

Hello Lake Braddock Families,

9/20/2024

Please find all the information and resources for this week in our Newsletter below:

COMMUNITY EVENTS AND ENGAGEMENT OPPORTUNITIES

 Where to Get Immunization - Fairfax County Health Department - Immunization Clinics call 703-246-7100 for appointments.

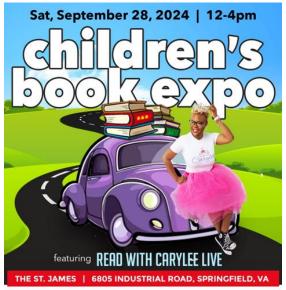
https://www.fairfaxcounty.gov/health/immunization/locations

https://www.fcps.edu/immunization-resources

• The Fairfax County Health Department has shared a comprehensive document that provides several health care options for families. Click on the link below to review the Health Safety Net Services list:

https://www.fairfaxcounty.gov/health/sites/health/files/assets/documents/pdf/novasafety-net-providers.pdf

- <u>Women Giving Back</u> is a non-profit organization that provides clothing and shoes to women and children in crisis. Please check the shopping guideline <u>video here</u>.
 - Clients can shop at the boutique 4 times a year. Women Giving Back operates in 2 seasons -Spring/Summer (April-September) and Fall/Winter (October-March).
- Read With Carylee Children's Book Expo is dedicated to celebrating and supporting local children's authors. The expo will take place on Saturday, September 28th, from 12 to 4 p.m. at The St. James, 6805 Industrial Road, Springfield, VA.





Food for Others 11th Annual Tysons 5K & Fun Run

The 2024 Food for Others Tysons 5k & Fun Run is on Saturday, September 28, at 8:00 a.m. at Tysons Corner Center Mall Plaza. REGISTER TODAY and help support Food for Others, which distributes food to our neighbors in need by mobilizing our giving community and volunteers.

Register here: https://runsignup.com/Race/Register/?raceId=143466

Food for Others is an important part of Northern Virginia's food insecurity safety net, serving over 3,000 families and 3,900 children a week through the Power Pack Program, which provides weekend meals to roughly 3,800 students at 44 Fairfax County schools during the school year. The weekend meal pack helps alleviate a child's hunger and allows them to come to school on Monday morning fed, focused, and ready to learn.

 Fairfax County's Farmers Markets have raised the amount of matching dollars for fruits and vegetables up to \$40 per week this season. Families who qualify can get these double SNAP funds when they shop with their EBT card at the markets. See the flyer for locations and details.

https://www.fairfaxcounty.gov/parks/farmersmarkets



• JA Finance Park® (JAFP) is an innovation in experiential education designed to prepare our region's youth for life and work in the real world. Eighth grade student in FCPS visit this facility and learn about financial responsibility and accountability. JAFP is looking for multilingual volunteers to better accommodate our diverse population. Please share the attached flyer with caregivers that may be interested in volunteering their time.

https://www.myja.org/financepark/

Volunteer Opportunity Caregivers









Financial Capability Matters

JA Finance Park is an innovation in experiential education designed to prepare our region's youth for life and work in the real world.

As a JA Volunteer, you'll watch students step into the future and catch a glimpse of what's possible if they take control of their financial future. JA students need your experience, expertise and commitment to help them be 100% inspired, 100% prepared and 100% employed when the time comes.

What does it mean to be a volunteer at JA Finance Park?

The total time commitment is ~4.5 hours, including a 1-hour training the morning of your scheduled volunteer day.

- You will help guide students through different phases of the day, which simulate real-world budgeting decisions, spending research, and bill payment.
- Then you'll share your own life experiences and help them walk a day in your shoes. You bring the program to life!

Next Steps

- Contact your child's social studies teacher to indicate your interest in being a part of the JA Finance Park experience.
- Visit http://iafpfc.jagw.volunteerhub.com/ to sign up to volunteer and learn more about the program.
- Arrive at your scheduled volunteer time ready to empower our future.

JA Finance Park Fairfax County 4099 Pickett Road, Fairfax, VA 22032

FAMILY RESOURCES:

- The NEW <u>FCPS Family Academy</u> promotes connections and collaborations between families, educators, and the community. They have classes, webinars, workshops, and programs offered by Fairfax County Public Schools to help families support their students' needs and learning at home.
- Varsity Tutors- Online Tutoring Services at no cost to families

https://www.fcps.edu/services/families-and-caregivers/family-academy/tutoring-options/online-tutoring-service

 School Attendance - Parents and caregivers can now report up to two consecutive fullday absences using ParentVUE. Click on the link below to learn how to do it. school attendance.

https://lakebraddockss.fcps.edu/attendance-reporting

Need to activate your ParentVUE account?

