



LBSS NEW PARENT ORIENTATION

WELCOME TO BRUIN NATION!

- AGENDA:
 - LAKE BRADDOCK SCHOOL ROUTINES
 - DAILY SCHEDULE
 - ATTENDANCE
 - WEBSITE
 - GRADES
 - CONTACTING TEACHERS
 - ROLE OF THE SCHOOL COUNSELOR
 - PARENTVUE ACCOUNTS
 - SCHOOLOGY TIPS

DAILY BELL SCHEDULE

Middle School

	PURPLE DAY	GOLD DAY
8:00 – 9:28	Period 1	Period 2
9:28 – 9:43	Break	Break
9:43 – 11:39	Period 3 A Lunch: 10:35 – 11:05 B Lunch: 11:09 – 11:39	Period 4 A Lunch: 10:35 – 11:05 B Lunch: 11:09 – 11:39
11:46 – 1:12	Period 5	Period 6
1:19 – 2:45	Period 7	Period 8* Advisory: 1:19-1:50 WIN: 1:55-2:45

High School

	PURPLE DAY	GOLD DAY
8:00 – 9:28	Period 1	Period 2
9:28 – 9:43	Break	Break
9:43 – 11:09	Period 3	Period 4
11:16 – 1:12	Period 5 C Lunch: 11:42 – 12:12 D Lunch: 12:12 – 12:42 E Lunch: 12:42 – 1:12	Period 6 C Lunch: 11:42 – 12:12 D Lunch: 12:12 – 12:42 E Lunch: 12:42 – 1:12
1:19 – 2:45	Period 7	Period 8* Advisory: 1:19-1:50 WIN: 1:55-2:45

ATTENDANCE

IF YOUR STUDENT IS **HOME SICK, COMING IN LATE OR LEAVING EARLY**, PLEASE BE SURE TO THE SUBSCHOOL.

