

Hello Lake Braddock Families,

1/12/2024

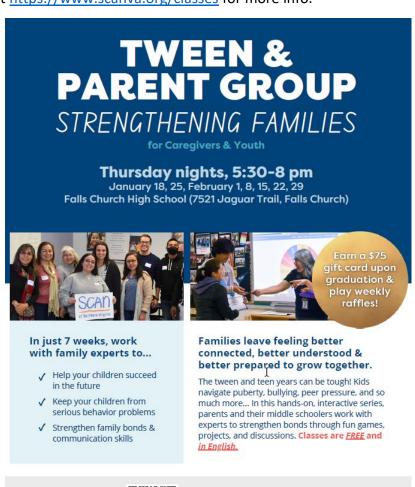
Please find all the information and resources for this week in our Newsletter below:

COMMUNITY EVENTS AND ENGAGEMENT OPPORTUNITIES

• FCPS Family Math Week- January 8-12, join FCPS for Family Math Week as we enjoy games and stories that delight all ages, and work toward our goal of 1 Million minutes!

https://www.mindresearch.org/fcps-math-week

- Computer CORE offers <u>FREE</u>, <u>online</u>, basic computer skills classes to adults 18 and over in Virginia. Classes are taught online over Zoom for three 10-week terms per year: Winter (Jan-Mar), Spring (Apr-June) and Fall (Sept-Nov). <u>The next classes will begin January 8th, 2024. https://www.computercore.org/
 </u>
- Strengthening Families Program for Parents & Youth 10-14 that will be hosted at Falls Church High School (FCHS) in January and February. Classes are <u>FREE</u> and <u>in English</u>. Please visit https://www.scanva.org/classes for more info.







FAMILY RESOURCE CENTER:

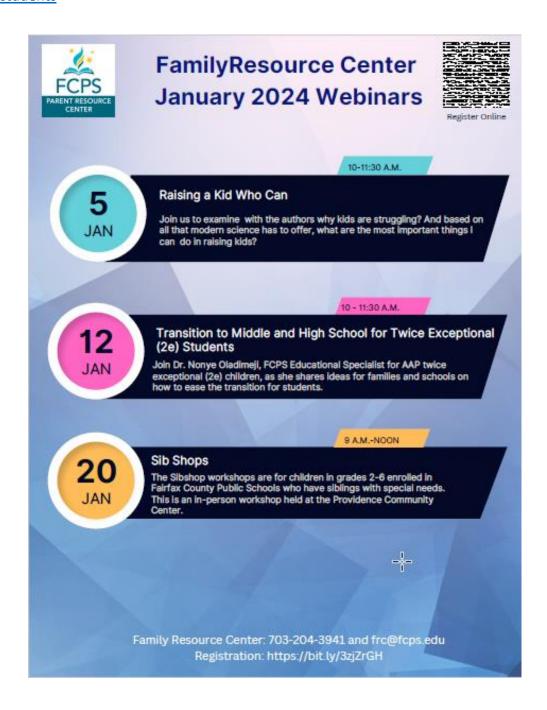
Transition from ES to MS for Twice Exceptional Students

January 12, 2024, 10-11:30 a.m. Link for the event <u>HERE</u>

Transitioning into middle and high school can be challenging for many children and their families, especially for twice-exceptional students.

Join Dr. Nonye Oladimeji, FCPS Educational Specialist for AAP twice exceptional (2e) children, as she shares ideas for families and schools on how to ease the transition for students.

Register for Transition from ES to MS and from MS to HS for Twice Exceptional (2e) students



- Parenting Programs and Workshops https://www.fairfaxcounty.gov/familyservices/children-youth/parenting-education-programs
- Parent Encouragement Program "Encouraging Parents, Enriching Families" (webinars, inperson programs, podcasts, videos)

https://pepparent.org/

Military Families Resources

https://www.fcps.edu/registration/military-families

LBSS EVENTS:

FAFSA/VASA Completion Event for Seniors

A FAFSA/VASA Night will be held at Lake Braddock Secondary School on 1/16/24. This event will take place in the Lecture Hall starting at 6:00pm. The best place to park will be outside of Door 1. We will have staff there to direct you into the room where we will have helpers! Please complete this form so we have a headcount of how many families to expect. Interpreters' services will be available for Spanish, Korean and Vietnamese families.







