



BRUINS STAY AFTER

coming soon



MS AFTER-SCHOOL
CLUBS & ACTIVITIES
2022-2023

SCHOOLGY JOIN LINK:

<https://lms.fcps.edu/enroll/group>

ACCESS CODE: N564-FJ6K-QS9TF

**A SAFE, SUPERVISED PLACE TO HANG OUT AFTER-SCHOOL WITH FRIENDS,
PLAY GAMES, STUDY, AND ENJOY SOME EXTRACURRICULAR RECREATION.**

**MONDAYS, TUESDAYS & THURSDAYS IN CAFETERIA
3:00P - 4:30P (STARTS 9/19)**

**SPONSORS:
JOSH BRITTON & JESS GIFFIN
[JIBRIITTON@FCPS.EDU](mailto:JBRIITTON@FCPS.EDU) & JLGIFFIN@FCPS.EDU**

**SCHOOLGY ACCESS CODE:
BP45-FRKM-4JPV5**



Video Game Club



COME JOIN THIS STUDENT-LED GROUP OF GAMERS.

Mondays, Tuesdays & Thursdays
3:00PM - 4:30PM in the cafe/FDR



Staff Sponsor: TBA

Schoology Access Code:
WQP5-9Q6J-X5KBS



MATH COUNTS

Offers fun and engaging programs and competitions that get middle school students excited about math

Mondays (starts 9/19)
3:00pm - 4:00pm in L209

Sponsor:

Mr. Mike Edwards

maedwards3@fcps.edu

SCHOLOGY ACCESS CODE:
6QVT-QTT8-BJ8T9

MS DRAMA CLUB

Designed for students interested in learning more about the aspects of theater which includes learning stage terminology, working on acting skills, collaborating with others and much more

**STARTS
OCTOBER 26TH**

Wednesdays

3:00p – 4:30p

(General Meeting)

4:30p – 5:30p

(Officers Meeting)

In P141

Sponsors:

Stacey Mitchell

srmitchell@fcps.edu

SCHOOLGY ACCESS CODE:

HB7H-RC4W-ZDMKJ



LB CHESS CLUB

A student-run club where students can come learn to play or practice their skills in the game of chess. We accept all skill levels from beginner to expert. We have a place where you can play others of a similar skill level.

Mondays

3:00p - 4:30p in H235

Staff sponsor - Mahmud Syed

msyed@fcps.edu

SCHOOLLOGY ACCESS CODE:

3M3H-5Z9Q-72732



PEEPS

Aiming to create a safe, welcoming, and accepting space to make friends and socialize. Activities include games, crafts, and the promotion of community awareness.

**Tuesdays (Starts 9/20)
3:00p - 4:30p in M125**

Sponsor:

Kristin Girardin; kegirardin@fcps.edu

URSA MAJOR LIT MAGAZINE CLUB

Be a vital
part of the
creative
writing team
that puts
together
our literary
magazine

Tuesdays
3:00p - 4:30p
in L210

Sponsors

James Mroz

JGMroz@fcps.edu

SCHOOLGY

ACCESS CODE:

7KG7-FWTC-SR22C



MATH TUTORING

Need some extra math support after-school?
This is the place for you!

Tuesdays
in M121

3:00p - 4:30p

Sponsor

Carrie Bachmann

clbachmann@fcps.edu

SCHOOLGY ACCESS

CODE:

FWXC-S84R-RMFKH

Battle of the Books

A club for readers who endeavor to read as many 'Battle of the Books' books as possible. Participants will compete against other county schools to see who knows the most trivia about those books.

A Couple Times Per Month (starts Oct 2022)

