

LBSS Middle School Student Services Fall Newsletter

Dear Parents/Guardians,

The 2019-2020 school year is off to a great start with a successful Jump Start, Bruin Blast, Military Meet Up, and first day of school! We have really enjoyed getting to know our new families and students, and are looking forward to working with you to make sure all of our Lake Braddock Bruins have a successful school year.

This newsletter contains lots of great information on upcoming programs in which your students will be participating. Please take a minute to read through this information and mark your calendars. Don't forget to review the Summer Newsletter posted on the Lake Braddock website!

We look forward to seeing you at our Back to School Night on September 5th and New Parent Coffee on Friday, September 20th!

MS Student Services Team

THOMAS JEFFERSON HIGH SCHOOL FOR SCIENCE AND TECHNOLOGY: INFORMATION SESSION

For those who are interested in learning about Thomas Jefferson High School for Science and Technology, commonly referred to as "TJ," mark your calendars because we will be holding an information session for students and parents. Students who are in 8th grade will learn about how to apply to TJ this school year and 7th grade students may attend if they want to become familiar with what will be expected of them next year.

When - Tuesday, September 3rd at 3:15 p.m. For your convenience and ease of parking, please try to arrive after 3:00 pm to allow the parking lot to clear of buses. It is estimated that the presentation will last an hour. Students whose parents cannot attend will need to arrange for a ride afterwards because late buses will not yet be running.

Where – Little Theatre, Lake Braddock Secondary School (Door 14)

What - TJHSST is a Fairfax County Public Schools regional governor's high school (grades 9-12) for students interested in science, technology, engineering, and math (STEM). Come learn about TJHSST, the programs, classes offered, and student life. Get details about the TJHSST admissions process, what students can expect, and tips/advice from admissions staff. Students must be in 8th grade and enrolled in Algebra 1 or higher to apply.

If you have any questions, please contact Mr. Ian Brodie. He can be reached at ibrodie@fcps.edu or 703-426-1049.



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- * MS New Parent Coffee
- * FCPS Parent Workshops

UPCOMING EVENTS FOR PARENTS:

- * TJHSST Info Session: 9/3
- * MS Back to School Night: 9/5
- * MS Back to School Night Parent Program: 9/5
- * MS New Parent Coffee: 9/20

MEET OUR PRINCIPAL: DANIEL SMITH

Dr. Smith brings extensive experience to this leadership role, having served in school leadership positions since 2005. At Kellam High School last year, Dr. Smith achieved the highest on-time graduation rate and lowest dropout rate in the history of Virginia Beach City Public Schools (VBCPS). Previously, Dr. Smith served as principal of Princess Anne High School and Corporate Landing Middle School in VBCPS. In Page County Public Schools, he served as principal of Luray Middle School and Grove Hill Elementary School. Prior to his appointment as a principal in 2007, he served as an assistant principal at Sandy Hook Elementary School in Shenandoah County Public Schools.

Among his leadership accomplishments while serving as a principal, Dr. Smith implemented a one-to-one Chromebook program for all students and instructional staff utilizing a learning management system; coordinated and implemented the International Baccalaureate Program, middle years and diploma programs; and developed an innovative 'Integrated STEM' initiative, focused on interdisciplinary problem-based learning with an engineering focus. He empowered teachers to create innovative interdisciplinary course offerings to make course content more relevant for students. Dr. Smith also facilitated and guided the turnaround of a school with an 'accredited with warning' designation which was recognized with Virginia's "VIP Competence to Excellence Award" in 2007-2008.

His teaching career began in 2002 in Alaska in the Northwest Arctic Borough School District where he developed and implemented a physical education curriculum for middle school students. His next teaching experience was at Ashby Lee Elementary School in Shenandoah County Public Schools, teaching kindergarten through fifth grade.

Dr. Smith earned his Bachelor of Science at James Madison University, his Master of Science at Shenandoah University, and his Doctor of Education at the University of Virginia.

Dr. Smith is a strong instructional leader who believes in promoting best practices for teaching and learning. He builds collaborative relationships with staff, students, parents and community members wherever he has served.



MEET OUR NEW ASSOCIATE PRINCIPAL: LINDSEY KEARNS



Ms. Kearns is joining us with 11 years of experience in Fairfax County Public Schools as a teacher, dean of students, and assistant principal. Most recently she served as an assistant principal at Justice High School for four years. While serving as assistant principal, she supervised the math department, AVID, and testing. Ms. Kearns is a newlywed and she and her husband enjoy spending time together with their six-year old dog. She is a huge Houston sports fan.