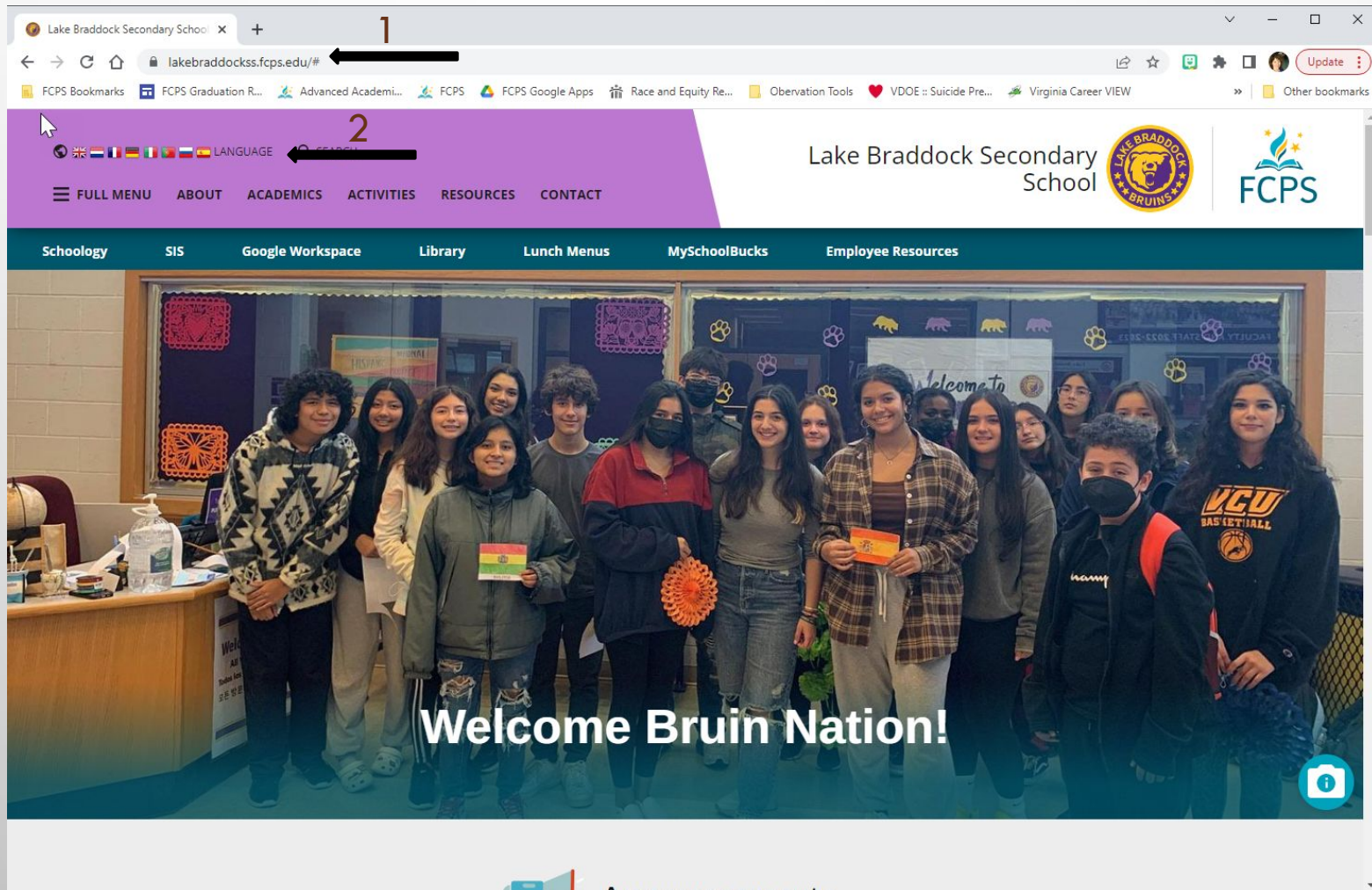
MIDDLE SCHOOL

- SUBSCHOOL 1 – 8TH GRADE (703) 426-1181
- SUBSCHOOL 2 – 7TH GRADE (703) 426-1182

HIGH SCHOOL

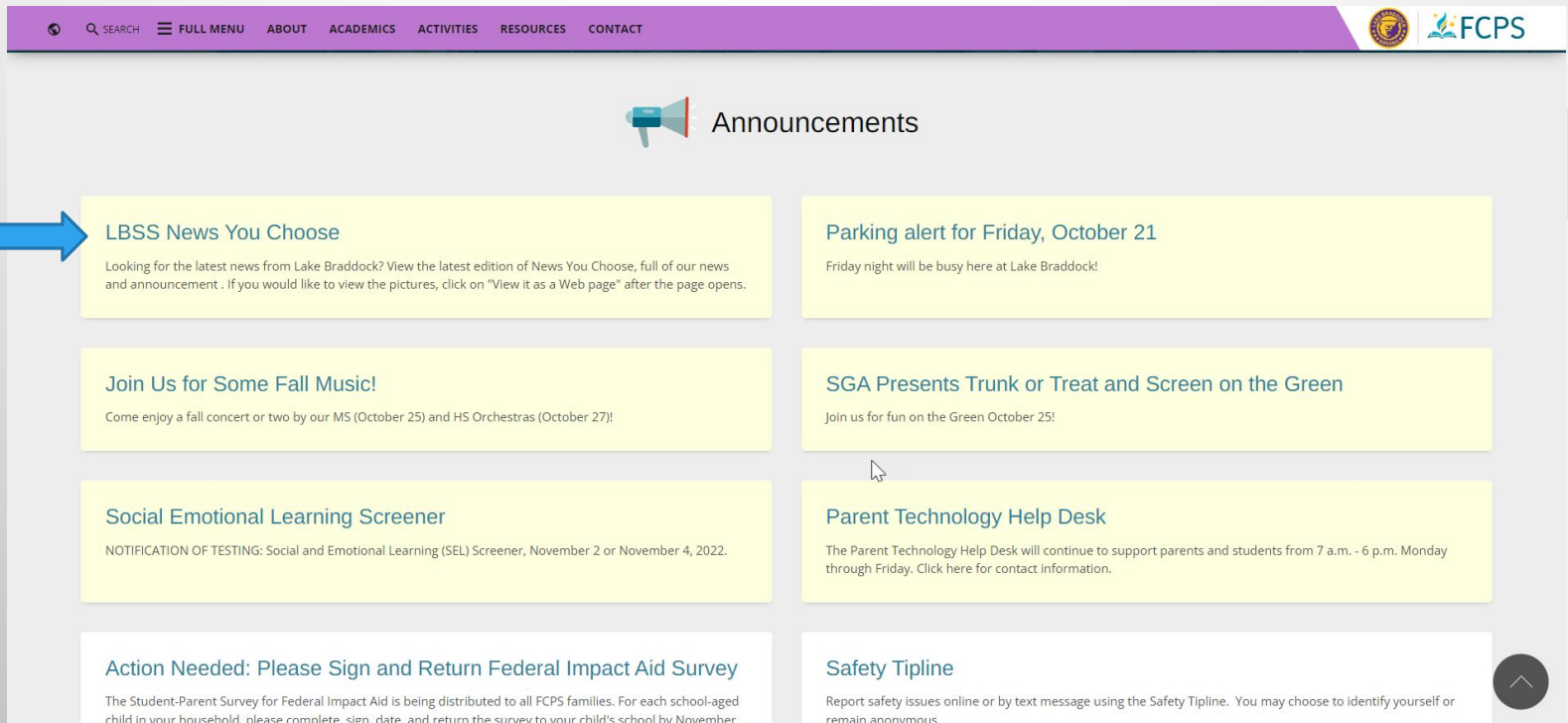
- SUBSCHOOL 3 – LAST NAMES A-D (703) 426-1183
- SUBSCHOOL 4 – LAST NAMES E-K (703) 426-1184
- SUBSCHOOL 5 – LAST NAMES L-P (703) 426-1185
- SUBSCHOOL 6 – LAST NAMES Q-Z (703) 426-1186

