



Hello Lake Braddock Families,

5/17/2024

Please find all the information and resources for this week in our Newsletter below:

COMMUNITY EVENTS AND ENGAGEMENT OPPORTUNITIES

- **Computer CORE** offers *FREE, online*, basic computer skills classes to adults 18 and over in Virginia. Classes are taught online over Zoom for three 10-week terms per year: Winter (Jan-Mar), Spring (Apr-June) and Fall (Sept-Nov). <https://www.computercore.org/>

- **Fairfax County Parks Spring and Summer Camp Registration Opens January 23**

Spring and Summer Camp Registration has begun! FCPA is sharing the full listing of camps, as well as offering multiple ways to search and tools to use that will make enrolling easier. Learn more about the camps and how to register on the [website](#).

- **FCPS Summer Camps, Fairfax County Park Authority, and spring sports** are now registering. FCPS' [IFTA](#), [E-IFTA](#), [Career Technical Education Summer Academy and Tech Adventure Camp](#) web pages are now all updated with location, dates, and costs. Further details for how to register by phone and mail are on the website.

- **Summer Programs for Preschoolers and Kindergartners**

Please see the camps in the links below.

<https://dmv.kidsoutandabout.com/content/preschool-summer-camps-dc-metro-area>

<https://dcmoms.com/ages-stages/toddler/toddler-friendly-summer-camps-in-dc/>

<https://www.brighthorizons.com/programs/summer-camp>

<https://www.fairfaxva.gov/government/parks-recreation/camp-programs>

- **FCPS Summer Learning Page**

<https://www.fcps.edu/academics/summer-learning>

- **The Family Resource Center** has compiled information from several sources to create a [Summer Camps Guide](#). This is a comprehensive resource for all ages and abilities.

- **Women Giving Back** is a non-profit organization that provides clothing and shoes to women and children in crisis. Please check the shopping guideline [video here](#).

- Clients can shop at the boutique 4 times a year. Women Giving Back operates in 2 seasons - Spring/Summer (April-September) and Fall/Winter (October-March).
- They track data on the clients who shop and will inform them when a client has reached their shopping limit.

- [The Virginia Board for People with Disabilities \(VBPD\)](#) BIENVENIDOS project presents “The way to transition from school to adult conference”. Attendees will learn how the Americans with Disabilities Act ADA can help advocate for their children.



EC
NIV

Mid-Atlantic **ada** Center

Conference: The way to transition from school to adult life

Come and learn about the transition of students with disabilities going from High School to college or directly to work; you'll also learn about the Americans with Disabilities Act ADA, Advocacy and useful resources.

This event will be conducted completely in Spanish.

Who: Hispanic families living in Northern Virginia with children receiving special education and are in the process of transitioning from school to adult life.

What: Information and resource conference to assist the transition from school to adult life.

When: Saturday, May 18, 2024,
10:30 AM – 1:30 PM

Location: Mary Riley Styles Public Library, 120 N Virginia Ave, Falls Church, VA 22046

Contact: Rosalia Fajardo 703-867-6529

Lunch: Included

Register: <http://tiny.cc/rc9mxz>



- TalentUp Fairfax program for job seekers

TalentUP FAIRFAX

An Initiative of Fairfax County Government

Fairfax County Job Seekers

**Are you looking for a new career!
We can help!**

Talent Up Fairfax is a work-based learning initiative that can help job seekers find employment in high-demand industries such as IT, Healthcare, Finance, Sales, and more!

If you have experienced an employment-related challenge due to the effects of COVID-19, such as being laid off, furloughed, or having a difficult time finding a job, Talent Up Fairfax can help you achieve gainful employment.

For more information visit www.talentupfairfax.com,
email talentupfairfax@vcwnorthern.com, or
call 703-827-3782 (VA Relay: 711).



