



Hi Lake Braddock Families,

Hope you had a good Thanksgiving, please take a moment to review the resources below for this week.

## COMMUNITY EVENTS AND ENGAGEMENT OPPORTUNITIES

**-Winter Break is Coming!** It's not too early to start thinking about camp and activities for winter break! Families receiving free/reduced lunch may apply for scholarships for Park Authority programming, but they *must* have a copy of their eligibility letter to submit.

<https://www.fairfaxcounty.gov/parks/parktakes>

Fairfax County Park Authority Winter Class Registration has begun. [View Winter Parktakes Features](#)

**-Family Resource Center**

<https://www.fcps.edu/family-resources/family-engagement/family-resource-center/register-free-workshops-family-resource>

**-Parenting Programs and Workshops**

<https://www.fairfaxcounty.gov/familyservices/children-youth/parenting-education-programs>

**-Parent Encouragement Program** "*Encouraging Parents, Enriching Families*" (webinars, in-person programs, podcasts, videos)

<https://pepparent.org/>

**-Military Families Resources**

<https://www.fcps.edu/registration/military-families>

**-LBSS Holiday Food Drive** -The LBSS PTSA and counseling team are asking for community support to provide some of the most in-need families with items to support students with food for breakfast and lunch during the break. We really need your help to make this a success.



**-Check out the Library Events:**

**Burke Centre**

<https://librarycalendar.fairfaxcounty.gov/calendar?cid=6524&t=d&d=0000-00-00&cal=6524&cm=3436&inc=0>