WIN Time in the Library

Sponsors

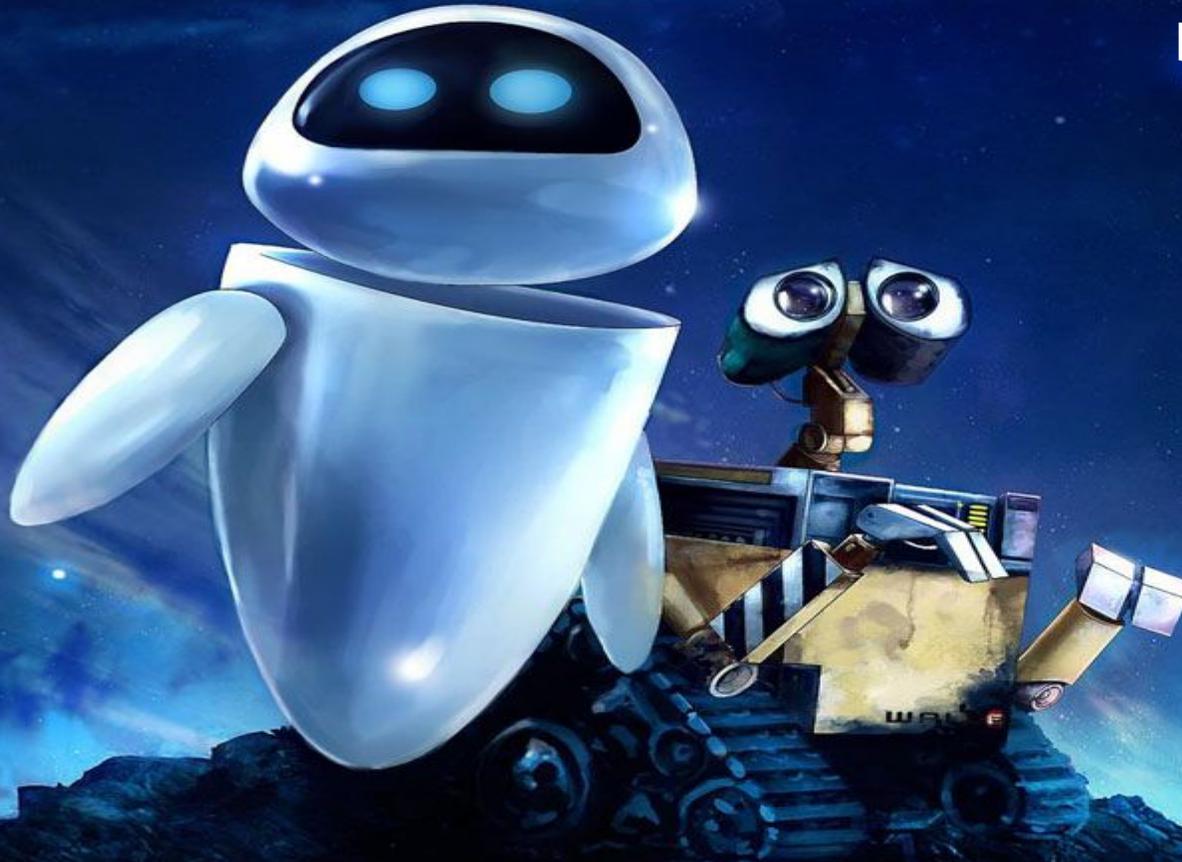
Diane Rogers - dprogers@fcps.edu

Carolyn Hilyard - cjhilyard@fcps.edu

SCHOOLGY ACCESS CODE:

W7JW-R5CZ-P6X6J

LB Digital Art Club



Watch this video to learn about
Digital Art and Design, and Animation
offered at Lake Braddock:

https://youtube.com/watch?v=-_xaFw67-14

Mondays | 3:00p - 4:00p in B216
(starts Oct. 3rd)

Sponsors:

Mike Feeney - mjfeeney@fcps.edu

Cynthia Gavin - cfgavin@fcps.edu

SCHOOLLOGY ACCESS CODE:

XZ6Q-R7Z6-XJDDZ



LB ART CLUB

A place for practicing artists to hone in on their skills, develop their techniques and portfolios, collaborate with other artists like themselves, create bonds with the community through the arts, and learn how to work together through group projects that will beautify the school and community.

**Wednesdays
3:00p – 4:30p
in M118**

**Sponsors
Suzy Hurwitz
slhurwitz@fcps.edu**

**SCHOOLGLOGY ACCESS
CODE:
FDWW-3DVR-VKQGR**





MS JAZZ BAND

Students who already know how to play a musical instrument will dive into a new style of music, jazz. The focus will be on skill-building and performance opportunities.

Tuesdays | 3:00P – 4:30P in P119
STARTS OCT. 2022

Sponsor: Krista Pezold
kapezold@fcps.edu

SCHOOLGY ACCESS CODE:
3HQW-7C65-6X6H3

F C C L A

2nd & 4th Tuesday
3:00p - 4:30p
In C174/C176

INTEREST MEETING
SEPT. 13th (cafe)

STARTS SEPT. 27th



An intracurricular organization that promotes personal growth & leadership development through member involvement and Family and Consumer Sciences Education. It's the only club that has family as its central focus with dynamics on student membership, academic & community leadership, creativity, character development & friendship.

SCHOLOGY ACCESS CODE:
B26J-NQDN-MR555

SPONSORS:
Toshieba Ragland | tragland@fcps.edu
Angela Moyer | asmoyer@fcps.edu
Thomas Prassa | taprassa@fcps.edu



INTEREST MEETING

Sept. 22nd

TEAM TRY-OUTS

Sept. 29th



VISIT THE SITE:



THURS.

**3:00p -4:30p
in M234**

Exploring the World of Science

**SCHOOLGY ACCESS CODE:
M5JV-2T7N-2CMKB**

SPONSOR:

**JEN CORTESI
jacortesi@fcps.edu**

STEM CLUB

No tryouts or previous experience are needed to participate in the STEM Club. Each session will feature a new hands-on activity for students to explore. Possible topics might include creating a bridge out of toothpicks, designing a boat with unusual materials, learning birding tips from experts, or working with electrical circuits.

THURSDAY | 3:00p - 4:30p in M111 (starts 9/29)

Sponsor: Todd Murphy | timurphy@fcps.edu

SCHOOLGY ACCESS CODE:
MXRJ-RD64-FVPXX

Library Time

A safe, quiet and supervised space for students to relax after-school, dive into some great pieces of literature, study for an upcoming test or work on their homework.

Mondays, Tuesdays & Wednesdays

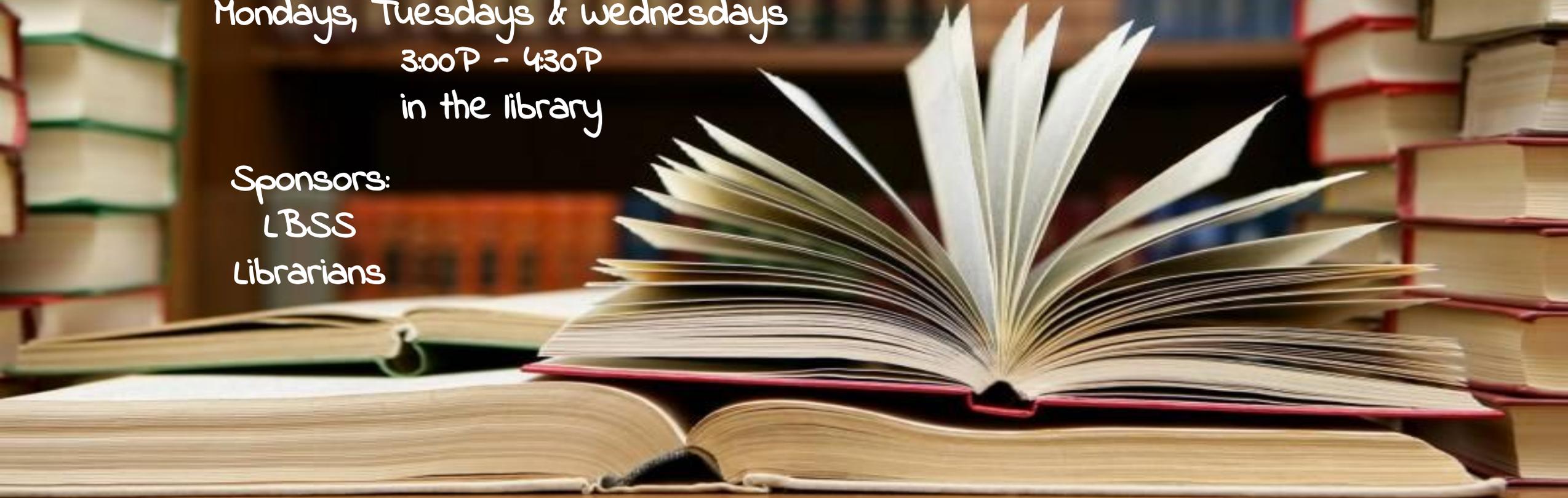
3:00P - 4:30P

in the library

Sponsors:

LBSS

Librarians

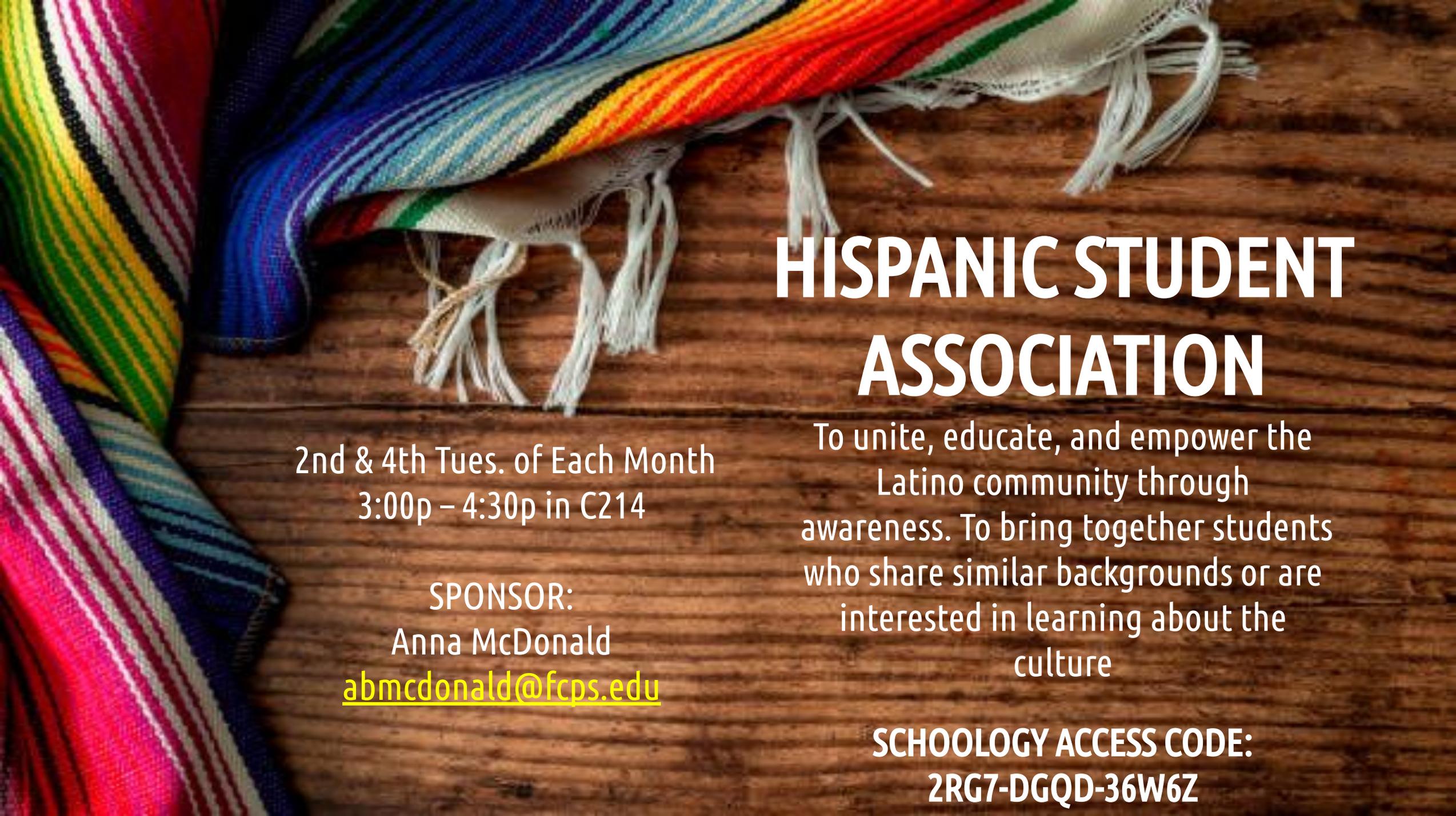


Military Ambassadors Club

**1st Tues. of Each
Month
3:00p – 4:30p in
J202**

**Sponsor:
Craig Stouffer
estouffer@fcps.edu**

**Provides incoming
military children
contacts and
potential peer
mentor to make their
transition
to LBSS a success.**

A vibrant, multi-colored striped blanket with fringes is draped over a rustic wooden surface. The colors include red, yellow, green, blue, and white. The fringes are white and hang down from the edges of the blanket.

HISPANIC STUDENT ASSOCIATION

2nd & 4th Tues. of Each Month
3:00p – 4:30p in C214

SPONSOR:
Anna McDonald
abmcdonald@fcps.edu

To unite, educate, and empower the Latino community through awareness. To bring together students who share similar backgrounds or are interested in learning about the culture

SCHOOLGY ACCESS CODE:
2RG7-DGQD-36W6Z

LB Dungeons & Dragons Club

Participants will be introduced to D&D, taught basic guidelines and learn how to play a campaign of dungeons and dragons.

Tuesdays
3:00PM - 4:30PM in M201

Sponsor: Jim Phillips
jrphillips@fcps.edu

SCHOOLGY ACCESS CODE:
B6B7-XQW4-KF9J9



SCHOOLOGY ACCESS CODE: 49ZV-7642-59ZPG



**FRIDAY
FLICKS**

**SELECT FRIDAYS
EACH MONTH
3:00p-4:30p**

**IN THE
CAFETERIA**

**MOVIES.
SNACKS.
FRIENDS.**

**COMING
SOON!!!**

TRIVIA

Come test your knowledge on a variety of topics for weekly prizes!