LBSS ADMINISTRATIVE TEAM

Back Row: Josie Rodriguez-Walhout (SS1), Kristen McNamara (SS6), Lance Jackson (SS2), Jim Patrick (DSA), Eileen Hoppock (SS5), Teri Hampton (SS3), Antonio Dibari (Admin Services)

Front Row: Ana Cingel (SS4), Alka Howard (DSS), Lindsey Kearns (Associate Principal), Daniel Smith (Principal), Anne Polino (DSS), Elizabeth Eby (Assistant Principal)





UPCOMING COUNSELOR LESSONS FOR STUDENTS

- * Grade 7 Counselor Intro Lesson: 8/28-29
- * Grade 8 Counselor Intro Lesson: 9/3-4
- * Grade 7 One on One Student Conferences: 9/5-27
- * Grade 8 Bullying & Harassment Prevention: 9/30-10/4
- * Grade 7 Bullying & Harassment Prevention: 10/7-11
- * Grade 8 ACT Lesson and Wellness Screening: 11/18-22

COMPASSION IN ACTION

Compassion is one of Lake Braddock's core values and a cornerstone of our Bullying and Harassment Prevention Program. In 2015, we began a Pyramid-wide initiative focused on teaching students how to create a compassionate climate at school—or putting “compassion in action.” The goal of this initiative creates a common language across all grade levels within the Lake Braddock Pyramid, and encourage and foster compassion within our students.

BULLYING AND HARRASSMENT PREVENTION LESSONS

The first Compassion in Action lesson will be administered by school counselors in all middle school social studies classes over the next few weeks. Seventh grade students are going to learn how to identify different roles individual students take in bullying situations, how to respond to someone who is bullying, and how to report incidents of bullying through a confidential, online referral form. Eighth grade students are going to learn about the seriousness of discrimination and sexual harassment, its consequences, and how to report it if it happens. Counselors will also have discussions with students about how the world of social media is impacted by cyber bullying and harassment and how to react online.

Additional quarterly lessons will be administered by Bruin Block teachers. These lessons will focus on taking time to empathize, the solutions to bullying, and diversity. Each of these lessons ties in to different aspects of Portrait of a Graduate.

ONLINE BULLYING REPORTING

In each lesson we will be highlighting to students that they can help take a stand against bullying by reporting incidents they have seen. Often times middle school students struggle to report for fear of being called a “snitch,” when in reality, helping someone in need is the compassionate response. All students have access to the REPORT BULLYING button located on the LBSS homepage or the Student Services Google Site. This reporting tool is available and monitored each school day.

B.R.A.V.E

Bruins **R**espect **A**nd **V**alue **E**veryone! Compassion is for everyone and we believe that this can be achieved through cultural responsiveness. BRAVE is an initiative which encourages everyone in the school community to learn about each others' cultural backgrounds and accept everyone for who they are. This is an ongoing program which may include activities which center around the BRAVE theme but which is also built into existing lessons, programs, and presentations. Culture is integral to our identity, so is integrated into all aspects of our school.

MEET OUR NEW ASSISTANT PRINCIPAL: ELIZABETH EBY

Please join us in welcoming Assistant Principal Ms. Elizabeth Eby! Ms. Eby is coming to us from Luther Jackson Middle School where she served as a Dean of Students for the past year. She brings a variety of knowledge and experiences to our school, as she has also served as acting assistant principal, interim Director of Student Services and mathematics teacher at several Fairfax County middle schools over the past 12 years. Ms. Eby holds a MA.Ed. from William and Mary, n Ed.S. from Virginia Tech, and a B.S. from Franklin and Marshall College. In her spare time, Ms. Eby enjoys playing with her one-and-a-half-year old puppy. Ms. Eby will be the Assistant Principal working with the Neon Roadrunners, Green Dragons, and Blue Sharks teams this year.



A.C.T. PROGRAM AND WELLNESS LESSON

The adolescent years are marked by a roller-coaster ride of emotions, which can be difficult for youths, their parents, and educators. It is easy to misread depression as normal adolescent turmoil; however, depression (among the most common of mental illnesses) appears to be occurring at a much earlier age. Depression – which is treatable – is a leading risk factor for suicide. In addition, self-injury has become a growing problem among youth.

According to the 2017-2018 Fairfax County Youth Risk Behavior Survey, 22.5 % of 8th graders reported depressive symptoms in the past year, which included 15.3% males and 29.3 % females. The rate of considering suicide among 8th graders has remained consistent at 13% from 2017 to 2018.