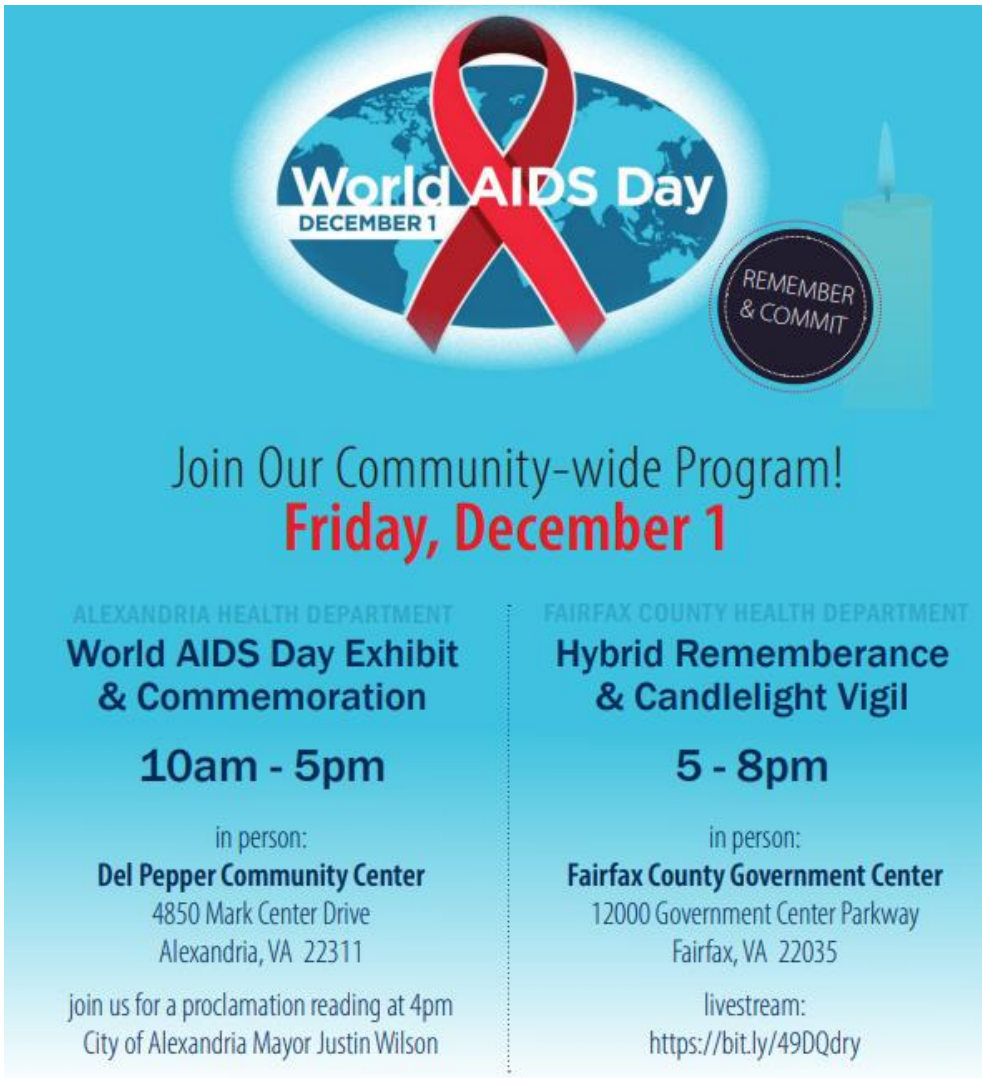
**Kings Park**

<https://librarycalendar.fairfaxcounty.gov/calendar?cid=6524&t=d&d=0000-00-00&cal=6524&cm=3446&inc=0>

## -Join the World AIDS Day 2023 Community -wide Program

December 1st marks World AIDS Day, an annual call to action against HIV stigma, a tribute to those we've lost, and a commitment to ending HIV as a public health threat. Join this year's theme, "World AIDS Day 35: Remember and Commit," at a community-wide event hosted by Fairfax County Health Dept. and other multiple organizations. For additional details, please refer to the flyer below or website.

<https://www.fairfaxcounty.gov/health/join-world-aids-day-2023-community-wide-program>



The flyer features a blue background with a central graphic of a red AIDS ribbon over a globe. The text "World AIDS Day DECEMBER 1" is overlaid on the globe. To the right is a teal candle and a circular seal with the text "REMEMBER & COMMIT". Below the graphic, the main title reads "Join Our Community-wide Program! Friday, December 1". The flyer is divided into two columns by a vertical dotted line. The left column is for the Alexandria Health Department event, and the right column is for the Fairfax County Health Department event.

**World AIDS Day**  
DECEMBER 1

REMEMBER & COMMIT

Join Our Community-wide Program!  
**Friday, December 1**

**ALEXANDRIA HEALTH DEPARTMENT**  
**World AIDS Day Exhibit & Commemoration**  
**10am - 5pm**  
in person:  
**Del Pepper Community Center**  
4850 Mark Center Drive  
Alexandria, VA 22311  
join us for a proclamation reading at 4pm  
City of Alexandria Mayor Justin Wilson

**FAIRFAX COUNTY HEALTH DEPARTMENT**  
**Hybrid Rememberance & Candlelight Vigil**  
**5 - 8pm**  
in person:  
**Fairfax County Government Center**  
12000 Government Center Parkway  
Fairfax, VA 22035  
livestream:  
<https://bit.ly/49DQdry>

Hosted by Fairfax County Health Department, Alexandria Health Department, Virginia Department of Health, IMPACTO LGBT, the NOVA Section of the National Council of Negro Women, and the Delta Sigma Theta Sorority, Inc.



## **-How to Talk to Your Child About Body Safety Virtual Parent Cafe**

The Body Safety program focuses on enhancing the child's overall sense of confidence with regard to safety and promotes respect for self and peers. Parents and caregivers can help children learn how to prevent or interrupt abuse, empowering them to act if they are threatened or victimized.



**You are Not Alone!**  
**Virtual  
Parent Cafés**  
**Contact Us**

BuildingStrongerFamilies@fairfaxcounty.gov  
or  
**703-324-7720**

**How to Talk to Your  
Children About Body Safety**  
**Tues., Dec. 12, 6:30–8 p.m.**

 FAIRFAX COUNTY DEPARTMENT OF  
**FAMILY SERVICES** 

## **-Ways You Can Help Fight Hunger and Homelessness in Fairfax County**

As we enter the season of giving, here are some ways to help those experiencing hunger and homelessness in Fairfax County. [Ways You Can Help Fight Hunger and Homelessness in Fairfax County | News Center](#)

## YOUTH OPPORTUNITIES

### -Trademaster Info Booth

**Trademasters** (a local company) is hosting an informational booth for anyone who would like to come by to discuss how to start a career in the skilled trades. They will have experienced technicians on hand to answer any questions about what it takes to enter the home services arena. The skilled trades offer opportunities for women & men at every interest & skill level. At Trademasters, they strive to share their experience & expertise with those looking for growth opportunities.

**When:** Saturday, December 2 from 9 AM – 2 PM

**Where:** South County High School Booth #109/#110 in the High School Gym

Please email [colivo@trademasters.com](mailto:colivo@trademasters.com) for a VIP invite. Showing this invite on your phone will grant you complimentary admission.

