

Happy May Braddock Families!

Hope you are all well. Please take a moment to check the resources below.

- The **Family Resource Center (FRC)** has released its list of May webinars.

<https://www.fcps.edu/resources/family-engagement/family-resource-center/register-free-workshops-family-resource-center>



The poster features the FCPS Family Resource Center logo in the top left, a QR code in the top right, and the text 'Register Online' below it. The main title is 'Family Resource Center May 2023 Webinars'. Five webinar entries are listed, each with a date in a colored circle, a title, a time slot in a colored box, and a brief description.

Date	Time	Topic	Description
4 MAY	10 - 11:30 A.M.	Let's Talk About Grief: What To Say And How To Support Children And Adolescents Who Have Lost A Loved One	Join us to learn about new communication protocols, strategies for improved family input in the special education process, updated policies and procedures, and an overview of Join us to learn how to talk about grief & loss with children and teens.
11 MAY	6:30-8 P.M.	Equal Access to Literacy (EAL) Plan Overview for Elementary Families	Join us to learn about the shifts that FCPS is making to improve literacy instruction in elementary education.
12 MAY	10 - 11:30 A.M.	Portrait of a Graduate: The Keys to Success in Life	Join us to learn about the what, the why, and the how of the FCPS Portrait of a Graduate (POG) attributes and skills.
17 MAY	6:30-8 P.M.	Equal Access to Literacy (EAL) Plan Overview for Secondary Families	Join us to learn about the shifts that FCPS is making to improve literacy instruction in secondary education.
19 MAY	10 - 11 A.M.	Meet the Author Series: 1-2-3 Magic: The Basics A Webinar For Families	Join us to learn the 1-2-3 Magic method to correct negative behaviors and encourage positive behaviors.

Family Resource Center: 703-204-3941 and frc@fcps.edu
Registration: <https://bit.ly/3zjZrGH>

The Family Resource Center has a list of Summer Camps for all children:
<https://www.fcps.edu/node/47602> and <https://www.fcps.edu/academics/summer-learning>

- The **Kaiser Permanente Mobile Health Van** will visit the **First NoVA Ghanaian SDA Church on Franconia Road in Alexandria on Saturday, May 27th from 11 a.m. to 3 p.m.** to provide free general health screenings. Walk-ins are welcome!



Personalized care that drives better health

Need care on the go? Our mobile health van will put you on the road to well-being.

Where: First NoVA Ghanaian SDA Church
3130 Franconia Rd, Alexandria VA 22310

When: Saturday, May 27, 2023, from 11 AM - 3 PM

What: blood pressure screening, BMI (height and weight), blood draw: A1C and cholesterol.

No cost services for adults!

Walk-ins are welcome.

QUESTIONS?

Contact Elder Elijah Offei

at elijah.offei5@gmail.com

or n/a



- Bethlehem Baptist Church in Alexandria will be offering a **COVID-19 Booster Vaccine Clinic** for people 65 and older and/or immunocompromised on Saturday, May 6th from 11 a.m. to 1 p.m.



AT BETHLEHEM BAPTIST CHURCH

7836 Fordson Rd. Alexandria, VA 22306

Bivalent COVID-19 boosters available

- Ages 65 and older: 4 months after 2nd dose or last booster
- Immunocompromised: 2 months after last dose

Please bring your CDC vaccination card

Minors must be accompanied by a parent or guardian
No ID, health insurance or appointment required