<u>SIS ParentVue videos</u> are available on the FCPS website. SIS ParentVue is an invaluable tool for families to stay connected to their students' learning, especially in middle and high school.

To obtain a ParentVUE activation code contact:

Middle Shool: Angela Santizo assantizo@fcps.edu

High School: Sandra Coleman SMColeman@fcps.edu

- Parent Advocacy Handbook, this contains answers to the many questions parents or guardians may have about the school system and how they can best advocate for their student at the various stages of their school experience. https://www.fcps.edu/parentadvocacyhandbook
- Computer CORE offers <u>FREE</u>, <u>online</u>, basic computer skills classes to dults 18 and over in Virginia. Classes are taught online over Zoom for three 10-week terms per year: Winter (Jan-Mar), Spring (Apr-June) and Fall (Sept-Nov). https://www.computercore.org/

• Register for <u>FREE online webinars</u> offered by the Family Resource Center. There is also a library of <u>archived webinars and workshops</u> with great resources to families.



Parent Encouragement
 Program "Encouraging Parents, Enriching Families" (webinars, in-person programs, podcasts, videos) https://pepparent.org/

Parenting Education Program through Fairfax County

https://www.fairfaxcounty.gov/familyservices/children-youth/parenting-education-programs?utm medium=email&utm source=govdelivery#classes

• **Formed Families Forward**, Local nonprofit Formed Families Forward is offering a new training for families to boost family safety and wellness as we prepare for the 2024-2025 school year.

https://formedfamiliesforward.org/

There will be three opportunities for the trainings:

9/9/2024, 6:30 - 8:00 pm: Fairfax County @ the Sherwood Community Center, Fairfax City

9/20/2024, Noon - 1:30 pm: Virtual via Zoom

9/23/2024, 6:30 - 8:00 pm: Manassas @ the Pat White Center at Ben Lomond, Multi-Purpose Room A

The training will cover:

- Easy strategies to mitigate safety risks.
- Evidence-based stress management tips & tools.
- Where to find help.
- Opportunities to connect with other families.

Refreshments, take-away items, and a childcare stipend are available for those attending inperson sessions. Local Community Services agencies will also be sharing information and takeaway safety items such as medication lockboxes and trigger locks.

Military Families Resources

https://www.fcps.edu/registration/military-families

 Purple Star National Convening of Schools and Communities (Virtual Conference), Thursday, October 24, 2024

Register Here



Check out the Library Events:

Burke Centre

https://librarycalendar.fairfaxcounty.gov/calendar?cid=6524&t=d&d=0000-00-00&cal=6524&cm=3436&inc=0

Kings Park

https://librarycalendar.fairfaxcounty.gov/calendar?cid=6524&t=d&d=0000-00-00&cal=6524&cm=3446&inc=0

Pohick Library

6450 Sydenstricker Rd Burke, VA, 22015-4274

https://librarycalendar.fairfaxcounty.gov/calendar?cid=6524&t=d&d=0000-00-00&cal=6524&cm=3452&inc=0

• **Northern Virginia Family Services** offers a prescription assistance program, eyeglasses assistance, and Medicaid support to families.





KARINA VILLANUEVA

TEL (571) 435-6600 / FAX (703) 368-2004 10056 DEAN DRIVE, MANASSAS, VA 20110

All Ages Read Togethe

FREE PRESCHOOL CLASSES

All Ages Read Together (AART) provides FREE kindergarten-readiness classes in Northern Virginia. AART's part-time preschool program is designed for children who fall in the gap between those who qualify for publicly funded programs and those families who cannot afford private preschool. Classes are held twice a week for 2 hours.