PROGRAM SERVICES

- Subsidized Work Experience
- Career Guidance
- Job Coaching
- Case Management
- Placement Assistance

ELIGIBILITY

- Minimum age of 18 years.
- Primary residence in Fairfax County.
- Can demonstrate COVID-related employment challenges.
- Eligible to work in the U.S.
- Resume or application that meets basic qualifications for a posted internship position.



- **Immunization Clinics** call 703 246-7100 for appointments.

Back-to-School Immunization Clinics



**BY
APPOINTMENT
ONLY.**



Open to all Fairfax County students who need immunizations regardless of if they have had vaccines in the past, new to the country, or those that just need a follow up to be up to date.

Call today! Appointments are limited.

703-246-7100



| | |
|-----------------------|----------------------------|
| Aug 2, 1-4:00 pm | JWHC, MVDO |
| Aug 3, 8 am-12:00 pm | ADO, HRDO |
| Aug 6, 2-6:30 pm | ADO, HRDO, JWHC, MVDO, SDO |
| Aug 9, 1-4:00 pm | ADO, HRDO |
| Aug 10, 8 am-12:00 pm | JWHC, MVDO |
| Aug 12, 2-6:30 pm | ADO, HRDO, JWHC, MVDO, SDO |
| Aug 13, 2-6:30 pm | ADO, HRDO, JWHC, MVDO, SDO |
| Aug 14, 2-6:30 pm | ADO, HRDO, JWHC, MVDO, SDO |
| Aug 16, 1-4:00 pm | ADO, HRDO, JWHC, MVDO, SDO |
| Aug 17, 8 am-12:00 pm | SDO |
| Aug 20, 2-6:30 pm | ADO, HRDO, JWHC, MVDO, SDO |
| Aug 23, 1-4:00 pm | ADO, HRDO, JWHC, MVDO, SDO |

*Appointments are also available during regular clinic hours (all day Monday–Thursday and Friday mornings). Please call to make an appointment.

Annandale (ADO)
7611 Little River Tnpk.
#400-E, Annandale, VA

Herndon Reston (HRDO)
1850 Cameron Glen Dr.
#100, Reston, VA

Joseph Willard (JWHC)
3750 Blenheim Blvd.
Fairfax, VA

Mt. Vernon (MVDO)
8350 Richmond Hwy.
#233 Alexandria, VA

Springfield (SDO)
8136 Old Keene Mill Rd., 1st Fl., #A-100
Springfield, VA

- Inova Cares Clinic are providing free School Physicals and Immunizations for children 5+ to begin the 2024-2025 school year. This is for Medical or Uninsured Children Only



Back to SCHOOL

PEDIATRIC HEALTH FAIRS

Inova Cares Clinics

to provide children ages 5+ with FREE School Physicals and Immunizations to begin the 2024-25 School Year

(Medicaid or Uninsured Children Only)

SATURDAY DATES & LOCATIONS
9 am - 1 pm

- June 29 - ICC-Children - Manassas
- July 20- ICC-Children - Herndon
- August 17 - ICC-Children - Falls Church

APPOINTMENTS ARE REQUIRED!
(NO Walk-ins will be allowed)
Call (703) 698-2550

- **Inova Saville Cancer Screening and Health Fair, Saturday, May 18th, 2024, Inova Center for Personalized Health:** Join Inova for a day of free entertainment for the entire family. Experts will be on hand to provide informative sessions, free cancer screenings, and recommendations for healthier living. See the QR code on the flyer to sign up.



[Sign Up!](#)

Please join us for

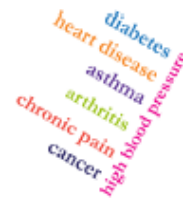
Inova Saville Cancer Screening and Health Fair

Saturday, May 18, 2024

**Inova Center for Personalized Health
Conference Center
8100 Innovation Fairfax, VA 22031**

Join Inova for a day of **free** entertainment for the entire family. Our team of experts at Inova Schar Cancer and Cancer Screening and Prevention Center will be on hand to provide informative sessions, free cancer screenings, and recommendations for healthier living.

