



# **Lake Braddock Student Services Rising 9th Grade Parent Meeting**

June 2, 2021

6:30PM

# Agenda

Welcome

Review of January Program Materials

Student Services Supports

Successful Transition to HS: Tips for Parents

What's New for 2021-2022

Upcoming Events



# Review Content from January

## January Curriculum Program:

- [Recording](#)
- [Slides](#)
- [Curriculum Fair Site](#)





# Lake Braddock Secondary School Counselors



A-Bre

Bri-Del

Dem-Gra

Gre-Kav

Kaw-Mah

Ms. Pack

Ms. Brown

Mr. Duperrouzel

Ms. Cashman

Ms. Carrera

Mai-Ngu

Ngw-Ri

Ro-Ter

Tes-Z

As Assigned

Ms. Veenstra

Ms. Alexander

Mr. Ranallo

Ms. Samek-Smith

Ms. Naughton

# Office Staff

## Registrar



Beverly Taylor

## SIA



Sandy Coleman

## Transcripts



Jackie Balough

# System of Support Advisor (SOSA)



Amy Soos

## What Supports Does a SOSA Provide?

- Providing proper supports is the MAIN focus of my job
- Academic (study skills, challenging classes, communication with teacher)
- Social/Emotional (peer groups, expressing/understanding of feelings)
- Informational (advice, suggestions)
- Behavior/Wellness (avoiding class, mood changes, struggle to engage in learning)
- It is extremely important that I provide the best support/help possible.

## Contact Information:

[AMSoos@fcps.edu](mailto:AMSoos@fcps.edu)

703.426.1134



# Career Center Specialist



Sandy Hunter

## What Supports Does a Career Center Specialist Provide?

- Host 100+ College Representatives
- Provide College application Support
- Provide Financial Aid Support
- Scholarship Information
- Career/Job Information

## Contact Information:

[skhunter@fcps.edu](mailto:skhunter@fcps.edu)

703.426.1192



# Psychologists



Carleen Mckenzie      Mary Olsen

**Contact Information:**

[crmckenzie@fcps.edu](mailto:crmckenzie@fcps.edu)

[molsen@fcps.edu](mailto:molsen@fcps.edu)

## What Supports Does a Psychologist Provide?

- **Mental Health:** individual and group counseling, crisis intervention, suicide risk assessment, threat assessment, teacher, parent and outside provider consultation and collaboration, wellness screenings, club involvement, presentations to parents, staff and students on a variety of topics to include executive function, and emotional regulation
- **Special Education:** psychological evaluations, participation in Local Screening, special education and 504 eligibility, re-evaluation, and IEP meetings, intervention strategies to address academic and behavioral needs, functional behavior analysis and behavior intervention plans

# Social Worker



Kerrian McKay

## What Supports Does a Social Worker Provide?

- ❖ **Mental Health:** individual and group counseling, crisis intervention, out of school support, and can connect to community resources
- ❖ **Special Education:** intervention strategies to address academic and behavioral needs
- ❖ **Community Liaison:** links students and families to community resources to address issues such as poverty, chronic absenteeism, trauma, and child abuse.

## Contact Information:

[kcmckay@fcps.edu](mailto:kcmckay@fcps.edu)

# Assessment Coach



Jennifer Bury

## What Supports Does an Assessment Coach Provide?

- Organizes and coordinates all state and federal testing
- Collaborates with case managers to translate classroom accommodations into state testing accommodations and supports
- Works with counselors and SOSA to ensure on-time graduation, namely with regards to verified credit and testing needs
- Advises staff and families of state and federal testing policy changes and how it may impact our school community

## Contact Information:

[JABury@fcps.edu](mailto:JABury@fcps.edu)

**703.426.1028**

# Military Family Life Counselor (MFLC)



Faith James

## What Supports Does an MFLC Provide?

MFLCs provide nonmedical counseling to enhance social, academic, and emotional skills to support the wellbeing of military students and their families. Sessions can be in-person, virtual, or telephonic, and all services are free and confidential. Issues addressed include:

- ❖ School Adjustment
- ❖ Deployment and separation
- ❖ Reunion adjustment
- ❖ Sibling and parent-child communication
- ❖ Behavioral concerns
- ❖ Fear, grief, and loss