<https://lakebraddockss.fcps.edu/>



Lake Braddock website (1) has everything you need to know and can be translated using the language (2) feature.

Announcements are located just below and are updated regularly. These can also be translated.



The screenshot shows the top navigation bar of the FCPS website with links: SEARCH, FULL MENU, ABOUT, ACADEMICS, ACTIVITIES, RESOURCES, and CONTACT. The announcements section is titled "Announcements" with a megaphone icon. It contains eight announcement cards in a two-column grid. A blue arrow points to the first card, "LBSS News You Choose".

Announcements

- LBSS News You Choose**
Looking for the latest news from Lake Braddock? View the latest edition of News You Choose, full of our news and announcement . If you would like to view the pictures, click on "View it as a Web page" after the page opens.
- Parking alert for Friday, October 21**
Friday night will be busy here at Lake Braddock!
- Join Us for Some Fall Music!**
Come enjoy a fall concert or two by our MS (October 25) and HS Orchestras (October 27)!
- SGA Presents Trunk or Treat and Screen on the Green**
Join us for fun on the Green October 25!
- Social Emotional Learning Screener**
NOTIFICATION OF TESTING: Social and Emotional Learning (SEL) Screener, November 2 or November 4, 2022.
- Parent Technology Help Desk**
The Parent Technology Help Desk will continue to support parents and students from 7 a.m. - 6 p.m. Monday through Friday. Click here for contact information.
- Action Needed: Please Sign and Return Federal Impact Aid Survey**
The Student-Parent Survey for Federal Impact Aid is being distributed to all FCPS families. For each school-aged child in your household, please complete, sign, date, and return the survey to your child's school by November
- Safety Tipline**
Report safety issues online or by text message using the Safety Tipline. You may choose to identify yourself or remain anonymous.