To proactively address these issues, Lake Braddock Middle School is offering a depression awareness and suicide prevention lesson through the Signs of Suicide Program (SOS). This program has been used by thousands of schools nationwide since 2000. It has proven to be successful at increasing help-seeking behaviors by students concerned about themselves or a friend, and is the only school-based suicide prevention program to show a reduction in suicide attempts in a randomized, controlled study (American Journal of Public Health, March, 2004).

Our goals in participating in this program are straightforward:

- * To help our students understand that depression is a treatable illness.
- * To explain that suicide is a preventable tragedy that often occurs as a result of untreated depression.
- * To provide students training in how to identify potential depression or suicidality in themselves or a friend.
- * To impress upon youth that they can help themselves or a friend by taking the simple step of talking to a responsible adult about their concerns; they can A.C.T., Acknowledge – Care – Tell.
- * To help students know whom in school they can turn to for help if they need it.

As a component of the lesson, students will watch a video and complete a personal survey. Lessons will be conducted in Health and PE classes during the week of November 18, 2019. Parents are invited to review the materials by accessing the SOS Parent Portal at <https://sossignsofsuicide.org/parent>. This portal is designed to provide parents with information about suicide prevention efforts, view the SOS videos, take a survey, and access educational materials which are helpful tools for supporting your child's mental health wellness.

If through this lesson a student is found to be at possible risk for depression or suicidality, per the Suicide Prevention Guidelines in the Code of Virginia the student will be assessed by a school counselor, school psychologist, or school social worker and the student's parent will be notified following the assessment. A letter with opt-out information will be going home one month prior to the lesson.



CORE CONNECTIONS TUTORING PROGRAM

The middle school Student Services Department will offer a tutoring program called Core Connections this school year. The goal of the program is to develop more thoughtful, self-directed and resilient learners by providing a comfortable learning environment, strengthening inquiry skills and reading strategies, and encouraging student belief in a growth mindset. Core Connections will match middle school students and high school tutors, while providing a collaborative support system that includes counselors and teachers.

Components of the program include:

- * Students identified through self-referral or teacher/counselor/parent recommendation
- * Tutors identified through self-nomination or teacher/counselor recommendation
- * Student (requires teacher observations form) and tutor (requires subject teacher recommendation) applications
- * Tutoring will take place during student directed Bruin Block, with the possibility that some orientation sessions will be after school (i.e., teacher and tutor information sharing)
- * Orientations, information sessions and mini-lessons
- * Informational and evaluative surveys

Applications will be available at the beginning of October. For additional information or an application please contact Melissa Staab in Middle School Student Services at mkstaab@feps.edu.

MS BACK TO SCHOOL NIGHT: PARENT PROGRAM

Please join the MS Student Services Department for a parent program prior to Back to School Night.

Thursday, September 5th

5:45–6:25 PM

LBSS Little Theatre

The program will focus on helping parents understand the unique needs of their middle school student and how to help your student to develop a growth mindset.

BACK TO SCHOOL NIGHT REMINDERS:

- ◆ MS Back to School Night is Thursday, September 5th
- ◆ Your child should bring home a flyer on Thursday, August 29th that will include the bell schedule for the evening, a map of the building, and your child's schedule. Be sure to bring this with you for the evening!
- ◆ If you forget your child's schedule, you can access it through your ParentVue account or pick up a copy in the Career Center.
- ◆ Please note the bell schedule for the evening follows a purple day then a gold day schedule (not periods 1-7).

FIRST QUARTER GRADING CALENDAR

Weekly Emailed Progress Reports Begin.....9/9

Detailed Progress Report Emailed.....9/27

First Quarter Ends.....11/1

Detailed Progress Report Emailed.....11/6

Report Cards Distributed...11/11

BRUINS CONNECT

Bruins Connect is LBSS's mentoring program between students and staff members. Research shows that student achievement increases when students feel connected to at least one adult in the school building. This program hopes to match up students and staff members to help create those connections that will be a meaningful part of students' school lives.

While the program is available to all students, the focus will be placed on those students who demonstrate the greatest need for school engagement. These needs can be seen in poor attendance, low grades, and involvement in risk-taking behavior.

Students will be screened and interviewed to help make the best match with staff member mentors. A mentor/mentee get

together is being planned to facilitate the staff members meeting their student. Expectations will be that the pair meet weekly at a mutually convenient time. We are excited to offer this opportunity to students that need it and to make a difference in their lives that will be long lasting.



