an opportunity to come meet the FCPS Academy Counselors and Learn about the technical and vocational classes they have to offer for the 2022-2023 School Year. Students will be required to register for this session ahead of time using a Google Form. When the form is completed, they will receive an email notification that can be used as their pass. Register [HERE](#).

Academic Advising

After all courses have been entered counselors will be meeting individually with students to review courses. These meetings will take place during students English classes.

Important Reminders About Selecting Courses

- Academy Courses can be accessed through the online course catalog. Academy Courses require an application process and acceptance into the Academy Program.
- FCPS Online Campus information can be found [HERE](#). If you would like to take a class through FCPS Online Campus please see your counselor.
- Choose courses carefully as instructional staff members are hired based on courses selected by students. Only errors will be corrected once school begins.

Falls Church Academy OPEN HOUSE

American Sign Language	Medical Assistant
Biotechnology Foundations	Medical Billing/Coding
Criminal Justice	Pharmacy Technician
Dental Careers	Vietnamese
Emergency Medical Technician	* = Courses at The Plum Center
Exploring Health Sciences	*Introduction to Nursing
Exploring the Language of Medicine	*Patient Care Technician
Health Informatics	*Practical Nursing

MEET OUR STAFF & LEARN ABOUT OUR CLASSES

WHEN: January 5th, 2022 • 7:00-8:30pm (In-Person)

WHEN: January 12th, 2022 • 6:30-7:30pm (Virtual)

Link: Will be available soon!



FAIRFAX ACADEMY OPEN HOUSE

WHEN

February 8, 2022
6:30pm – 8pm

WHERE

Fairfax HS

3501 Lion Run, Fairfax, VA 22030
** Please enter at DOOR 1 **

FAIRFAX
Academy FOR COMMUNICATIONS & THE ARTS

fairfaxacademy.fcps.edu

MEET OUR STAFF!

LEARN ABOUT OUR CLASSES!

American Sign Lang.
Arabic
Chinese
Korean
Dance
Fashion Careers
Music & Computer Technology (MCT)
Musical Theatre
Pro Photo Studio
Social Media Marketing
TV & Media Prod.

NEW NEXT YEAR! 🌟

Game Design & Development

Snow date

Wed., Feb. 9th

Follow us!



FairfaxAcademy



fairfaxacademy_fcps



@Fairfax_Academy



OPEN HOUSE

For Prospective Students, Parents & Our Community

Saturday, January 8, 2022

Entrance #13 5801 Franconia Road, Alexandria, VA 22310

10:00 a.m. – 1:00 p.m.

SNOW DATE: JANUARY 29, 2022

Automotive Collision

Cyber: Oracle

Automotive Technology

Cyber: Routing and Switching CISCO

Cosmetology

Cyber: Security + Capstone

Criminal Justice

Electrical Construction and Engineering

Culinary Arts

Heating, Ventilation, Air Conditioning &

Cyber: Cloud Computing

Refrigeration

Cyber: Computer Systems Technology (A+)

Teachers for Tomorrow

Cyber: Network Administration

Veterinary Science

Meet and Greet With Teachers and Staff

Student Demonstrations, Tours of Classrooms and Labs, & More!

COME SEE WHAT WE'RE ALL ABOUT!

For details about this event contact Edison Academy at 703-924-8100

or contact our Counselor Cassandra Deedy at cjdeedy@fcps.edu

visit our website at <https://edisonacademy.fcps.edu/>

West Potomac Academy VIRTUAL OPEN HOUSE



Wednesday, January 26th, from 6:15 – 7:30 pm

MEET OUR ACADEMY TEACHERS AND SUPPORT STAFF,
CONNECT WITH STUDENTS & LEARN ABOUT OUR COURSES!

WEST POTOMAC ACADEMY COURSES

911 Dispatch * EMT * Medical Assistant * Dental Careers
Introduction to Nursing * Pharmacy Tech * Language of Medicine
Exploring Health Sciences * Biotechnology Foundations * PT/OT
Criminal Justice * TV & Media Production * Social Media Marketing
Music & Computer Technology
Academy Dance * Broadway Dance * Hip Hop

Please register by completing this short Google form:

<https://forms.gle/yA4S71Ze8uhAS6H59>

A link to attend will be sent prior to the open house.

We invite you to visit our website in advance to learn more about our course offerings.

<https://westpotomacacademy.fcps.edu/or>

<https://sites.google.com/fcpsschools.net/wpamagic/home> (fcpsschools.net login required)

West Potomac Academy

Clifford S. Hamilton Governor's Health Science Academy / Communication & The Arts / Human Services

Early Online College

Get a jumpstart on your college education while you're still in high school! For a limited time, NOVA is offering select college courses at no cost to Fairfax County high school juniors and seniors. Courses are twelve weeks in length and will begin February 1, 2022.

Completed applications are due by January 14th, 2022.

Early Online College offers students many benefits, including:

- Lowering the overall cost of college by graduating from high school with college credits in your pocket.
- Gaining access to campus resources and participating in college events and activities.
- Starting at NOVA and finishing at the college or university of your choice seamlessly with our transfer agreements, including the ADVANCE program with George Mason University.

Who is eligible?

High school juniors and seniors currently attending a Fairfax County public school may apply. Applicants must demonstrate proof of English and math college readiness.

How do I apply to the Early Online College Program?

STEP 1: Apply to NOVA. If you are already a NOVA student, locate your EMPLID and proceed to step 2.

STEP 2: Create a New Student Account. If you have already created an account in *nvcc.dualenroll.com*, log in and proceed to step 3. You will need your NOVA EMPLID number for your account.

STEP 3: Select your Early Online College course in the *nvcc.dualenroll.com* portal. You must select Early Online College-Spring 2022 for your term.