LBSS News You Choose – sign-up to receive weekly emails about LBSS

UPCOMING EVENTS

BELOW ANNOUNCEMENTS ON MAIN PAGE

The screenshot shows the website for Lake Braddock Secondary School. The header is purple with navigation links: SEARCH, FULL MENU, ABOUT, ACADEMICS, ACTIVITIES, RESOURCES, and CONTACT. The FCPS logo is on the right. The main content area is titled "Upcoming Events at Lake Braddock Secondary School" with a calendar icon. It lists three events:

- LB Middle School Theatre Presents Disney Frozen Jr.**
OCTOBER 20, 2022
October 20-22; 7pm/2pm Saturday show available
Lake Braddock Little Theater
- SGA Blood Drive**
OCTOBER 21, 2022
8am-1:45PM
Lake Braddock Secondary School Gym
- Student Holiday (Diwali)**
OCTOBER 24, 2022

On the right, there are three promotional boxes:

- BELL SCHEDULE**
View our Bell Schedule & Purple/Gold Calendar
- MIDDLE SCHOOL AFTER SCHOOL PROGRAM**
Learn about the Middle School After School Program (indicated by arrow 1)
- BRUIN ATHLETICS AND ACTIVITIES**
Visit our Athletics and Activities website (indicated by arrow 2)

A "See All Events >" link is at the bottom right of the event list.

1 – MS After-school program information
2 – HS Athletics and Activities information

WHEN TO EXPECT GRADES

GRADING PERIOD	DETAILED PROGRESS REPORT EMAILED TO STUDENTS & PARENTS	END OF GRADING PERIOD	QUARTER GRADES <u>FINAL</u> POSTING AND DETAILED PROGRESS REPORT EMAILED TO STUDENTS & PARENTS	REPORT CARDS <u>DISTRIBUTED</u>
1 ST	Fri, 9-30-22	10-28-22	Wed, 11-02-22 By 11:59 pm	11-09-22
2 ND	Fri, 12-09-22	01-25-23	Tues, 01-31-23 By 11:59 pm	02-07-23
3 RD	Fri, 02-24-23	04-13-23	Weds, 04-19-23 By 11:59 pm	04-25-23
4 TH	Fri, 05-05-23	06-16-23	TBA	TBA

UNDERSTANDING GRADES IN FCPS

The Grading Scale

This scale is used in calculating your grade point average in high school.

Letter Grade	4.0 scale	100 point scale
A	3.8-4.0	93-100
A-	3.4-3.7	90-92
B+	3.1-3.3	87-89
B	2.8-3.0	83-86
B-	2.4-2.7	80-82
C+	2.1-2.3	77-79
C	1.8-2.0	73-76
C-	1.4-1.7	70-72
D+	1.1-1.3	67-69
D	0.8-1.0	64-66
F	0-0.7	Below 64

Minimum passing

These are the possible grades you will receive on your report card.

★ This refers to the student not to the parent.

CONTACTING TEACHERS

LOGIN TO SIS PARENTVUE

1: SELECT CLASS SCHEDULE FROM LEFT HAND MENU

2: CLICK ON THE MAIL ICON NEXT TO THE TEACHER'S NAME

Lake Braddock Middle School
703-426-1000

FAIRFAX COUNTY PUBLIC SCHOOLS

Home

Messages

Calendar

Attendance

Class Schedule

Course History

Grade Book

Health

Report Card

Student Info

FCPS Links

Test History










Documents

CLASS SCHEDULE

Today | **First Quarter** | Second Quarter | Third Quarter | Final

1

Student Schedule for First Quarter (08/22/2022 - 10/28/2022)

	Course Title	Room Name	Teacher
1	Civics 8	M141	Michelle Gotico 
2	Pre-Algebra	M230	Dana Calamito 
3	Power Mathematics 8	M230	Dana Calamito 
4	Invest Matt/Ener HN	C153	Joseph Wieland 
5	English 8 HN	M137	Alexis York 
6	Coding & Innov Tech	H201	Thomas McLarney 
7	Health & PE 8	Gym	Joseph Rutherford 
8	Advisory 8	J244	Jacob Cunningham 
9	Team Desig 8th Gr		Team Blue Sharks 

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SCHOOL COUNSELOR'S ROLE

- PROVIDE ACADEMIC, CAREER & PERSONAL/SOCIAL COUNSELING
- HELP WITH ORGANIZATIONAL/STUDY SKILLS
- COMMUNICATE WITH PARENTS/GUARDIANS
- LIAISON BETWEEN PARENT, STUDENT, AND TEACHER
- SCHEDULE/FACILITATE TEAM CONFERENCES
- MEET WITH STUDENTS INDIVIDUALLY
- PLEASE NOTE THAT WE DON'T HAVE DIRECT ACCESS TO TEACHER GRADE BOOKS, ONLY INTERIMS AND QUARTER GRADES.