**-1<sup>st</sup> Stage YES Pass for Fairfax County High School Students:** Free subscription to theatre company's award-winning productions for all high school students who live in Fairfax County or attend Fairfax County High School. In addition, they will receive invitations to SLICE IT UP, a pre-show acting workshop led by theatre professional. <https://r2.dotdigital-pages.com/p/731X-43M/thank-you?pfredir=3>

**-FCPS School Counseling Services** and [Go Overseas](#) are co-hosting the annual FCPS Gap Year Fair on **Tuesday, January 30, 2024, at George C. Marshall High School from 6:00 to 8:30 p.m.** This event is for high school students and their families who are interested in learning more about the growing array of gap year opportunities. Student registration will open on **November 20, 2023**. Contact Pamela White, Postsecondary Special Projects Liaison, at [pcwhite@fcps.edu](mailto:pcwhite@fcps.edu) or 571-393-1102 if you have any questions. Thank you!



-NOVA Virtual Information Sessions for Seniors and their families



## SPRING 2023 NOVA VIRTUAL INFORMATION SESSION

Learn about the numerous opportunities, services, and resources designed to get you connected to the NOVA Nighthawk Community.

December 12, 2023 (7:00pm)

Register here: [tinyurl.com/December-12](https://tinyurl.com/December-12)

January 23, 2024 (4:30pm)

Register here: [tinyurl.com/January-23-2024](https://tinyurl.com/January-23-2024)



February 20, 2024 (7:00pm)

Register here: [tinyurl.com/Feb-20-Spanish-Session](https://tinyurl.com/Feb-20-Spanish-Session)

March 19, 2024 (4:30)

Register here: [tinyurl.com/March-19-2024](https://tinyurl.com/March-19-2024)

### APPLICATION WORKSHOP

April 30, 2024 (7:00pm)

Register here: [tinyurl.com/April-18-Application-Workshop](https://tinyurl.com/April-18-Application-Workshop)

Open to all FCPS seniors and parents. For questions, contact [admissions@nvcc.edu](mailto:admissions@nvcc.edu)

**NOVA** | Northern Virginia  
Community College

## -Mini Medical School Day 2024

Do you know of any high school students interested in pursuing a career in the medical field? Don't miss this fantastic opportunity! The event will be held at Fairfax Hospital on January 13th, from 9 am to 5 pm.

Register here:

[https://docs.google.com/forms/d/e/1FAIpQLScD2I0N13csWFBh8HdX\\_jhlo0gSVhc1e35d8bqs5XWQw2e0A/closedform](https://docs.google.com/forms/d/e/1FAIpQLScD2I0N13csWFBh8HdX_jhlo0gSVhc1e35d8bqs5XWQw2e0A/closedform)



**UVA SNMA Presents...**

# Mini-Medical School Day 2024

### About the Program

Mini-Medical School is a day-long, immersive career exploration program hosted by UVA SNMA in collaboration with the INOVA Dream BIG Program. This program provides high school students (Grades 9-12) with early exposure to the field of medicine with a goal of strengthening the medical pipeline and diversifying the medical workforce.

**When:** Saturday, Jan. 13th, 2024  
9 AM - 5 PM

**Where:** Inova Fairfax Medical Campus  
Physicians Conference Center  
3300 Gallows Rd, Falls Church, VA 22042

**Activities include:**

- Tour of the Inova Fairfax Medical Campus including the ED, SIM Lab and more.
- Learn IV placement, Labor and Delivery, Laparoscopic Surgical Skills and more!
- Lunch & Learn Panel with UVA Medical Students and Inova Resident Physicians.

Click the link below or scan the QR code:  
<https://forms.gle/sXMqH2dBjpEGkKab6>

**REGISTER ASAP!**

**Inova** **DREAM BIG**

## JOB READINESS AND EMPLOYMENT OPPORTUNITIES

-Britepaths and the Financial Empowerment Center at South County are offering free virtual consulting services and workshops to help with your personal finances, job search and more.