STEP 4: Upload a copy of your current high school transcript and any qualifying test scores if your GPA is below 3.0.

STEP 5: Check your application status in the *nvcc.dualenroll.com* portal. Be sure your parent or legal guardian has consented to your course selection. Be sure to check your email often as we will send you updates as we process your application.

For more information, contact NOVA's Office of Dual Enrollment at dualenrollment@nvcc.edu.

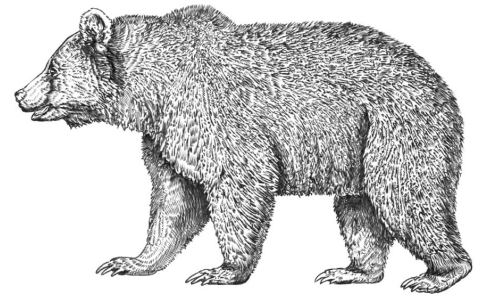
Course Options:

- CST 110
- ECO 202
- ITE 115
- MUS 121
- PSY 200
- SDV 101
- SOC 200

Courses are for college credit only. Some courses require textbook purchases.



NOVA Northern Virginia Community College
www.nvcc.edu



The holidays can be a difficult time for many students. This year, counselors will be available to meet with students via Zoom during winter break. Please see the flyer for additional details.



Advisory Council

Each year the Student Services team brings together an Advisory Council team. This group meets throughout the year to look at our school data and gather feedback on our program effectiveness. This group consists of counselors, administrators, teachers, students, parents, and community members.

On December 1st we held our first Advisory Council meeting for the 2021-2022 school year. [Click Here](#) to view the information that was shared.

If you are interested in joining our Advisory Council, or providing feedback please contact Deb Brown at DSBrown1@fcps.edu.

News From the College & Career Center

The College and Career Center Specialist assists students with their college, career and employment searches. Students can find a wide variety of resources on colleges, careers, scholarships, financial aid, part-time and full-time employment opportunities, and SAT, ACT, and TOEFL registration. The goal of the Career Center is to help students make informed career decisions about their post-secondary plans, which may include four-year colleges, two-year colleges, technical schools, apprenticeships, military, full-time employment, or gap year opportunities.

Make sure you check out Ms. Hunter's weekly newsletter ***What's Bruin in the Career Center*** to learn about college visits, scholarships, workshops, events, opportunities to volunteer and job opportunities! The newsletter is emailed to parents and students each week and is posted on our website [HERE](#).



Students are invited to come hear about NVCC and the application process. January 13th from 10-10:30 am in the Lecture Hall.



MEET OUR NEWEST COUNSELOR: MS. JENNIFER JACKSON (MAI-NGU)

Greetings! I am overjoyed to join the high school student services staff at LBSS. I started at Pitt as undecided before choosing to major in Spanish, and later to Education. Moving to Orlando in the 90's, I worked at Walt Disney World as a server while teaching Spanish and dance, coaching track, and returning to UCF for my MEd. While working as a school counselor at Olympia High, I met the incredibly talented choir director and married him!

During the first year as a mother, I missed so many firsts that I resigned to be a stay at home mom! During that time, we moved to Virginia, and I started an organizing business. My girls are 5 and 8, and they are best friends! Their energy is spent doing martial arts, horseback riding, and pushing Girl Scout cookies. As a family we love to travel, visit museums, spend time with family, and have movie nights. As for pets, we have two guinea pigs named Harry and Ron who spend their time squeaking and hiding from us. It's never a dull moment at the Jackson house!

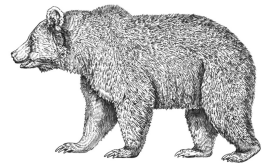


We are excited to welcome her to our Student Services team!



Mental Health? Let's talk about it!

Just like physical health, mental health is key to a student's success. We do not expect students to perform at their very best when they are suffering from a physical ailment. So shouldn't that be the case when it comes to mental wellness as well? Right! You may be wondering where to start. Here are a few tips:



1. Have a conversation with youth about how they are feeling emotionally
2. Look for different signs when it comes to anxiety and depression:
<https://www.fairfaxcounty.gov/healthymindsfairfax/common-diagnoses>
3. Look into outside resources for your youth: <https://www.fairfaxcounty.gov/healthymindsfairfax/>
4. If you are concerned about your youth, reach out to their school counselor or clinical staff (social workers & psychologists)

It may not always be easy to talk about mental health but it is important to start normalizing these conversations with youth. Mental health is very much in their vocabulary and acknowledging concerns with your youth will make them feel seen and heard more than you could ever imagine.

News From Our Military Family Life Counselor (MFLC)



Are you a military student looking to connect?



Would you like to know more about your community?

Would you like to make new friends?

Would you like to know more about your school?

Would you like more information as you transition?

Military Connect

Join us on Gold Days during WIN from 9:43- 10:30am in room #N145, just come on down and ask for Ms. James.

For more information contact Ms. James at fjames@fcps.edu

Community Opportunity New Friends New School Encouragement Counseling Transitions



Scan the QR Code to complete the consent form so that Dr. James can meet with your student!

How Can Our Substance Abuse Prevention Specialist (SAPS) Support You and Your Student?

Did you know that Lake Braddock has a Substance Abuse Prevention Specialist (SAPS) to address substance use concerns among students? Ms. Giffin provides substance abuse prevention, education, intervention services, and brief counseling to students upon violation of the Student Rights and Responsibilities or suspected substance abuse involvement. Ms. Giffin provides support, guidance, and education to parents, guardians, staff, and the community, regardless of student referral status. This is about prevention! She can also make referrals to community resources if needed. Please contact Ms. Giffin at jlgiffin@fcps.edu if you need support for a student or have concerns you'd like to discuss.