COUNSELING GROUPS

This year the counseling and clinical staff will be running a series of counseling groups during Bruin Block. Each group will consist of 8-12 students and will meet 6-8 times. A description of some of these groups are detailed below. If you would like to recommend your child for one of these groups, or notice a need for a group not listed, please contact your child's counselor.

Pressure Cooker: The focus of The Pressure Cooker group is to help students obtain coping skills related to the various stressors middle school students commonly feel because of school, expectations, family issues, peer groups, and more.

Military: When a parent is deployed, family life changes for military children. Coping with changing family roles and responsibilities as well as holidays and celebrations without your loved one can make it difficult for students to focus on school work. Students may also experience a range of feelings from proud and patriotic to fearful and frustrated. The focus of this group allows students to share experiences, strengthen coping skills and support each other as they explore the challenges of military family life with a deployed parent.

Grief/Loss: This group's focus will be guided by the needs of the group members but may include: information and activities regarding the grief process, coping strategies, self-esteem/self-care exercises and mindfulness activities.

Divorce: This group will address the impact of changing and/or blending families on student's personal and academic lives and the range of emotions associated with these events.

Anger & Frustration: This group is geared towards managing feelings of anger and frustration. We will try to find the cause of frustration or anger and will begin to develop strategies that will aide students in calming themselves down and understanding their anger or frustration.

LGBTQ: This group will focus on the challenges that face students who identify as being gay, bisexual, transgender, or are questioning their sexuality and/or gender identity. Focus will be on helping students connect with others who are navigating similar journeys. Students will also learn strategies to help them effectively mitigate fitting into the general peer group.

ATTENDANCE MATTERS! EVERYDAY COUNTS

At Lake Braddock we work to support every student to be successful. One of the biggest indicators of student success is their attendance. When students miss a couple of days of school each month they miss important instructional time that is hard to replace. Missing two days a month does not seem like a lot, but it adds up to 20 or more days a year.

Absences Add Up

When a student misses a couple of days of school each month, it adds up to a much larger impact on their success



Missing more than 10% of the school year is the leading warning sign that a student will face academic challenges. For most students, who attend the same school for the entire school year, this would mean missing 18 days for any reason, to include family trips, illness, suspension, or truancy.

All students will likely be sick at some time during the year, and it is important to keep your child home at these times, but to have children attend at all other times. How can you help? Avoid vacations that require your child to miss school, set a regular bedtime, establish a morning routine, and set limits on screen time before bedtime. Be a model of these habits in your family. The benefits of a good night's sleep and regular attendance are gifts that will help your child throughout their lifetime.

Our biggest priority is supporting our students and we have numerous resources and supports for students and families who need help with attendance. Please feel free to reach out to our Systems of Support Advisor, Scott Darwin, for all attendance questions or support.



CAN WE TALK...

Students are able to request to see their counselor in the MS Student Services Office, or by filling out our electronic *Can We Talk* form. This form can be found in our Google Classroom or by using this link:



REMINDER: NEW CHECKOUT PROCEDURES FOR MIDDLE SCHOOL STUDENTS

Prior to 8:00 a.m., the student must present a note from the parent to their subschool office. Notes must include time of dismissal, reason for leaving, and a contact number. Parents of middle school students must also include the name of the person picking them up. **Please note that this person must be listed as an emergency contact.** At the time of early check-out, middle school parents must come in Entrance 1 and meet their student at the security desk (NEW for 2019). Anyone picking up a student must bring a photo ID with them.

Additional information can be found on our website:

<https://lakebraddockss.fcps.edu/about/attendance>

MAKING THE MOST OF YOUR PARENTVUE ACCOUNT

Your ParentVue account provides you with the opportunity to stay current with your student's progress in each class, daily attendance, and course requests. Each student has their own StudentVue account, which provides identical information. These accounts are accessible at any time and are designed to supplement the emailed progress reports you receive throughout the school year. Parenting a middle school student, you are constantly striking a balance between providing support and creating opportunities for self-reliance. As a result, you may question how often it is appropriate to "check-up" on your student's progress. Here are some guidelines that may assist you in that decision-making process.

Know your child as a student. Students who struggle with organization or motivation may benefit from weekly check-ins. If so, ask your child to log-in to their StudentVue account each week with you, so they begin to develop that habit. Progress reports will continue to be emailed to you at regular intervals during the school year.