- **Chronic Disease Self-Management Program (CDSMP)**, The Health Department is proud to offer a 6-week course for community members who want to take more control of their health. Participants can become certified and eventually teach their own workshops if they'd like. The course is offered in English, Spanish and other languages spoken across the county. To obtain more information about this free program contact Carla Paredes 703-246-6016; carla.paredesgomez@fairfaxcounty.gov



What is the Chronic Disease Self-Management Program (CDSMP)?

CDSMP helps individuals with chronic conditions learn how to manage and improve their own health, while reducing health care costs. The program focuses on problems that are common to individuals suffering from any chronic condition, such as pain management, nutrition, exercise, medication use, emotions, and communicating with friends, family and healthcare professionals.

CDSMP workshops meet once a week, over a six-week period, for two and a half hours. Each session is co-led by a pair of trained facilitators with 10 to 16 participants in community-based settings such as senior centers, churches, community health clinics, and public libraries.

CDSMP focuses on building the skills that participants need to manage their chronic conditions by sharing experiences and providing mutual support, creating weekly action plans, interactive learning, behavior modeling, problem-solving, decision making, and social support to promote changes in lifestyle, confidence and effectiveness in self-management of one's own health. CDSME is not a lecture-based program.

CDSMP is a program that is provided FREE of charge, throughout Fairfax County by the Fairfax County Health Department.

CDSMP curriculums were developed by the Self Management Resource Center, formerly Patient Education Research Center of Stanford University, <http://selfmanagementresource.com>

CDSMP programs are available in English and Spanish.

For more information or to register for an upcoming workshop series, please contact Carla Paredes Gomez at (703) 725-8929, email: Carla.paredesgomez@fairfaxcounty.gov.



- Neighborhood and Community Services (NCS) is hosting **Community Focus Groups** on **May 8th, 13th, and 30th** in Springfield. Please invite families to participate and share their concerns on community conditions that impact safety and well-being.

Fairfax County Department of Neighborhood and Community Services

Springfield Family Resource Center Community Focus Group

We invite you to participate in a focus group and community conversation with Springfield Family Resource Center staff and other county staff to share your concerns on community conditions that impact your safety and well-being.

[Learn more about county programs and resources.](#)

Wednesday, May 8
5:30 – 7 p.m.
Adults Only
Focus Group

Monday, May 13
4:30 – 5:30 p.m.
Youth/Teens Only
Focus Group

Thursday, May 30
6-7 p.m.
Community Meeting



Register for May 8 session (Adults)
Scan QR or go to:
<https://forms.office.com/g/CK9XfCW3fq>



Register for May 13 Session (Youth/Teens)
Scan QR or go to:
<https://forms.office.com/g/Bk02JPhajg>

Springfield Family Resource Center
7224 Commerce Street, Apt. T-4, Springfield, VA

Childcare and Light Refreshments Available.

For more information please contact:
Springfield Family Resource Center at 703-644-0000.



Fairfax County is committed to nondiscrimination on the basis of disability in all county programs services and activities. Reasonable accommodations made upon request; call 703-324-4600. A Fairfax County, Virginia publication. 4/2024



- **Fairfax County's Farmers Markets** have raised the amount of **matching dollars for fruits and vegetables up to \$40 per week** this season. Families who qualify can get these double SNAP funds when they shop with their EBT card at the markets. See the flyer for locations and details.



SNAP

AT FAIRFAX COUNTY
PARK AUTHORITY



FARMERS MARKETS



Use your SNAP benefits at select Farmers Markets and get up to \$40 dollars of additional fruits and vegetables for FREE. Come to the SNAP information tent to swipe your EBT card in exchange for tokens. Use your tokens like cash, but only at the Market at which they were purchased. Tokens never expire.