## Contact Information:

**[FJames@fcps.edu](mailto:FJames@fcps.edu)**

**For additional information click [HERE](#).**

# Substance Abuse Prevention Specialist (SAPS)



Jessica Giffin

## What Supports Does a SAPS Provide?

- ❖ Alcohol, Tobacco, and Other Drug education for students, parents, and the Fairfax County Community
- ❖ Intervention services upon violation of the Student Rights and Responsibilities or suspected substance abuse involvement
- ❖ Assessing a student's level of substance use and, if appropriate, making referrals to Fairfax Community Service Board for additional services
- ❖ Group and individual prevention services for students, staff, parents, and the Fairfax County community
- ❖ Most importantly, building positive relationships with students to provide support and encouragement!

## Contact Information:

[Jlgiffin@fcps.edu](mailto:Jlgiffin@fcps.edu)

**703.426.1108**



# Parent Tips : 3 to Succeed



The Fairfax County Youth Survey shows that children and teens with **three or more** protective factors are more likely to:

**Manage stress**

**Make better choices**

**Develop healthy habits**

*The many factors that help children and teens succeed include:*



**Having parents or guardians who are available to help**



**Participating in after-school activities**



**Having adults in the community to talk to**



**Accepting responsibility for their actions**



**Having teachers who recognize and praise good effort**

Learn **all** of the factors that matter at [fairfaxcounty.gov/youthsurvey](https://fairfaxcounty.gov/youthsurvey).

# Self Advocacy

*High School is about building skills just as much as earning good grades. Here are some examples of where you can support your student in self-advocating.*

- **When you see a grade you have questions about-ask your student first- and then have the student talk to their teacher.**
- **If your student is not feeling connected, encourage them to explore the after school activities and clubs available at Lake Braddock.**
- **Remember stress and anxiety are a natural part of adolescence and not to be avoided- resiliency is one of the most important skills teens must learn.**
- **Problem solve with your student- solutions should focus on their internal locus of control.**



# Getting Involved

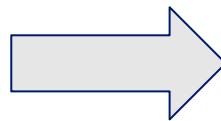
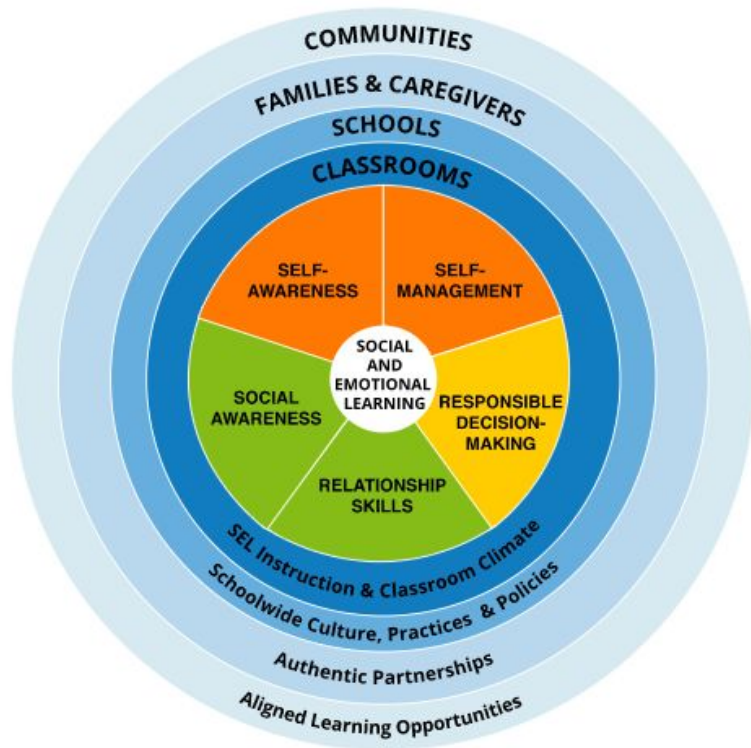
## LBSS Athletics and Activities