<https://soco.financialemPOWERMENTCENTERS.org/>

### Upcoming webinar: Preparing for Homeownership

You will learn about the crucial steps for financial preparation for homeownership. The session is scheduled for **December 6th at 7 pm via Zoom**. To register scan QR code, send email [info@fecsoco.org](mailto:info@fecsoco.org) or call 703-704-6101

The poster features a background image of a house-shaped keychain with a set of keys. The text is centered and includes the following information:

- Financial Empowerment Center at South County** (United Way of the National Capital Area)
- ECONOMIC OPPORTUNITY WORKING GROUP** (Richmond Highway, Route 1)
- Preparing for Homeownership**
- Wednesday**
- December 6, 2023**
- at 7:00 PM on Zoom**
- Learn about the steps involved in preparing financially for homeownership
- To register please visit our [Booking Page](#) or scan the QR code.
- If you are having trouble, please email [info@fecsoco.org](mailto:info@fecsoco.org) or call **(703)704-6101**.
- In Partnership with United Way NCA, Fairfax County, and Britepaths
- Logos for **United Way** (United Way of the National Capital Area), **FAIRFAX COUNTY** (1792), and **britepaths**.
- A QR code with the text "Book now" below it.

### -Supplemental Nutrition Assistance Program Employment and Training (SNAPET)

If you are a SNAP recipient, you have access to employment services through the SNAP Employment and Training Program! For additional details, please refer to links below.

Visit the website:

<https://www.fairfaxcounty.gov/familyservices/employment-and-training/supplemental-nutrition-assistance-program-employment-and-training>



## OTHER RESOURCES

### -Pet Resource Center

Looking for cost-effective pet vaccinations, help with pet food or supplies, details about PetHaven Program, or tips on finding affordable veterinary care? Check flyer below.

Fairfax County Animal Shelter's Pet Resource Center provides community-based resources and support anchored in keeping more pets with the families who love them. By identifying resource gaps experienced by Fairfax County residents, our Pet Resource Center works to prevent the rehoming of companion animals due to inequitable pet assistance services.

<https://www.fairfaxcounty.gov/animalshelter/petresources>



The flyer features a dark blue header with the text 'Pet Resource Center' in white and the Fairfax County Animal Shelter logo. Below the header, there is a photograph of a woman in a blue hoodie holding a small dog. The flyer is divided into several sections: 'About our Pet Resource Center' with a description of the center's mission; 'Pet Resource Center Services' with details on vaccine and microchip clinics, and a pet pantry; and 'Upcoming 2024 Services' with information on low-cost spay and neuter options. At the bottom, there is a yellow bar with the website URL: FAIRFAXCOUNTY.GOV/ANIMALSHELTER/PETRESOURCECENTER.

## Pet Resource Center



### About our Pet Resource Center

Fairfax County Animal Shelter's Pet Resource Center provides community-based resources and support anchored in keeping more pets with the families who love them.

By identifying resource gaps experienced by Fairfax County residents, our Pet Resource Center works to prevent the rehoming of companion animals due to inequitable pet assistance services.

### Pet Resource Center Services

**Vaccine and Microchip Clinics:** These monthly clinics offer Fairfax County residents low-cost core vaccines and microchips.

**Pet Pantry:** Our pet pantry provides pet food and other supplies for Fairfax County residents facing hardship.

### Upcoming 2024 Services

**Low-Cost Spay and Neuter Options:** Our Pet Resource Center will provide affordable spay and neuter options for low-income Fairfax County residents in 2024. This initiative includes a voucher program where residents can apply for a voucher to have their pet spayed or neutered at a local veterinary clinic.

FAIRFAXCOUNTY.GOV/ANIMALSHELTER/PETRESOURCECENTER

-The Fairfax County Health Department offers maternal child health home visiting services through: **Nurse-Family Partnership®** and **Maternal Child Health Field Nurse** programs. Services are provided by experienced Public Health Nurses for low-income, high-risk pregnant and postpartum women, infants, and children. The Public Health Nurses provide comprehensive, multifaceted care to clients, targeting a multitude of stressors such as low socioeconomic status, history of trauma or abuse, and mental health conditions in order to promote positive health outcomes.

You can fill out and return the [Maternal Child and Family Support Home Visiting Programs Referral Form](#) to have a staff member contact you about home visiting services.

<https://www.fairfaxcounty.gov/health/maternal-child-health>

## **ENGLISH CLASSES**

**-English Empowerment Center: Conversation Class and Continued Learning Between Semesters** <https://englishempowermentcenter.org/free-conversation-class-and-continued-learning-between-semesters/>

Do you know someone who wanted to register for class with the Empowerment Center but missed the registrations? They can fill out the [Information Request Form](#) to hear about upcoming spring classes. The Center also encourages students to study on their own with [USA Learns](#).

**-Fellowship Baptist Church:**

<https://www.fellowshipbaptistva.org/english-classes>