Opening Doors to the Future Information for Parents & Students El

Attending a

FAFSA Completion Event

Verified FAFSA IDs Are Required Prior to Event

All FAFSA completion event attendees (students and/or parents) need to have a verified FSA ID. If you arrive without an FSA ID, it is unlikely you will also be able to complete your FAFSA at the event (it can take up to three days for an FSA ID to be verified). You can obtain your FSA ID here.

Important Changes to FAFSA Completion Procedures

Each Contributor Must Complete Their Own Section of the FAFSA Previously, a parent could complete both the student and parent portions of the FAFSA. Now, the student and parent must <u>each</u> complete their own portion of the FAFSA. <u>HERE</u> is the information you should bring to complete the FAFSA.

Contributors Must Agree to Use the Direct Link to the IRS Site

Please note FAFSA now requires all contributors to agree to link their FAFSA to the IRS site (even if you know you will not be able to use the direct link and will enter information manually).

There Will Be Limited Computers at the Completion Event

The student and parent should attend the event together, and the student should bring their FCPS laptop. If a parent does attend without the student, please note we will only have a limited number of computers for participant use. Personal computers cannot connect to the FCPS Wi-Fi at the school, and it is against FCPS regulations to bring a student laptop without the student also being present.

❖ Lake Braddock Parent Teacher Student Association - PTSA Membership Meeting and Town Hall, Monday January 22nd, from 7-8pm at Lake Braddock SS. Interpreters' services will be available for Spanish, Korean and Vietnamese families.

Join PTSA: https://lbssptsa.org/

Check out the Library Events:

Burke Centre

 $\frac{https://librarycalendar.fairfaxcounty.gov/calendar?cid=6524\&t=d\&d=0000-00-000-00&cal=6524\&cm=3436\&inc=0$

Kings Park

https://librarycalendar.fairfaxcounty.gov/calendar?cid=6524&t=d&d=0000-00-00&cal=6524&cm=3446&inc=0

❖ Ways You Can Help Fight Hunger and Homelessness in Fairfax County

As we enter the season of giving, here are some ways to help those experiencing hunger and homelessness in Fairfax County. Ways You Can Help Fight Hunger and Homelessness in Fairfax County | News Center

YOUTH OPPORTUNITIES:

Apprenticeship Opportunity for Juniors and Seniors

How to register:

- Online by clicking <u>here</u>
- By calling (703) 658-1201
- By emailing educationalcounseling@fcps.edu



• FCPS School Counseling Services and Go Overseas are co-hosting the annual FCPS Gap Year Fair on Tuesday, January 30, 2024, at George C. Marshall High School from 6:00 to 8:30 p.m. This event is for high school students and their families who are interested in learning more about the growing array of gap year opportunities. Student registration will open on November 20, 2023. Contact Pamela White, Postsecondary Special Projects Liaison, at pcwhite@fcps.edu or 571-393-1102 if you have any questions.





Register today!
Don't walt to reserve your spot, as space Is limited at the event.
Learn more at usagapyearfairs.org

FAIRS



NOVA Virtual Information Sessions for Seniors and their families



SPRING 2023

NOVA VIRTUAL INFORMATION SESSION

Learn about the numerous opportunities, services, and resources designed to get you connected to the NOVA Nighthawk Community.

December 12, 2023 (7:00pm)

Register here: tinyurl.com/December-12

January 23, 2024 (4:30pm)

Register here: tinyurl.com/January-23-2024

February 20, 2024 (7:00pm)

Register here: tinyurl.com/Feb-20-Spanish-Session

March 19, 2024 (4:30)

Register here: tinyurl.com/March-19-2024

APPLICATION WORKSHOP

April 30, 2024 (7:00pm)

Register here: tinyurl.com/April-18-Application-Workshop

Open to all FCPS seniors and parents. For questions, contact admissions@nvcc.edu



• On May 3, 2024, join the celebration at the James Lee Community Center for National Children's Mental Health Awareness Day. The event focuses on LGBTQ+ and all youth, promoting inclusion, mental health awareness, and allyship.

Location, Date and Time:

James Lee Community Center

Date: May 3, 2024 Time: Noon to 3:00 pm



JOB READINESS AND EMPLOYMENT OPPORTUNITIES

 Britepaths and the Financial Empowerment Center at South County are offering free virtual consulting services and workshops to help with your personal finances, job search and more.

https://soco.financialempowermentcenters.org/

• Supplemental Nutrition Assistance Program Employment and Training (SNAPET)

If you are a SNAP recipient, you have access to employment services through the SNAP Employment and Training Program! For additional details, please refer to links below.