<https://www.lakebraddockbruins.com/>

<https://lakebraddockss.fcps.edu/student-life-activities>



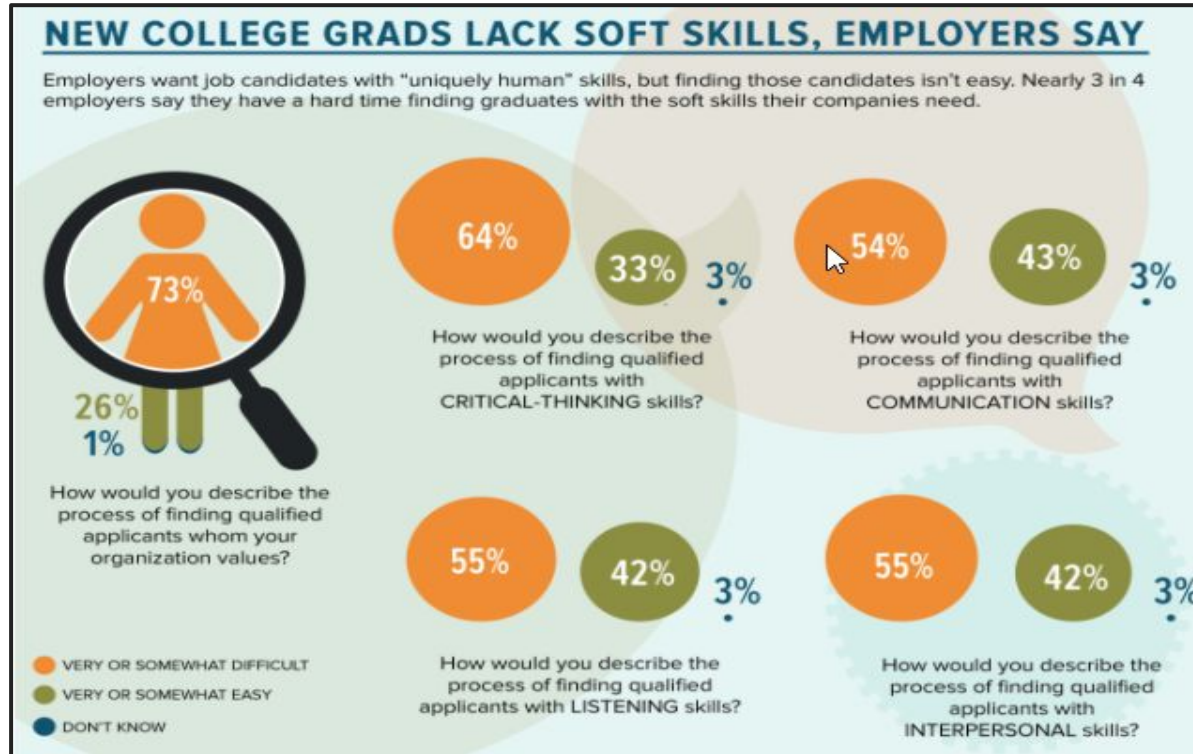
# Advisory



# Advisory and SEL--WHAT skills are we trying to build? (A deeper look)

Self-awareness	Self-management	Social Awareness	Relationship Skills	Responsible Decision-making
Identifying emotions	Impulse control	Perspective-taking	Communication	Identifying problems
Accurate self-perception	Stress management	Empathy	Social engagement	Analyzing situations
Recognizing strengths	Self-discipline	Appreciating diversity	Relationship building	Solving problems
Self-confidence	Self-motivation	Respect for others	teamwork	Evaluating
Self-efficacy	Goal setting			Reflecting
	Organizational skills			Ethical responsibility

# Advisory and SEL--WHY are we trying to build SEL skills?



# Staying Connected

ParentVue & StudentVue

New You Choose: Sign Up [HERE!](#)

Naviance Student

Follow Us on Social Media:

- [LBSS Facebook](#), [LBSS Twitter](#)
- [Student Services Facebook](#), [Student Services Twitter](#)

Schoology



# New for Next Year

Schoology  
Zoom



## Upcoming Events

Student Services Summer Newsletter

August 2021

Rising 9th Grade Orientation

August 13

Welcome Back Video Release

Week of August 16

Bruin Blast

August 2021

Military Family Event

August 2021

New Parent Coffee

September 24 @ 9 AM



# QUESTIONS