Sponsors: Jamaal Hines & LBSS Staff

jlhines@fcps.edu

Wednesdays (1st and 3rd each month)
3:00p - 4:30p in cafeteria unless another location is announced.

SCHOOLGLOGY ACCESS CODE:
C2JN-QTRJ-VPGGC

COMING SOON!





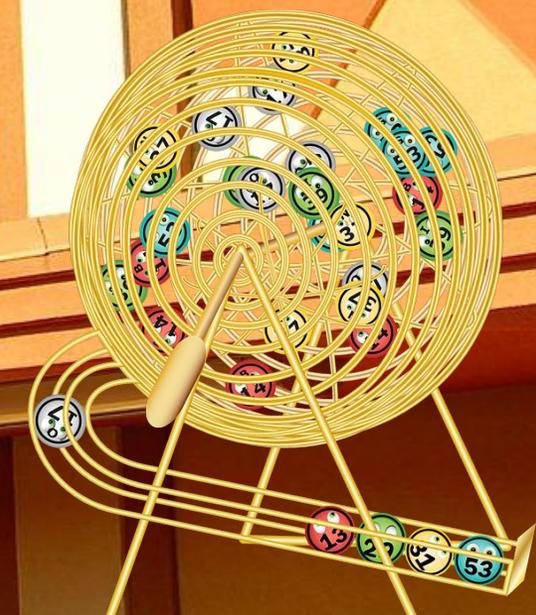
BINGO

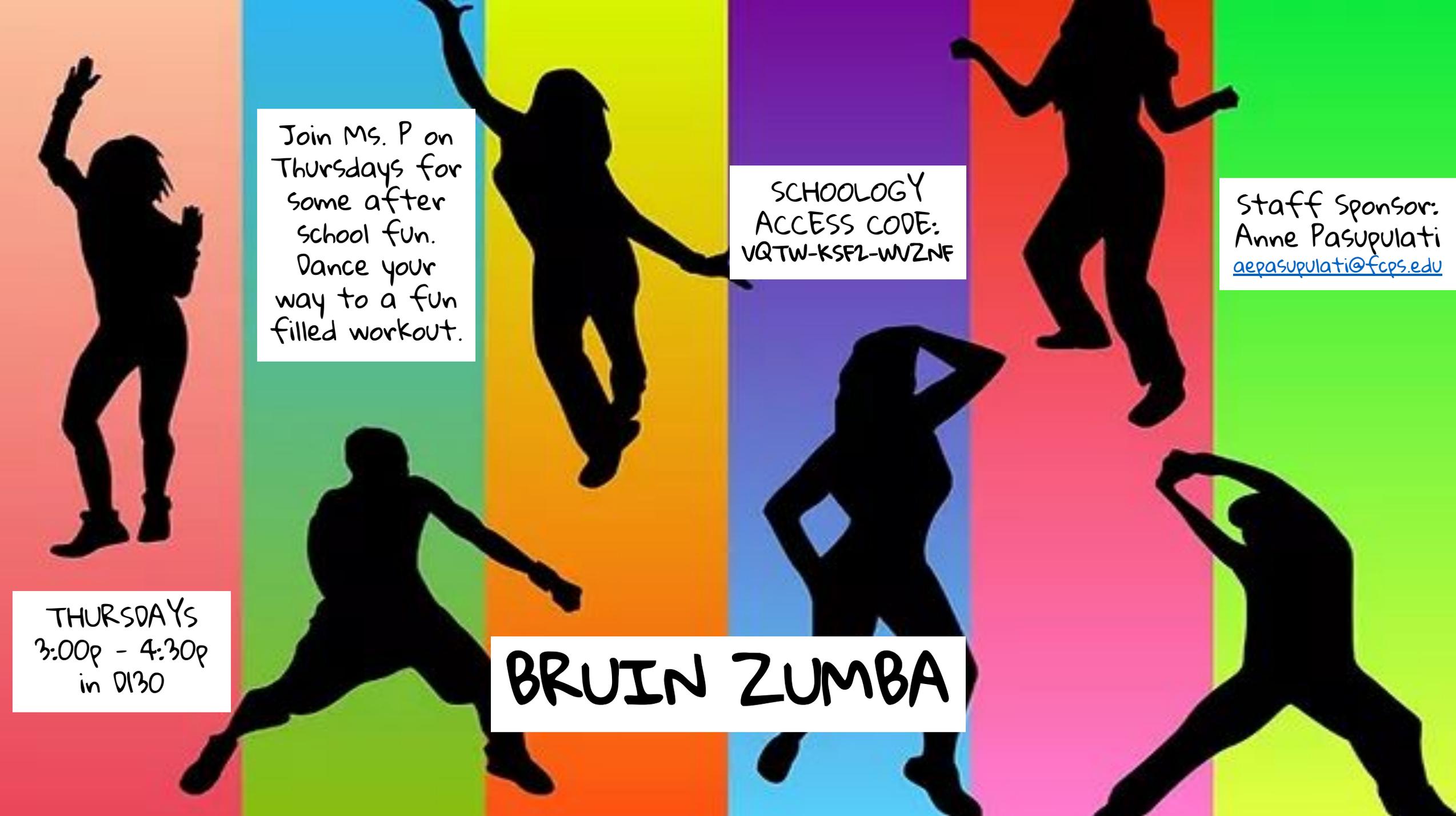
Come try your luck at Wednesday Bingo with some Lake Braddock staff and win some cool prizes!

Wednesdays (2nd & 4th each month)
3:00p - 4:00p in cafeteria
unless another location is announced.

**SCHOLOGY ACCESS CODE:
C2JN-QTRJ-VPGGC**

COMING SOON!





Join Ms. P on
Thursdays for
some after
school fun.
Dance your
way to a fun
filled workout.

SCHOOLLOGY
ACCESS CODE:
VQTW-KSFL-WVZNF

Staff Sponsor:
Anne Pasupulati
aepasupulati@fcps.edu

THURSDAYS
3:00p - 4:30p
in 0130

BRUIN ZUMBA

YOUNG FEMINISTS OF LAKE BRADDOCK

This group is for students to work as both individuals and as collectives within women's movements or in other social movements to promote and work towards the safety, equality, justice, rights and dignity of girls, women and other marginalized groups.



