

August 28, 2019

Dear Parents/Guardians of Middle School Students:

Students in grades 7-8 participate in Family Life Education (FLE) instruction through their health and physical education course. Students receive instruction in a human growth and development unit and an emotional and social health unit. For more information about the FCPS Family Life Education program, please see the detailed grade-level program descriptions at <https://www.fcps.edu/academics/middle-school-academics-7-8/family-lifeeducation-fle>.

In addition, grade level-specific curriculum lessons are available for review in multiple locations.

- Online in FCPS 24-7 (Blackboard) Parent View - includes lessons and media titles that FCPS has streaming rights for. Any additional media or book titles that are not streamed are available at your child's school library.
 - Parents/guardians will need a SIS account to access FCPS 24-7 <https://fcps.blackboard.com/>. Account information is available at your local school or online at <https://www.fcps.edu/resources/technology/fcps-24-7-learning>
- You are invited to attend an evening opportunity to preview the Family Life Education media and lessons and to talk with school staff about the program. The meeting will be held on Thursday, September 5, 2019, from 5:00PM—6:00PM in the Lake Braddock Secondary School Library. All program materials and media for all grade levels will be available for your review at this time. If this time does not work for you, please contact Elizabeth Eby at eaeby@fcps.edu or 703-426-6389.

Parents/guardians who do not wish to have their child participate in FLE instruction may choose to opt their child out of any or all of the lessons. If you would like to opt your child out of one or more lessons, please fill out the form accessible online at <https://www.fcps.edu/academics/high-school-academics-9-12/family-life-education-fle>, and turn it in to your child's subschool. If you have already indicated your desire to opt your child out of FLE lessons by using the form provided earlier in the school year, you do not need to complete another form. Should you opt your child out and then later decide you want your child included in FLE instruction, you must notify your child's teacher in writing before instruction begins.

An alternative non-FLE health instructional program is provided for children who do not take part in FLE instruction, and every effort is made to foster understanding and respect for family choices and to avoid peer pressure for or against participation in the program.

Instruction occurs at various times for the instructional units during the school year. Please contact your child's teacher for specific dates of FLE instruction. We look forward to working as your partner in providing information that will help your child make healthy choices related to the exciting changes and new challenges he/she will be facing in the next few years.

Sincerely,



Daniel W. Smith, Ed.D.
Principal