Use sus beneficios SNAP en Farmers Markets selectos y obtenga hasta \$40 dólares en frutas y verduras adicionales GRATIS. Acérquese a la carpa de información SNAP para pasar su tarjeta EBT a cambio de fichas. Use sus tokens como si fueran dinero en efectivo, pero sólo en el Market en el que las compró. Los tokens nunca caducan.

استخدم مزانا برنامج المساعدات الغذائية التكميلية (SNAP) الخاصة بك في متاجر مختارة للمنتجات الزراعية واحصل على ما يصل إلى 40 دولارًا من الفواكه والخضروات الإضافية مجانًا. انتقل إلى خيمة معلومات برنامج المساعدات الغذائية التكميلية (SNAP) ومرر بطاقة تحويل المنافع الإلكترونية (EBT) الخاصة بك مقابل رموز مميزة. استخدم الرموز المميزة بنفس طريقة استخدام النقود، ولكن فقط في المتاجر التي تم شراؤها فيها. صلاحية الرموز المميزة لا تنتهي أبدًا.

在特定农夫市集使用您的 SNAP 福利，可免费额外获得最高价值 \$40 美元的水果和蔬菜。请前往 SNAP 资讯帐篷，用您的 EBT 卡刷卡换取代币。您可以像使用现金一样使用代币，但仅限于购买代币所在的市集范围内。代币不会过期。

با استفاده از مزایای SNAP در فروشگاه های محصولات کشاورزی منتخب می توانید تا 40 دلار میوه و سبزیجات اضافی به صورت رایگان دریافت کنید. با مراجعه به واحد اطلاعات SNAP می توانید کارت EBT خود را یکشید و ژتون خریداری کنید. از ژتون های خود می توانید مانند پول نقد استفاده کنید اما این کار فقط در فروشگاهی که از آن خریداری شده اند، امکان پذیر است. ژتون ها تاریخ انقضای ندارند.

엄선된 Farmers Markets(파머스 마켓)에서 SNAP 혜택을 사용하고 최대 \$40 상당의 추가 과일 및 채소를 무료로 받으세요. SNAP 정보 텐트로 오셔서 EBT 카드를 긁고 토큰으로 교환하세요. 토큰을 현금처럼 사용하되 토큰을 구매한 마켓에서만 사용하세요. 토큰은 만료되지 않습니다.

Используйте свои SNAP-льготы в определенных магазинах с фермерской продукцией и получите БЕСПЛАТНО товары на сумму до \$40 из категории овощей и фруктов. Обратитесь в информационный шатер SNAP, чтобы провести свою EBT-карту в обмен на токены. Используйте токены по аналогии с наличными, но только в тех магазинах, где те были приобретены. Токены имеют неограниченный срок действия.

Sử dụng các phúc lợi SNAP của quý vị tại một số Chợ Nông Sản chọn lọc và nhận MIỄN PHÍ thêm trái cây và rau quả trị giá lên đến 40 đô la. Hãy đến lều thông tin SNAP quét thẻ EBT của quý vị để đổi lấy token. Quý vị có thể sử dụng token như tiền mặt, nhưng chỉ tại Chợ nơi đã mua token. Token không bao giờ hết hạn.



SNAP

AT FAIRFAX COUNTY
PARK AUTHORITY



FARMERS MARKETS

MCCUTCHEON/MOUNT VERNON

Wednesdays, April 17-December 18
8 a.m.-Noon

Sherwood Regional Library
2501 Sherwood Hall Lane, Alexandria

WAKEFIELD

Wednesdays, May 1-October 30
2-6 p.m.

Wakefield Park
8100 Braddock Road, Annandale

ANNANDALE

Thursdays, May 2-November 14
8 a.m.-Noon

Mason District Park
6621 Columbia Pike, Annandale

RESTON

Saturdays, April 27-December 7
8 a.m.-Noon

Lake Anne Village Center
1609-A Washington Plaza, Reston

LORTON

Sundays, May 5-November 10
8 a.m.-Noon

VRE Parking Lot
8990 Lorton Station Boulevard, Lorton

For information and directions, visit:

www.fairfaxcounty.gov/parks/farmersmarkets/snap
or call 703-642-0128



For Inclusion and ADA Support, call 703-324-8563. TTY Va. Relay 711








- 2024 VIP Summer Camp

Irving Serving: Frost MS, Irving MS, Lake Braddock SS, Robinson SS, South County MS.