FRIDAYS
(start date ????)
3:00p - 4:30p in M120

Sponsor:
Sofia Cano Crowley
(scanocrowley@fcps.edu)

**SCHOOLGY ACCESS CODE:
WRQ5-B686-H8SKJ**

Lake Braddock Middle School



TECHNOLOGY STUDENT ASSOCIATION

The Technology Student Association is a national career & technical student organization of students engaged in STEM. TSA's extracurricular program includes competitions and leadership activities designed to challenge students to create creative solutions to complex problems. Students are challenged to create projects in a range of STEM fields from Architecture, Engineering, Coding, Construction and more.

SCHOOLGY ACCESS CODE:

PKQS-2G7C-4X7DQ

Mondays

3:00p - 4:30p in B107

Staff Sponsor:

Isaac Messner

icmessner@fcps.edu

LB Programming & Game Design

Come and explore the wonderful world of coding, programming and game design.

Sponsor: Thomas McLarney
tpmclarney@fcps.edu

Wednesdays
3:00p - 4:30p in H201

Schoology Access Code:
XBZN-DRHN-HFM6J

LAKE BRADDOCK HIGH
SCHOOL

JOIN LINCOLN- DOUGLAS DEBATE

Improve your: **Speech** - confidence and delivery skills; **Writing** - develop strong evidence-based arguments; and **Competency** - competitive and scholarly

**NOVICE TRAINING SESSION:
SATURDAY, SEP 10 | 8AM-1PM
C106**

Google Classroom:
hjm5rh5
(personal email)

LBSS Speech & Debate

**JOIN THE
STUDENT
CONGRESS
DEBATE TEAM**

**PRACTICE BEGINS TUESDAY
AUGUST 30TH FROM
6:00-7:15PM
ROOM: C106**

Build confidence, critical thinking skills, and strengthen your presentational speaking

SPEECH TEAM

MIDDLE + HIGH SCHOOL

LEARN HOW TO SPEAK
IN FRONT OF OTHERS
AND COMPETE IN
SEVEN DIFFERENT
STYLES BY YOURSELF

OR WITH YOUR
FRIENDS! GREAT FOR
BUILDING CONFIDENCE
IN PUBLIC SPEAKING!



FIRST MEETING
TUESDAY, AUGUST 30TH 4:00
ROOM C106

QUESTIONS? LBSPEECHTEAM@GMAIL.COM

MS Weightlifting (coming soon)

This program will be for any students interested in increasing their physical fitness through weightlifting. We will teach basic skills of lifting as well as proper spotting techniques.

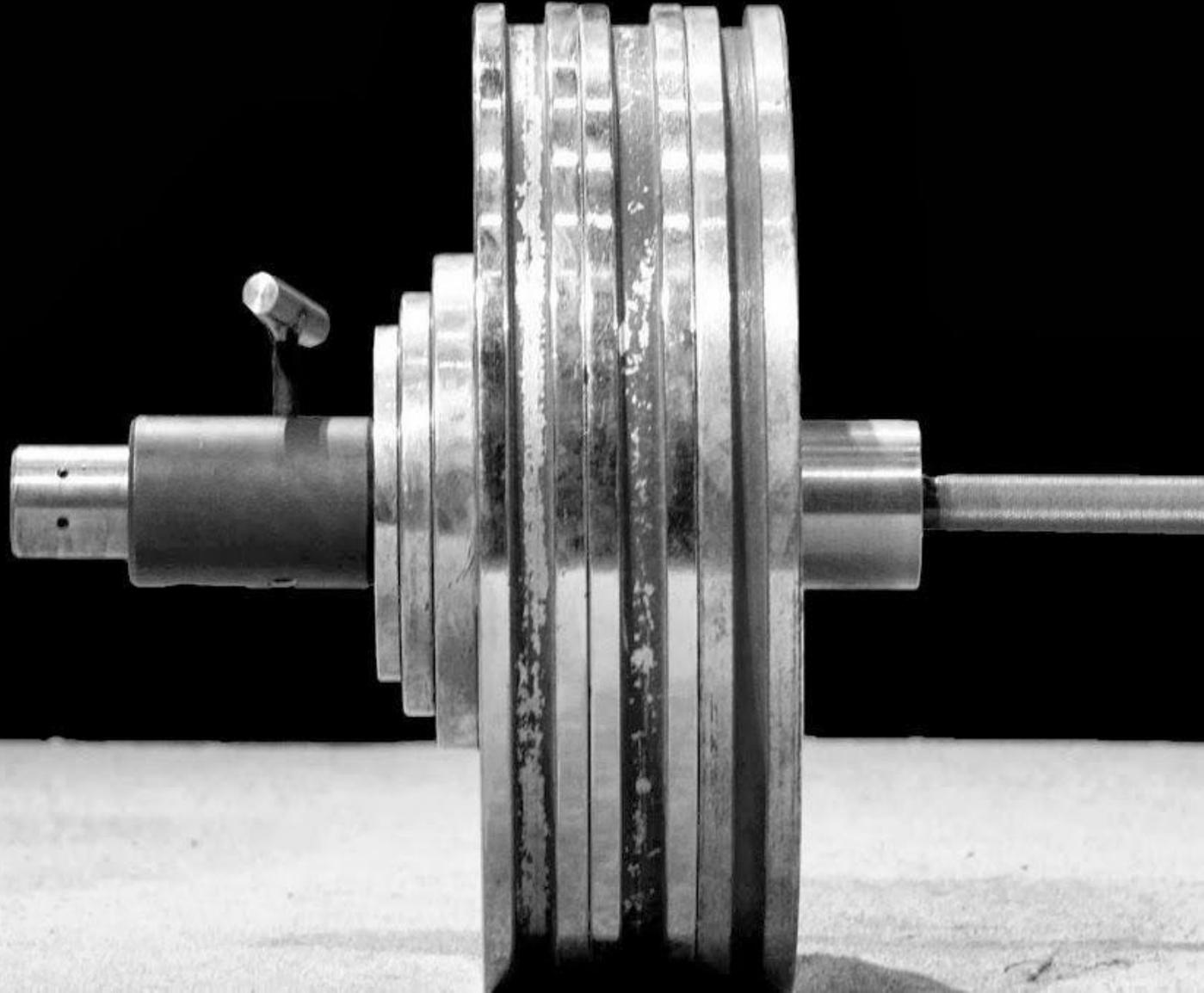
Day (TBA)

3:00p - 4:30p in the Weight Room

Staff Sponsor: TBA ([@fcps.edu](#))

SCHOOLGY ACCESS CODE:

MKGM-KF4P-HSBHC



MS Spirit Squad

Interest Meeting: Dec 7th

First Practice: Dec. 14th

This club is an introduction to the HS Cheerleading Program at Lake Braddock. Participants will meet after-school with our head cheerleading coach and HS athletes to collaborate workouts and practices in preparation for HS cheer participation.