WHEN IN DOUBT, CONTACT YOUR CHILD'S COUNSELOR!

MS Counselor	Teams	HS Counselor	Last Names
Betsy Rogers BKRogers@fcps.edu	Blue Dolphins, 7th Blue Sharks, 8th	Ian Brodie IBrodie@fcps.edu	A-Bre
Tracey Butler-Johnson TBJohnson@fcps.edu	Golden Knights, 7th Gold Magic, 8th	Deb Brown DSBrown1@fcps.edu	Bri-Del
Thembi Rudisel TNRudisel@fcps.edu	Purple Piranhas, 7th Purple Pride, 8th	Tracy Burkey TBurkey@fcps.edu	Dem-Gra
Luis Contreras LContreras@fcps.edu	Green Roadrunners, 7th Green Dragons, 8th	Megan Cashman MTCashman@fcps.edu	Gre-Kav
Melissa Staab MKStaab@fcps.edu	Red Chili Peppers, 7th Red Eagles, 8th	Lynn Carrera LNCarrera@fcps.edu	Kaw-Mah
		Martin Gros MJGross@fcps.edu	Mai-Ngu
		Sierra Alexander SKAlexander@fcps.edu	Ngw-Ri
		Gary Ranallo GWRanallo@fcps.edu	Ro-Ter
		Lynda Samek-Smith LSameksmith1@fcps.edu	Tes-Z
		Jacquie Naughton JANaughton@fcps.edu	Transition

PARENTVUE ACCOUNTS

If you do not have a ParentVue Account, Angela Santizo, MS Student Services Assistant, is here tonight to help you set one up. Your ParentVue Account is needed to login to Schoology as well.

Please raise your hand if you would like to set-up your account .

HOW TO REQUEST PROGRESS REPORT EMAILS IN PARENTVUE

↓ 2

jh School

My Account Help Logout

FAIRFAX COUNTY PUBLIC SCHOOLS
Good afternoon, 10/25/2022

Account Information

Instructions: Modify your account information below and press Update Account to apply the changes. To change your password click here: [Change Password](#)

[Update Account](#) [Cancel](#)

Account Detail and Options

Personal Information: NOTE - This information is changeable only by the school office staff. Contact the school directly to change your personal information.

Name	User ID	Home Address	Mail Address <i>Same as Home Address</i>	Phone Numbers
				<small>* * Indicates primary contact phone</small>

Adult ID

☐ I want to receive report cards for my High School and Middle School students and progress reports for my Elementary School students online only. NOTE: Elementary schools will not send a paper copy home if one residing parent has selected to Go Paperless. High and Middle schools will continue to send a paper report card if the student has a parent/guardian residing at the same address who has not elected to Go Paperless in their ParentVUE account.

Go Paperless!!

3 Auto Notify: Check the events below for which ParentVUE will e-mail information to you when an event occurs for any of your children.

4 ☐ Grade Book *Notify me with my child's grade book scores* 5

Send messages every: Sunday

☐ Only Send Messages when Grades are below: %

- 1) Log in to ParentVue
- 2) Click on "My Account"
- 3) Scroll down to "Auto Notify"
- 4) Check Grade Book
- 5) Select a day of the week to receive email

SCHOOLGY TIPS

A Schoology Parent Account gives you access to: your child's classes, upcoming assignments, and school, class, and group announcements.

Parent Schoology accounts allow you to **view** your student's Schoology account – but not interact. It may be helpful for you to login with your student (MS) or save their login info (HS) on your home computer. The student account has more detail than the parent version.

Schoology Gradebook does not reflect your student's full grade – only the assignments posted in Schoology. Always check your SIS ParentVue account for current grades.