Support self-advocacy in your child. Ungraded items in the gradebook will typically have comments indicating "missing," "late," or "turned in but not graded." Review any comments noted and develop a plan/timeline for your child to inquire further with the teacher as needed. Note the email function for each teacher in the gradebook. Allow your student to manage to the best of their ability, even when uncertain, before you intervene.

Encourage effort over outcomes. Academically successful students put their best effort into all their work. Support your student in developing a routine for work completion. Reinforcement of proper agenda use, work completion and timely work submission benefits all students.

Take a deep breath. Daily gradebook check-ins can cause unnecessary stress for you and your child. Remember it takes time to both grade work and then enter those grades. You can always email a teacher to confirm receipt of an item when needed.

Encourage daily attendance. You will continue to receive calls for unreported absences. The attendance tab provides information on full day absences as well as individual class period activity. With block scheduling a missed class is equal to 90 minutes of missed instruction/work completion per subject. Prompt, daily attendance is fundamental to academic success.

If you have not activated your ParentVue account, you may contact Angela Santizo or Pat Fausser in the Middle School Student Services Offices at (703) 426-1030. An activation key will be generated and emailed to your email address on file.

Another option to obtain an activation key is to fill out a Parent Support Request (found through the FCPS SIS website). This is the link: <https://itweb.fcps.edu/ParentView/index.cfm>

An overview of the SIS program and its uses can be found at: <https://www.fcps.edu/resources/technology/student-information-system-sis-fcps/sis-parent-account-overview>

NEW PARENT COFFEE

The Lake Braddock Middle School Student Services Department invites you to attend this informal meeting to discuss:

- ⇒ How has your child's transition to LB been?
- ⇒ What questions do parents and/or students still have?
- ⇒ General information including communicating with school staff, grading policy, and attendance procedures
- ⇒ Middle School After School Program

Friday, September 20

8:30-9:30 am

LBSS Lecture Hall

We look forward to seeing you there!

A Note About Parking:

Remember, Parking can be difficult in the morning so give yourself plenty of time. Visitor spots have been identified in the front of the school. In addition, there may be staff spots available (these spots do not have a number). Parking spaces with numbers have been assigned to students. The blacktop will also be available during large events for additional parking.

WORKSHOPS AT THE FCPS PARENT RESOURCE CENTER

FCPS hosts a series of workshops for parents throughout each school year. These programs are free, but do require an online registration. Registration opens one month prior to each event. Many of these programs can also be viewed through their YouTube channel. All workshops are at the Dunn Loring Center for Parent Services (2334 Gallows Road, Entrance 1, Room 100 Dunn Loring, VA) unless otherwise noted. Use the following link to access the registration information: <https://www.fcps.edu/node/28019>

September Workshops

Power Struggles: Knowing When to Walk Away

Friday, September 6, 2019, 10 a.m.-noon

[Register for Power Struggles: Knowing When to Walk Away](#)

Getting Past Procrastination: How to Get Your Kids Organized, Focused, and Motivated...Without Being the Bad Guy

Friday, September 20, 2019, 10 a.m.-noon

[This session is full. Waitlist for Getting Past Procrastination: How to Get Your Kids Organized, Focused, and Motivated...Without Being the Bad Guy](#)

Voices from the IEP Table: Perspectives on Culturally and Linguistically Diverse Families

Friday, September 27, 2019, 10 a.m.-noon

[Register for Voices from the IEP Table: Perspectives on Culturally and Linguistically Diverse Families](#)

October Workshops

Post-Secondary Education Options: Parent Coffee & Conference

Wednesday, October 2, 2019, 10 a.m.-noon and 6:30-8:30 p.m.

[Register for Post-Secondary Education Options: Parent Coffee & Conference](#)

From Chaos to Calm: 10 Ways to Stop Power Struggles

Thursday, October 3, 2019, 10 a.m.-noon and 6:30-8:30 p.m.

[Register for From Chaos to Calm 10 a.m.-noon](#)

[Register for From Chaos to Calm 6:30-8:30 p.m.](#)

Mastering the Process of School: Helping Students Build Study and Organization Skills

Friday, October 11, 2019, 10 a.m.-noon.

[Register for: Mastering the Process of School: Helping Students Build Study and Organization Skills](#)

Moving on to Life in the Community: A Resource Fair for Students with Disabilities

Tuesday, October 15, 2019, 6:30-8:45 p.m. at [Lake Braddock SS](#)

[Register for Moving on to Life in the Community: A Resource Fair for Students with Disabilities](#)

Knowing the Signs: Substance Abuse and Today's Youth

Friday, October 18, 2019, 10 a.m.-noon.