Meets wednesdays from 3:00p - 4:30p in the Lecture Hall

SPONSOR: Marissa Gaines

magaines@fcps.edu

SCHOOLGY ACCESS CODE:

7Q6T-46ZS-CSFZC



MS Running Club

Interested?
Sign-Up Here:



This club serves as an introductory activity to HS athletics, specifically HS cross country and track & field. Participants will get the opportunity to run after-school and build their cardio / conditioning through various workouts and drills. Additionally, students will get the chance to learn more about the wide array of track and field events offered in HS athletics as well as compete in a few MS competitions.

Monday - Thursday from 3:00p - 3:30p
on the track.

Sponsor: Coach Cheryl Miller
cmiller@fcps.edu

Interest Meeting
9/20/22 in the Little Theatre
from 3:00p - 4:00p

Schoology Access Code:
WP4M-23XD-CD73S

Lake Braddock MS Volleyball

Interested in working out with the high school volleyball players and coaches during their offseason???

Following the HS volleyball season, come join our MS Volleyball in the gymnasium.

More information coming soon!!!



Questions???

Contact Coach Joseph Weiland,
jcwieland@fcps.edu

Rising Freshman Boys Basketball

Starting in April 2023, Lake Braddock will be running a 2nd year of our in-house rising freshman basketball league for 8th grade boys to prepare their skills for HS athletics.

All students will be required to try-out and teams will be divided up equally by coaches and league commissioner. Teams will be coached by HS basketball players (JV / Varsity) whom will organize practices and game day strategies.



SIGN UP HERE FOR
MORE INFO:



SCHOLOGY ACCESS CODE:
T9MM-WF7Q-TPN4Z

INTERESTED 8TH GRADE BOYS SIGN-UP NOW:
2023 Form Coming Soon!!!

CONTACT INFORMATION:
jlhines@fcps.edu



LB Middle School Futsal

If you enjoy playing soccer whether you are a beginner or have been playing for years, this club is perfect for you! The staff members and volunteers facilitating this club are experienced soccer coaches and bring extensive soccer knowledge to the club. Students will participate in skills & drills challenges, as well as engage in recreational play.

Staff Sponsor

TBA

Day & Time

TBA

SCHOLOGY ACCESS CODE:

TBA

MS BOYS LAX

Meeting Days TBA

3:00p - 4:00p in cafe/on fields

Staff Sponsor

Jennifer Farris

jafarris@fcps.edu

Schoology Access Code:

5K9M-9N9N-VBGTD

Open to 7th & 8th grade students. All levels of experience can participate, and we welcome first-time beginners. The club will promote education and fitness through lacrosse, one of the fastest growing sports in the world.

The club will meet weekly during the fall and weather permitting days in the winter for skills development and pick-up play. During the spring, club members will have the opportunity to support the high school teams in various capacities.

**INTEREST MEETING:
SEPT. 21st in cafe at 3pm**

**INTEREST MEETING:
SEPT. 14, 2022
WIN TIME IN THE CAFE**

A DOG'S LIFE

THIS CLUB WILL INCLUDE MAKING DOG TOYS FOR DOGS IN LOCAL ANIMAL SHELTERS AS WELL AS DISCUSSIONS ABOUT THE IMPORTANCE THESE TOYS AND OTHER WAYS TO SUPPORT THESE SHELTER ANIMALS.



**MEET ON GOLD DAYS
(DURING WIN TIME) IN THE
CAFE ONCE PER MONTH**

**CLUB SPONSOR:
JONATHAN NIETO
JDNIETO@FCPS.EDU**

**SCHOOLGY ACCESS CODE:
7FZM-3J9R-HJFD6**





**Interest Meeting:
Sept. 20th
3:00p in C201**

**Tuesdays
3:00p - 4:30p
in C201**

**Staff Sponsor:
Cheri Miller
clmiller@fcps.edu**

**Schoology Access Code:
795W-W883-XJXZ3**

LATIN CLUB

**Learn about
Ancient Rome,
mythology,
crazy festivals,
and FOOD!**

MS Flag Football

Coming Soon.

Sport Clinics & potential Co-Ed Leagues

info coming soon

**our minds
matter**



JR BRUIN MINDS MATTER

Student-led club designed to make a positive impact on our school's culture and awareness of mental wellness for students. The activities are designed to increase social-connectedness, help-seeking behaviors, and encourage self-care and healthy habits.

