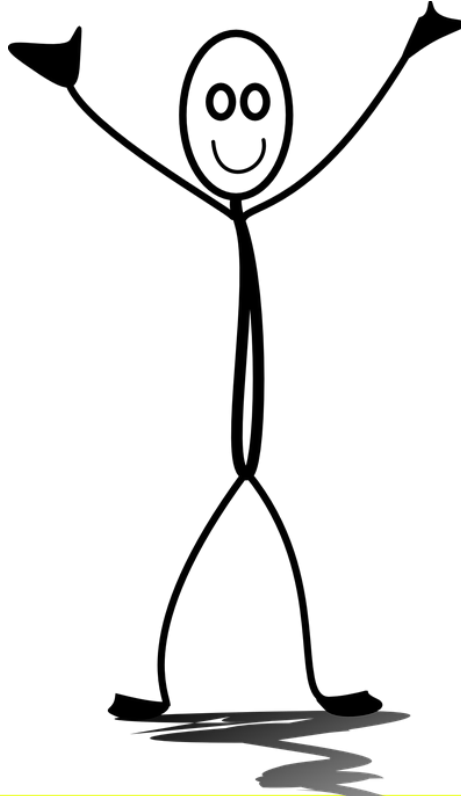


Welcome!!!



For this lesson,
please view the
slide notes for
directions and
resources.

Good afternoon!

Today we are going to talk about substance use and specifically opioids. We will also cover different types of drugs and ways that we can ask for help.

We know that this topic can be difficult for some of us to discuss.



Therefore, we want set expectations for our behavior during this time together. At all times, we must remember to be respectful, listen to each other, and be kind and caring.



How do you know someone is **trustworthy**?

What are the traits of a **trustworthy** person?

Lake Braddock SS
Substance Abuse and
Prevention Specialist (SAPS):

Jessica Giffin

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**Substance Use Prevention
Video**



Objectives:

Students will learn how addiction and use of various substances, including opioids, negatively impacts them as well as where to turn for **support**.





At the end of this lesson I will be able to speak about the **dangers** of substance use and how to access **supports**.



ALCOHOL, TOBACCO & OTHER DRUGS

Presented by
The Student Safety
and Wellness Office
Substance Abuse
Prevention Specialists

START

Optimistic Closure

Where are some places and people we can safely seek **support**?

- We can talk to **trusted** adults for **support**.
- We can ask for help when we need it.



Resources for Help

There are resources available to help you, a friend, or a family member struggling with drug abuse and addiction.

- Parent
- School counselor, psychologist, social worker
- School Substance Abuse Prevention Specialist (SAP)
- Fairfax County [Community Services Board](#) (CSB)
- Doctor or other medical professional



Resources

- National Suicide Prevention Lifeline
1-800-273-TALK (8255)
<http://suicidepreventionlifeline.org>
- Crisis Link 24-Hour Suicide Hotline
703-527-4077 or text 703-940-0888
<http://prsinc.org/crisislink/services/>
- 24-Hour Domestic & Sexual Violence Hotline
703-360-7273
- Fairfax County 24-Hour Emergency Services
703-573-5679, TTY 711
- Alcoholics Anonymous
https://www.aa.org/pages/en_US/find-local-aa
- This is Quitting
<https://www.fairfaxcounty.gov/livehealthy/tobacco-free/vape-free-fairfax>

WHO CAN I TALK TO AT SCHOOL?

- The SAPS at your school
- Your Substance Abuse Prevention Specialist (SAPS)
- School Counselor/Social Worker/Psychologist
- Any trusted adult

