

Hi Lake Braddock Families,

I hope all of you are doing well. I can't believe that we are almost in October! I wanted to share some resources for the community. Please reach out to me if there is anything you need, I am here to support you.

- **Family and School Partnerships:**

<https://www.fcps.edu/departement/office-family-and-school-partnerships>

- **Family Resource Center**

<https://www.fcps.edu/family-resources/family-engagement/family-resource-center/register-free-workshops-family-resource>

- **Building Family and School Partnership for Twice Exceptional (2e) Students K-12.** When schools and families collaborate, all children succeed. Join **Nonye Oladimeji**, FCPS Educational Specialist for AAP Twice Exceptional (2e) children as she explores successful ways schools and families can collaborate. Friday October 6, 2023, from 10-11:30am. [Register for Building Family and School Partnerships for Twice Exceptional \(2e\) Students K-12](#)
- **IBSHOPS: An Exciting, In-person Workshop for Brothers and Sisters of Children with Special Needs!** Monday October 9, 2023 9am-noon at Providence Community Center. [Register for: SIBSHOPS: An Exciting, In-person Workshop for Brothers and Sisters of Children with Special Needs!](#)
- **What Your 11th & 12th Graders Are Learning in School About Drugs and How You Can Talk with Them *presented in English, Friday, October 13, 2023 10-11:30AM.** Students in grades 11 and 12 will receive drug lessons about substance misuse. Join **Tiffany Jones**, FCPS Senior Substance Abuse Prevention Specialist as she helps you understand the curriculum and how you might communicate with your child. [Register for What Your 11th & 12th Graders Are Learning in School About Drugs and How You Can Talk with Them - presented in English](#)
- **Coping Strategies for Anxiety, Depression, and Stress: A Two-Part Series-** Join Dr. Erin Berman, a Clinical Psychologist at the National Institute of Mental Health in Bethesda, Maryland for these important sessions helping children cope with anxiety, depression, and stress. Part 1, October, 27, 2023, 10-11:30am. [Register for Coping Strategies for Anxiety, Depression, and Stress: A Two-Part Series.](#)

-Parenting Education Programs through Fairfax County

<https://www.fairfaxcounty.gov/familyservices/children-youth/parenting-education-programs>

Check out the Library Events:

Burke Centre

<https://librarycalendar.fairfaxcounty.gov/calendar?cid=6524&t=d&d=0000-00-00&cal=6524&cm=3436&inc=0>

Kings Park

<https://librarycalendar.fairfaxcounty.gov/calendar?cid=6524&t=d&d=0000-00-00&cal=6524&cm=3446&inc=0>

ECHO- Ecumenical Community Helping Others – An all volunteer, 501(c)(3) non-profit, gives food and financial help to people with short-term emergencies, and provides clothes and household items to people with low income

<https://www.echo-inc.org/>



Ecumenical Community Helping Others™

7205 Old Keene Mill Rd.
Springfield, VA 22150
703-569-9160
M - F 9:30 - 12:30 pm; Tu and Th 7 - 9 pm
www.echo-inc.org

ECHO™ is a community-based organization that provides assistance to Greater Springfield/Burke area residents within the boundaries established by Fairfax County including all addresses in the following zip codes: 22151, 22152, 22153 and 22015, and some addresses in 22150 and 22312.

ECHO currently provides the following:

- Emergency Food
- Clothing for Adults and Children
- School Supplies
- Diapers
- Limited Emergency Financial Assistance

Clients may be referred by Fairfax County Coordinated Services, churches, or schools. Self-referrals are also accepted.

Clients are seen by appointment only and appointments must be made by phone. We are unable to handle walk-ins, mail, fax, or e-mail requests. Hearing impaired should use the Virginia Relay center.

If ECHO is unable to help, every effort will be made to find the right community-based organization or county office to provide the needed assistance.



May 2023



#74224



#8426

Community Events and Engagement Opportunities:

- **1st Stage YES Pass for Fairfax County High School Students:** Free subscription to theatre company's award-winning productions for all high school students who live in Fairfax County or attend Fairfax County High School. In addition, they will receive invitations to SLICE IT UP, a pre-show acting workshop led by theatre professional. <https://r2.dotdigital-pages.com/p/731X-43M/thank-you?pfredir=3>
- **Volunteer Fair:**



Venture into Volunteering Fair

EXPLORE A WIDE VARIETY OF OPPORTUNITIES!

Learn about various volunteer opportunities from nonprofit and county representatives.
On the lower level of the Springfield Town Center.

The Beacon 50+ Expo will be taking place on the upper level.

- Get helpful information from a variety of organizations and businesses.
- Health screenings, flu shots, and other vaccines will be offered.

**Sunday
October 15, 2023
12-4PM**

**Beacon
50+ EXPO
2023**

Springfield Town Center

DOOR PRIZES!

Venture into Volunteering is sponsored by



Scan the QR code for the schedule and details!

VolunteerSolutions@FairfaxCounty.gov • 703-324-5406, TTY 711 • bit.ly/VOLFAIR

A FAIRFAX COUNTY, VA. PUBLICATION — 7/2023

 Where a TTY number is not indicated, use 711/Virginia Relay. Reasonable accommodations provided upon request, call 703-324-5406.

- Job Readiness and Employment Opportunities:

Workshop Innovation and Opportunity Act



Receive employment guidance and FREE training!

Services include:

- Career coaching
- Resume and job search assistance
- Occupational trainings and credentials
- Paid work experience opportunities
- Work uniforms, tools, and other supportive services

APPLY TODAY!

1. Visit [VCWNorthern.com/WIOA](https://vcwnorthern.com/WIOA).
2. Watch the WIOA orientation video.
3. Download and complete the **WIOA Application Packet** found under **TO APPLY** and gather the required eligibility documents listed on pages one and two.
4. [Sign up](#) for an Intake appointment.

To learn more about the WIOA program, register for a **Virtual Information Session**. Sessions are held on Fridays. For next available dates, click the registration link below:

Fridays at 10 a.m.

For a list of dates or to register, go to: bit.ly/10WIOA



Fridays at 2 p.m.

For a list of dates or to register, go to: bit.ly/WIOA2



The WIOA team is ready to help.

For additional assistance, contact Sothea Nou at DFSWIOA@FairfaxCounty.gov or call 571-536-0850, VA Relay 711.

Virginia Career Works-Fairfax Centers and WIOA Title I-financially assisted programs are an equal opportunity program/employer committed to nondiscrimination on the basis of disability in all programs, services and activities. Reasonable accommodations, to include auxiliary aids and services, are available upon request to individuals with disabilities. For information, call the Virginia Career Works-Fairfax Centers at 703-533-5400, 711 VA relay.

- English classes:

English Empowerment Center: USA Learns <https://englishempowermentcenter.org/usa-learns/>

English Empowerment Center: Free Conversation Class and Continued Learning Between Semesters <https://englishempowermentcenter.org/free-conversation-class-and-continued-learning-between-semesters/>

Fellowship Baptist Church:

FREE ENGLISH CLASSES



- ☞ Improve your listening, speaking, reading and writing skills
- ☞ Meet nice people and make new friends

Thursdays 7:00 to 9:00 PM
(September–May)

Sundays 9:30 to 10:30 AM
(All Year)

Call 703-569-5151

Fellowship Baptist Church
5936 Rolling Road
www.FellowshipBaptistVA.org