SUPPORTING ACADEMICS

- HELP YOUR CHILD...
 - CREATE AND MAINTAIN A DAILY SCHEDULE FOR COMPLETING HOMEWORK
 - ESTABLISH A QUIET “STUDY AREA” AWAY FROM T.V., TELEPHONE, COMPUTER AND DISTRACTIONS
 - SELF-ADVOCATE BY TALKING DIRECTLY TO THE TEACHER IF HE/SHE HAS A QUESTION OR IS UNCERTAIN ABOUT AN ASSIGNMENT
 - MAINTAIN ORGANIZATION: BACKPACK, BINDERS, LOCKER, STUDY AREA
- EXPECT HOMEWORK EVERY DAY...
 - SUPPORT USE OF PLANNER TO NOTE HOMEWORK, DEADLINES, SCHOOL AND EXTRACURRICULAR COMMITMENTS
 - HOMEWORK STARTED AND/OR COMPLETED IN CLASS SHOULD ALSO BE WRITTEN IN THE PLANNER; IF NO HOMEWORK, INDICATE “NO H.W.”
 - VERIFY ASSIGNMENTS ON SCHOOLGY IF IN DOUBT
- HELP YOUR CHILD BUILD RESILIENCE. RESILIENCE IS THE ABILITY TO RECOVER OR BOUNCE BACK FROM ADVERSITY, STRESS, TRAUMA OR TRAGEDY.

PERIOD 8

ADVISORY 1:19-1:50

WIN TIME 1:55-2:45

Advisory – assigned teacher with planned social & emotional learning activities

WIN – “What Individuals Need” Time – student can create passes to see teachers or go to enrichment activities.

Gym Activities	Physical activities, games like basketball and soccer, and more! Click here for daily session details!	All Grades	Main Gym	Cheri Miller, Paul Johnson, Ethan Raff, John Thomas	*There are 3 spaces for the Gym. Choose the correct Section # based on the calendar. Destination: “WIN Time - Gym Section #” Reason for pass: <i>Type the name of the day's activity</i>
Team Games	Team games like trivia, board games, similar to MS After School	7th & 8th	Cafeteria - Small Side	Jamaal Hines, Sarah Coleman, Carol Franz (Spangrud), Valerie Johnson	Destination: “WIN Time - Cafeteria Games” Reason for pass: “WIN Time cafeteria games with Mr. Hines”
Reading & Study Space	Checkout books, read, do homework, work on projects	All Grades	Library	Sarah Pevner, Carolyn Hilyard, Diane Rogers, Michael VanWambeke	Destination: “WIN Time - Library” Reason for pass: <i>Type what you would like to do in the library (examples: reading, studying, group work)</i>
Peer Tutoring	Get help from tutors on homework, studying for assessments, etc.	All Grades	Library - Back Right	Catherine Phelps/ Amy Soos	FILL OUT THIS SIGN UP FORM! After filling out the form, you will be sent an Appointment Pass.

LBSS WIN Time Enrichment Offerings
Posted in “All Students” Course in Schoology

BUILDING RESILIENCE

- OUR CULTURE HAS IDEALIZED CHILDHOOD AS BEING “CAREFREE,” BUT REALITY IS OFTEN DIFFERENT.
 - TEMPTATION TO REMOVE CHILDREN FROM STRESSFUL SITUATIONS OR ALLOW THEM TO AVOID IT
- A PRIMARY GOAL DURING THIS STAGE OF CHILDHOOD ISN'T TO RESCUE CHILDREN FROM STRESSFUL SITUATIONS, BUT TO TEACH THEM HOW TO MANAGE THEIR FEELINGS AND BUILD RESILIENCE.
 - RESILIENCE IS A SKILL
 - CHALLENGE CHILDREN, BUT DO NOT OVERWHELM THEM

STUDENTS DEVELOP RESILIENCE BY...

- MAINTAINING A POSITIVE ATTITUDE
- LEARNING SELF-CARE: EAT PROPERLY, EXERCISE, REST, HAVE FUN
- SETTING GOALS AND MEASURING PROGRESS
- MAINTAINING A PEER AND ADULT SUPPORT NETWORK
- BALANCING ACADEMICS, EXTRACURRICULAR ACTIVITIES AND SOCIAL LIFE
- BEING WILLING TO ASK FOR HELP

THANK YOU!