2nd Tuesday of each month
3:00p - 4:00p in N129
(STARTS NOV. 2022)

**SCHOOLGY ACCESS CODE:
2J7J-GXXR-FMTZ3**

Sponsors:
Halena Waider | whaider@fcps.edu
Nicole White | ndwhite@fcps.edu

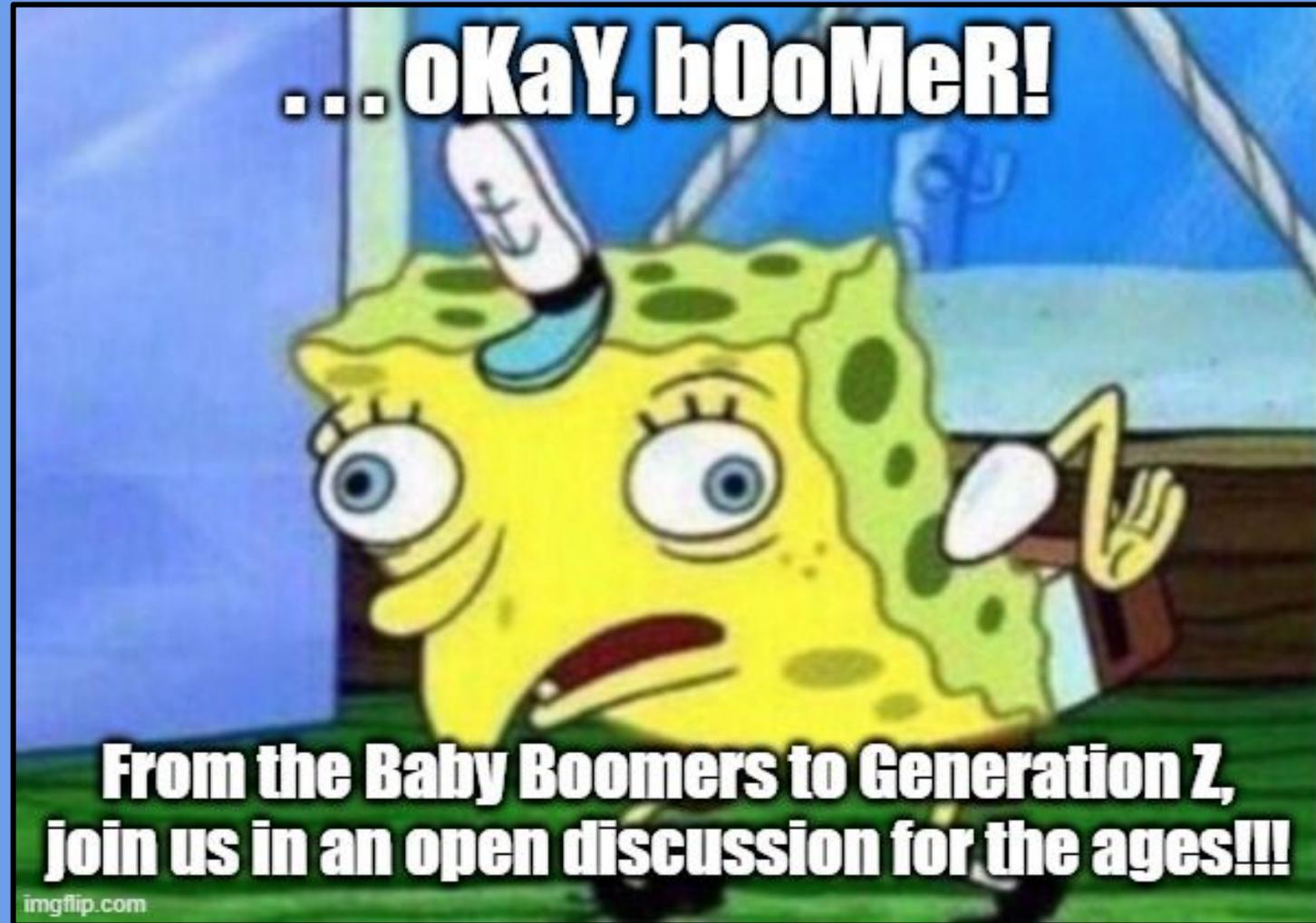
Okay Boomer Talk Show!

This talk show will be hosted by an All-Star cast of staff members from Region 4. Students will have the opportunity to guide the show by submitting topics in a Google form. This is the show where we talk about everything and nothing at the same time. There will be fun trivia, fun polls, and Kahoot games. This show promises not to disappoint!

Tuesdays | 3:00P - 4:30P
(VIRTUAL; STARTS OCT. 5th)

Jamaal Hines & Chris Woodby
jlhines@fcps.edu
cwoodby@fcps.edu

SCHOOLGY ACCESS CODE:
JHHP-F49D-65MDM





Educators Rising

A Career and Technical Student Organization that offers students the opportunity to explore the field of education and to compete on a state and national level. Watch the following video for more information: <https://youtu.be/l--9mvBPfmk>

3rd Thurs. of each month | 3:00p – 4:00p in A212
(Starts 9/30)

Sponsor:
Emily McCloud
ecmcccloud@fcps.edu

**SCHOLOGY ACCESS CODE:
DM7F-DX9F-XV87D**

Yoga Club

Students are welcome to join 8th grade counselor from Robinson SS to learn yoga and practice relaxation breathing and stretching techniques.

Bring a friend and start off each week in a mindful manner! All levels of experience are welcome!

Contact: jalyons@fcps.edu

Mondays
2:00p - 3:00p

Sponsor
Ms. Lyons (RobSS)

Google Classroom Code
[roppt2f](#)



Coding for Beginners

Interested in coding? This club is for beginners! We will be learning JAVA in the fall and Python in the spring. We will learn coding concepts and working on problem sets. We will also play some coding games!

Thursdays

3:30PM - 4:30PM

Google Classroom Code:

vyf3fl5



Cooking Clubs

Carpe Diner

Come explore the cultures of Modern Day France and Ancient Rome. We will get to make things like crepes, real chocolate chaud, and our own variation of the ancient Roman dormice.

2nd & 4th Tuesday of each month

Sponsors

Chef Jones (Frost FACS teacher)
Magistra Miller (Lake Braddock teacher of Latin & French)

Google Classroom Code

[tgbymrq](#)

Whisk Takers

Do you want to learn your way around the kitchen?

Each session - we'll learn how to create new snacks, meals, and treats. Get ready to "take some whisks!"

1st & 3rd Tuesday of each month

Sponsors

Wilson (Irving)
Jones (So. County)

Google Classroom Code

[wu7g62j](#)

Lets Bake

Do you like to Bake? If you do, then this is the club for you. Each week we will make a different dessert, from cookies, to cake, pie, muffins and more. The recipe will be posted each Saturday or the following weeks tasty dessert, which will give you several days to get your ingredients.