8100 Old Keene Mill Rd., Springfield, VA 22152

Natalie Duncan • NADuncan@fcps.edu or Jerald Minnis: jjminnis1@fcps.edu

FCPS MIDDLE SCHOOL AFTER-SCHOOL PROGRAM
AND NEIGHBORHOOD & COMMUNITY SERVICES
PRESENT:

Fairfax County
PUBLIC SCHOOLS
ENGAGE • INSPIRE • THRIVE

Fairfax County
NCS
Neighborhood and
Community Services

Save the Date!

**VIP
SUMMER
CAMP**

\$100 for
5 week
program

Scholarships
available

Transportation
Provided

JULY 1 - AUGUST 1

Irving MS site will serve
rising 7th and rising 8th graders from:
Frost MS, Irving MS, Lake Braddock SS,
Robinson SS, South County MS

APPLICATIONS WILL OPEN ON 3/12

General Questions?
Contact your Middle School After-School Specialist

- **Teens In Action 2024 Summer program**

Fairfax County Neighborhood and Community Service offers Teen in Action Summer program from **June 17-August 16, 2024** for rising 9th- 12th graders and from **June 17-28 and Aug. 2-16, 2024** for rising 7th- 8th graders.

Fairfax County Neighborhood and Community Services
Teens In Action
June 17 - Aug. 16, 2024
 Monday - Friday 8:30 a.m. - 5 p.m.
 Rising Grades 9 - 12
June 17-28 and Aug. 2-16, 2024
 Monday - Friday 8:30 a.m. - 5 p.m.
 Rising Grades 7 - 8

Summer 2024

Our specialty programs are designed with teens in mind. The Teens In Action program provides exciting opportunities for self-discovery and skill building, with an emphasis on team building and leadership. The program offers personal attention and plenty of hands-on experience in a safe and fun environment!

Featured Opportunities:

- Outdoor Adventures
- Podcasting & Social Media
- Field Trips
- Sports, Recreation, Health, Fitness & Nutrition
- Job, Education & Career Readiness
- Music & Arts
- Science, Technology, Engineering & Math Exploration
- **and much MORE!**

SCAN for Teens in Action registration information and other details.

Value In Prevention Camp | July 1- August 1
 In partnership with FCPS, we are offering a five-week Value In Prevention Camp for our rising middle school teens.

- Seventh and Eighth grade participants are invited to join the Teens and Action program when the VIP program is not in session from June 17-28 and Aug 2-16.
- Registration Info for VIP: www.fairfaxcounty.gov/neighborhood-community-services/value-in-prevention-camp

Times and locations may vary.

Fairfax County Neighborhood and Community Services

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FAMILY RESOURCES:

- **The Family Resource Center** offers free webinars for adults to support the success of all students, including those with learning challenges, special needs, and disabilities. Upcoming events include:

- Secondary Webinars:
 - Taming the Teen-Aged Brain, **Friday, May 31**

<https://www.fcps.edu/family-resources/family-engagement/family-resource-center/register-free-workshops-family-resource>

- **Bridge to Kindergarten (B2K)** Bridge to Kindergarten is designed to support students who have no or little preschool experience, with a successful transition into kindergarten by building executive functioning skills and routines. Fairfax County Public Schools will be conducting this free 3-week program in the summer, starting **July 8th**.