[Register for: Knowing the Signs: Substance Abuse and Today's Youth](#)

Dyslexia Open House

Thursday, October 24, 2019, 10-11 a.m.

[Register for Dyslexia Open House](#)

Helping your Child Cope with Stress

Friday, October 25, 2019, 10 a.m.-noon.

[Register for Helping your Child Cope with Stress](#)

Future Quest: College and Career Conference for Middle and High School Students

Saturday, October 26, 2019, 8 a.m.-3 p.m. at [George Mason University Johnson Center](#)

[Register for Future Quest 2019](#)

WE BELIEVE...

Excellence in education will lead students to be positive influences in the community and to attain fulfilling careers.

Students thrive when their individual needs are identified and met in a vibrant, healthful, safe, enriching, and respectful environment.

Students learn about their personal value and potential to contribute to society through a variety of programs and opportunities at school.

Students of varying abilities and strengths can mutually benefit in a diverse classroom environment.

Learning is relevant to students when they apply their experiences in school to a variety of other settings.

Educators have a crucial role to hold all students to high expectations which will provide a foundation for future success.

The achievement gap is an academic disparity between groups of students that can be completely eliminated through equitable access to academic instruction.

All students shall have access to a school counselor who advocates for their academic, career, and personal/social needs.

All students shall have access to a school counseling curriculum that enables to become effective communicators; collaborators; creative critical thinkers; global and ethical citizens; and goal-directed, resilient individuals and learners.

Lake Braddock Secondary School
9200 Burke Lake Road
Burke, VA 22015

Phone: 703-426-1030
Fax: 703-426-1193



MS STUDENT SERVICES VISION AND MISSION

Vision Statement

All students at Lake Braddock Middle School are empowered to use their unique personalities, abilities, and values to achieve their fullest academic potential as they navigate toward a fulfilling and productive future. Students are supported by a comprehensive school counseling program that inspires and encourages continued growth and progress for each child, regardless of their background. School counselors help students access learning by identifying and removing barriers to their success, which promotes a school environment that is nurturing, safe, and equitable for all. A collaborative partnership between families, the school, and the community fosters a high quality education that offers students a broad range of opportunities and is free of achievement gaps. As a result, students leave Lake Braddock as self-sufficient, goal-oriented individuals who are prepared to make a positive impact on society.



Mission Statement

The mission of Lake Braddock Middle School Counseling is to empower students to achieve high academic standards, lead ethical lives, and to be responsible and innovative members of a diverse global society. As part of a comprehensive school counseling program, counselors analyze data and work collaboratively and effectively with the school community to meet the unique academic, career, and personal-social needs of all students, by name and by need. Achievement gaps are identified and reduced so every student has access to and experiences success in high quality instructional programs. Lake Braddock's diverse student body is presented with a variety of counseling methods that help them discover talents, increase competence, develop imagination, and expand their academic and personal horizons.

Middle School Student Services Contact Information

Anne C. Polino Director of Student Services	ACPolino@fcps.edu	703-426-1030 Room N-128
Angela Santizo Student Services Assistant	ASSantizo@fcps.edu	703-426-1030 Room N-134
Patricia Fausser Registrar	PCFausser@fcps.edu	703-426-1030 Room N-136
Tracey Butler-Johnson Golden Knights, 7 th Purple Pride, 8 th	TBJohnson@fcps.edu	703-426-1037 Room N-140
Melissa Staab Red Hot Chili Peppers, 7 th Red Eagles, 8 th	MKStaab@fcps.edu	703-426-1035 Room N-130
Ian Brodie Purple Piranhas, 7 th Gold Magic, 8 th	IBrodie@fcps.edu	703-426-1049 Room N-133
Kristin Girardin Blue Dolphins, 7 th Blue Sharks, 8 th	KEGirardin@fcps.edu	703-426-1036 Room N-135
Joshua Miles Neon Roadrunners, 7 th Green Dragons, 8 th	JJMiles@fcps.edu	703-426-1034 Room N-131
Elizabeth Mynar Social Worker	EMynar@fcps.edu	703-426-1039 Room N-148
Walena Haider Psychologist	WHaider@fcps.edu	703-426-1085 Room N-142
Scott Darwin	SCDarwin@fcps.edu	703-426-6428
Assessment Coach/SOSA		Room N-150