Huntington Community Center (Route 1 Corridor)

5751 Liberty Drive Alexandria

Mondays & Wednesdays 9:30 - 11:30 am

> Cintia Navia 571-263-1086 English & Spanish

Hybla Valley Community Center (Mount Vernon)

7950 Audubon Avenue Alexandria

Mondays & Wednesdays 12:30 – 2:30 pm

> Cintia Navia 571-263-1086 English & Spanish

Mount Vernon Woods Elementary (Mount Vernon)

4015 Fielding Street

Tuesdays & Thursdays 9:15 – 11:15 am

Wendy Gaitan 571-465-1758 English & Spanish



If your child is 4 or 5 years old and has not had preschool, please contact us at the phone numbers above or complete an interest form: https://bit.ly/aartenrollinterest

info@allagesreadtogether.org | www.allagesreadtogether.org

Arabic Early Literacy Program:

https://www.fcps.edu/academics/curriculum/early-childhood-education/early-literacy-programs/early-literacy-program-2



LBSS EVENTS:

• The Family Liaisons at Lake Braddock Secondary School, Sue Kwan and Alejandra Pena-Ulloa would like to invite you to the Parent Technology Workshop on Tuesday October 1st from 7:00-8:30pm at the School Library (enter through door 1), we will work on: ParentVUE/SIS account, School Attendance Procedure in ParentVUE, Schoology, E-Hall pass system, Talking Points, Digital Resource Consent Form and other resources. Space is limited, please register by Friday September 27th using this link or scanning the QR code. https://forms.gle/UkvRm4D6Bzx61wZ47



Join the Lake Braddock Parent Teacher Student Association (PTSA)



YOUTH OPPORTUNITIES:

 Scholarship Information, in addition to Naviance being the database for scholarships, there is now an FCPS public webpage that includes scholarships available to all FCPS students.

https://www.fcps.edu/scholarships-fcps-students

Free NASA Opportunities for Virginia High School Students! (HS)

The Virginia Space Grant Consortium provides FREE NASA-related programs for Virginia's high school students in 10th, 11th, and 12th grades. The programs have an interactive online STEM learning experience and are highlighted by a seven-day residential summer academy at NASA.

https://vsgc.odu.edu/spacecoast/

Now Open! Spring 2025 Children's Science Center Lab Internship
We are excited to announce that the Spring 2025 Children's Science Center Lab
Internship application is now open! Our programs would not be possible without the
support of our community, so we thank you for passing this opportunity along to
anyone who might be interested.

Application Link: https://form.jotform.com/213445454775058

Application Deadline: November 22, 2024, at 5:00 PM.

We recommend not waiting until the last day to submit your application just in case you encounter any technical issues. We do not accept late applications under any circumstance.

Interview Invites: Sent on or before December 18, 2024

Interview Date: January 11, 2025, 6:00-8:00. You must be in person for your interview, so please ensure you are available.

The Children's Science Center Lab Internship is available to high school students ages 16+ who have a passion for STEM learning. Interns will develop and practice professional skills at the Children's Science Center Lab while engaging in various handson activities. This internship is intended to provide an opportunity to students from communities who have been historically excluded from STEM professions (see application for more details.)

If you have any questions, please reach out to internships@childsci.org.

NEW Student Leadership Development Program with the School Board

The School Board is accepting applications for the Student Leadership Development Program, open to any high school freshman, sophomore, or junior in good academic standing. The program is for students interested in a future in law, government or public policy. Twelve students will be chosen to work closely with the School Board to how FCPS is governed and will give the students opportunities to participate on various advisory committees to the School Board, and even to seek election as the student representative on the School Board.

The program information and application are available at the link below:

https://www.fcps.edu/node/31703

Register for the Alcanza College Fair (HS)

We are pleased to announce that George Mason University will be hosting the 24th Annual ALCANZA College Fair! George Mason hosts ALCANZA as part of our effort to increase college interest and awareness among high school students in the Washington, D.C. metropolitan area during Hispanic Heritage month. This event was created to get Latinx students motivated and excited about their post-secondary plans, and the program is open to all students in the Washington D.C. metro area to explore their educational opportunities beyond high school. Over 150 colleges from all over the nation will attend ALCANZA, and we expect about 2,000 high school students to participate. We are excited to welcome you and your students to EagleBank Arena in October!

Please note that there will not be an opening session this year – the fair will take place from 10:30 a.m. to 12:30 p.m. and high schools may come and go as they wish. Lunches will be distributed to students on their way into the fair.

ALCANZA College Fair
Wednesday, October 16, 2024

<u>EagleBank Arena</u>

George Mason University - Fairfax Campus

Register TODAY! Space is limited. https://go.gmu.edu/alcanza

Various student and teacher resources can be found on our website linked <u>here</u>. These include a <u>Preparing for College Calendar, College Fair Tips</u>, and fair flyers in <u>English</u> and <u>Spanish</u>.