Visit the website:

https://www.fairfaxcounty.gov/familyservices/employment-and-training/supplemental-nutrition-assistance-program-employment-and-training

OTHER RESOURCES

Pet Resource Center

Looking for cost-effective pet vaccinations, help with pet food or supplies, details about PetHaven Program, or tips on finding affordable veterinary care? Check flyer below.

Fairfax County Animal Shelter's Pet Resource Center provides community- based resources and support anchored in keeping more pets with the families who love them. By identifying resource gaps experienced by Fairfax County residents, our Pet Resource Center works to prevent the rehoming of companion animals due to inequitable pet assistance services.

https://www.fairfaxcounty.gov/animalshelter/petresources

Pet Resource Center



About our Pet Resource Center

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Pet Resource Center Services

Vaccine and Microchip Clinics: These monthly clinics offer Fairfax County residents low-cost core vaccines and microchips.

Pet Pantry: Our pet pantry provides pet food and other supplies for Fairfax County residents facing hardship.

Upcoming 2024 Services

Low-Cost Spay and Neuter
Options: Our Pet Resource Center
will provide affordable spay and
neuter options for low-income
Fairfax County residents in 2024.
This initiative includes a voucher
program where residents can
apply for a voucher to have their
pet spayed or neutered at a local
veterinary clinic.

FAIRFAXCOUNTY.GOV/ANIMALSHELTER/PETRESOURCECENTER

• The Fairfax County Health Department offers maternal child health home visiting services through: Nurse-Family Partnership® and Maternal Child Health Field Nurse programs. Services are provided by experienced Public Health Nurses for low-income, high-risk pregnant and postpartum women, infants, and children. The Public Health Nurses provide comprehensive, multifaceted care to clients, targeting a multitude of stressors such as low socioeconomic status, history of trauma or abuse, and mental health conditions in order to promote positive health outcomes.

You can fill out and return the <u>Maternal Child and Family Support Home Visiting Programs Referral</u> Form to have a staff member contact you about home visiting services.

https://www.fairfaxcounty.gov/health/maternal-child-health

ENGLISH CLASSES

• FCPS - Adult English for Speakers of Other Languages (ESOL) - Classes will begin January 16th, 2024 and run for 9 weeks, click on the link below for more information about testing locations for classes.

https://www.fcps.edu/academics/adult-education-academics/esol-classes

 English Empowerment Center: Conversation Class and Continued Learning Between Semesters https://englishempowermentcenter.org/free-conversation-class-and-continued-learning-between-semesters/

Do you know someone who wanted to register for class with the Empowerment Center but missed the registrations? They can fill out the <u>Information Request Form</u> to hear about upcoming spring classes. The Center also encourages students to study on their own with <u>USA Learns</u>.

English Empowerment Center also offers in-person classes for Spring semester. Registration for their Spring semester classes will begin January 8th. Please follow the <u>link</u> to learn more information.



Intensive English and Workforce Readiness Class

This course offers three levels of intensive English instruction (Literacy, Beginning, and Intermediate) with a curriculum designed to deliver relevant language and soft skills to help participants improve their employability and advancement potential. The Intermediate course includes preparation for a credential. This training and its associated skills are easily applicable to practically every industry and work setting.



Sign-Up:

Tuesday, December 12 10:30am-12:00pm Mark Center, 6th floor, Workforce Development Ctr (4850 Mark Center Dr., Alexandria, VA 22311) In-person registration is required for all levels.

Class Schedule:

January 16-March 7 Monday, Tuesday, Wednesday, Thursday 9:30am-1:30pm* (Level 3 will meet Feb 16th and Feb 23rd, instead of Feb 7th and 8th)

*Additional hours avaliable for VIEW clients

Course Level Details:

The Literacy Level course will take place IN-PERSON at the City of Alexandria's Workforce Development Center at the Mark Center (4850 Mark Center Dr., Alexandria, VA 22311).

Beginning and Intermediate levels will meet VIRTUALLY.

Laptops will be available for loan for the duration of the course for all students.

Services Fee: \$200

(\$300 for referral agencies requiring monthly reporting)



Contact LVaughn@EnglishEmpowermentCenter.org or call 703-237-0866 for more information.



English Empowerment Center



@EnglishEmpowers

703-237-0866 TTY: 711 info@EnglishEmpowermentCenter.org | www.EnglishEmpowermentCenter.org

Fellowship Baptist Church:

https://www.fellowshipbaptistva.org/english-classes