Thursdays
3:30p - 4:30p

Sponsor
Metzker & Gregory (Frost)

Google Classroom Code

[a7eb46q](#)

Teen Chefs

Welcome to the club where you will learn to cook meals for your family! We will make a variety of dishes for dinner, breakfast and sides. The recipe will be posted each Saturday for the following weeks menu, which will give you several days to get your ingredients.

Fridays
3:30p - 4:30p

Sponsor
Metzker & Gregory (Frost)

Google Classroom Code

[a7eb46q](#)

Apple Club

**Wednesdays
3:30PM - 4:30PM**



The Apple Club is a technology club that talks about Apple News, Products, Software, Hardware, and more! We don't only talk about Apple here, we talk about technology outside of Apple too. You don't have to be a geek to join, we will be sharing our opinions with each other. We welcome your great ideas and encourage everyone to “think different.”

**Student-Led
Sponsor: Gregory (Frost)**

**Google Classroom Code
ht4yx4g**

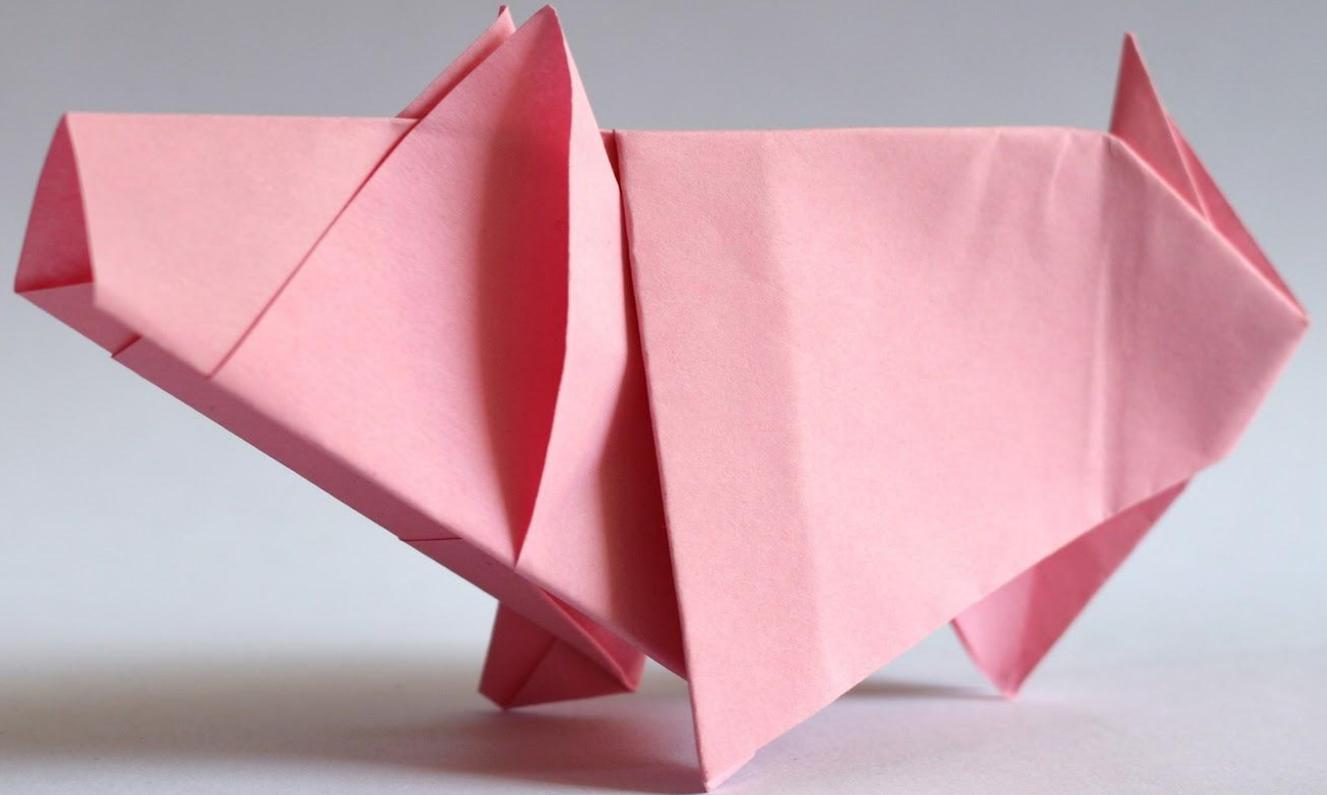
Origami

The Origami Club is a club dedicated to the craft of origami. Students will learn and teach others how to fold origami and share this unique form of art. Students will discover a new or already enjoyed leisure activity that can also improve spatial learning.

Wednesdays
3:30PM - 4:30PM

Sponsor
Boram Lee (Frost)

Google Classroom Code
[m433uvh](#)



DC SPORTS TALK

Description:

Who's your fav DC sports team?
We break down each team, their
players, current & upcoming
seasons and much more!

Begins Wednesdays 1/27/21
3:30PM - 4:30PM

Join our Google Classroom
Code: 4pfeyrw



DEFENDERS





LENS

Photography Club

Are you interested in photography? Want to learn how to take cool photos, edit, and create meaning through images? All cameras and levels of experience are welcome!

Wednesdays

3:30PM - 4:30PM

Interest Meeting on Feb. 3!

[Join our Google Classroom](#)

Code: deibwq6

PICKLEBALL

The club is for anyone who is interested in playing Pickleball.

Pickleball is a paddleball sport that combines badminton, ping pong and tennis. This is a sport that can be enjoyed by all skill levels.

MONDAYS | 3:00P - 4:00P in B121

Sponsor: Meredith Willette

mwillette@fcps.edu

SCHOLOGY ACCESS CODE:

8XGT-BQZP-2XXFT

STRATEGIC BOARD GAMES CLUB

Do you enjoy playing board games? Do you like to strategize, plan, and plot your next move against your opponent? Or maybe you just like hanging out with friends to play games and chat? Try the Strategic Board Games Club! You don't have to know how to play – come and learn. Let us know what you are interested in, but some options include Settlers of Catan, Stratego, chess, and more! Bring other suggestions and teach us something new!

Wednesdays 3:30p - 4:30p
Google Classroom Code: a2yepvj