Please feel free to pass this invitation to your colleagues from other schools who you believe may have interested students! If you have any questions about this event, please e-mail admevent@gmu.edu.

Dream Job: Editor of People Magazine Webinar

Wowee! We started the fall season of Dream Job webinars in a big, big way on September 10.

Our guest, Erin Hill, the senior editor of the British Royal Family for PEOPLE magazine, was phenomenal.

Erin talked about she rose from middle school yearbook editor to writing PEOPLE articles read by millions. Above all, she explained the importance of being a good listener, the value of job shadows and why we need to be "vulnerable" to advance in a career.

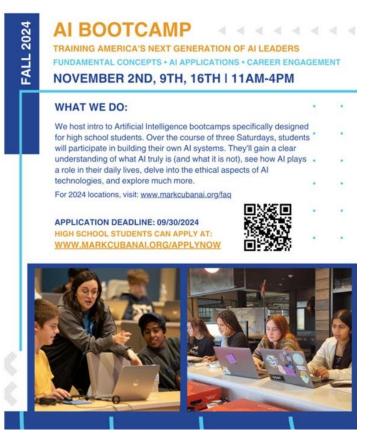
Click on the link to watch the webinar recording:

https://www.youtube.com/watch?v=2Nw26-XJEqE

Al Bootcamp for High School Students

The Mark Cuban AI Foundation and Booz Allen have partnered to offer an AI Bootcamp for high school students. Students will participate in building AI systems, gain a clear understanding of what AI truly is (and what it is not), see how AI plays a role in their daily lives, delve into the ethical aspects of AI technologies, and explore much more. The camp will be held from 11 a.m. to 4 p.m. on November 2nd, 9th, and 16th, 2024, and hosted at the Booz Allen McLean office, 8283 Greensboro Drive, McLean, Virginia 22102. The application deadline is **September 30, 2024**. Apply here.

Flyer



Northern Virginia Soil and Water Conservation District Poster Contest
 Calling all student artists! The 2024 Conservation Poster Contest theme is "May the
 Forest Be With You, Always." This contest is open to all K-12 students in Fairfax County,
 and scouts are eligible to earn a poster contest patch. Additionally, this year features a
 digital poster contest open to students in grades 7-12. The application deadline is Friday,
 September 27, 2024. Learn more about the 2024 Conservation Poster Contest and
 contact Ashley Palmer with questions.

Guidelines and Rules flyer

Entry Form

JOB READINESS AND EMPLOYMENT OPPORTUNITIES



Tuesdays at 7:00 PM

AUG 13: Using Credit Wisely

AUG 20: Interview Skills AUG 27: Car Buying 101

SEP 3: Budgeting for Celebrations

SEP 10: All About Insurance

SEP 17: Job Search Techniques



Use this link to register for a specific class or the entire series:

> https://fecworkshops.timetap.com/ or scan the QR Code

If you are having trouble registering, please email your request to info@fecsoco.org



Virtual Personal Finance & Career Building Workshops

Workshops conducted through Zoom



In Partnership with United Way NCA, Fairfax County, and Britepaths







- BritePaths and the Financial Empowerment Center at South County are offering
 free virtual consulting services and workshops to help with your personal finances, job
 search and more.
 - Financial Mentoring: Work with a dedicated trained volunteer virtually for six months or more on your financial goals. The volunteer is there to guide you and teach you skills pertinent to your life! If interested, please email CRogers@Britepaths.org
 - One-on-One, Confidential Coaching: Free and Confidential Coaching and Consulting. To book an appointment call 703.704.6101 or email info@FECSoCo.org, or click here: https://fecsoco.timetap.com/#/
- **BritePaths Workforce Development-** helps Northern Virginia job seekers navigate the job search process and find meaningful employment. It is designed to work with under- or unemployed men and women in an individualized and coordinated way to ensure that their workforce development needs are met. All services are free, and most are offered virtually.

https://britepaths.org/our-services/workforce-development/

ENGLISH CLASSES

- FCPS Adult English for Speakers of Other Languages (ESOL) Click on the link below for more information about testing locations for classes.
 https://www.fcps.edu/academics/adult-education-academics/esol-classes
- English Empowerment Center: Do you know someone who wanted to register for class with the Empowerment Center but missed the registrations? They can fill out the <u>Information Request Form</u> to hear about upcoming spring classes. The Center also encourages students to study on their own with USA Learns.

https://englishempowermentcenter.org/

• Fellowship Baptist Church:

https://www.fellowshipbaptistva.org/english-classes