The poster is titled "FCPS Summer Learning Bridge to Kindergarten". It features a blue background with white clouds and a yellow sun. A starburst graphic on the left says "FREE 3-Week Program!". A starburst graphic on the right says "Bus transportation is provided!". The main text reads: "Bridge to Kindergarten is designed to support students who have no or little preschool experience, with a successful transition into kindergarten by building executive functioning skills and routines." Below this, four bullet points describe the program: "Experience the daily kindergarten school routine.", "Participate in games and activities.", "Build relationships with teachers and students.", and "Become familiar with a school environment." At the bottom, a dark blue banner asks "How do I register my child for Bridge to Kindergarten?" and provides the answer: "The school's registrar will inform you if your child is eligible when you register them for kindergarten. Registration for Bridge to Kindergarten is done on a first-come, first-served basis." The Fairfax County Public Schools logo is in the bottom right corner.

FCPS Summer Learning

Bridge to Kindergarten

Monday-Friday
Dates: July 8-26, 2024
Hours: 4 hours/day
Location: At select host sites

FREE 3-Week Program!

Bus transportation is provided!

Bridge to Kindergarten is designed to support students who have no or little preschool experience, with a successful transition into kindergarten by building executive functioning skills and routines.

- Experience the daily kindergarten school routine.
- Participate in games and activities.
- Build relationships with teachers and students.
- Become familiar with a school environment.

How do I register my child for Bridge to Kindergarten?

The school's registrar will inform you if your child is eligible when you register them for kindergarten. Registration for Bridge to Kindergarten is done on a first-come, first-served basis.

Fairfax County Public Schools
Ensuring a bright future for every child.


- United Community's Opportunity Neighborhood Mount Vernon is partnering with FCPS and Early Head Start to bring a **Pre-K Resource Fair** at Sacramento Neighborhood Center, 8792 Sacramento Drive-E, Alexandria, VA 22309 on May 18 from 10:00am - 1:00pm. Perfect for families with children ages 3-5!




PreK Resource Fair

PERFECT FOR FAMILIES WITH CHILDREN AGES 3-5!

- Preschool Programs & Enrollment Information
- Free Children Books
- Helpful Resources for Early Childhood Development
- Playful Learning Station
- Story Time






If you are applying to the FCPS PreK program, please bring a copy of the following documents:

Scan QR code here Prek Forms

Saturday, May 18, 2024
 Sacramento Center
 8792 Sacramento Drive E,
 Alexandria, VA 22309
 10:00 a.m. -1: 00 p.m.

For more information call
703 -768-7106 ext. 336

Fairfax County is committed to nondiscrimination on the basis of disability in all county programs, services and activities. Reasonable accommodations made upon request. For information, call 703-324-4603, TTY 711. A Fairfax County, VA, Publication, Published May 2024.

- **FCPS is exploring options for adjusting middle school start times** and invites the public to be part of the process. All forums will deliver the same presentation and provide the same feedback opportunities. Register for a forum by clicking on one of the following dates:
 - **Monday, May 20, 6-8 p.m., at Hughes Middle School.**
 - **Wednesday, May 22, 6-8 p.m., at Frost Middle School.**

[Learn more about the project exploring middle school start times.](#)

- **ONLINE Kindergarten registration is open!** Registering your child early helps schools prepare and ensure they have the teachers and resources needed on the first day of school. After determining [which school](#) your child will attend, parents/caregivers may prepare for registration by [gathering documents](#) and completing forms. For details and language support, please visit the [Kindergarten Registration](#) page.
- **Have an unforgettable experience at the FCPS Summer Extravaganza!**
 The Summer Extravaganza is FREE and will take place:
 Date: Saturday, June 1
 Time: 9:30 a.m. to 2:30 p.m.
 Location: Woodson High School - Parking Lot
 9525 Main St, Fairfax, VA 22031
 Registration will help us coordinate logistics but is not required.
 Language interpretation services will be available.
[Register TODAY!](#)

Fairfax County
PUBLIC SCHOOLS
ENGAGE • INSPIRE • THRIVE

Summer Extravaganza
 Saturday, June 1, 2024
 9:30 a.m. - 2:30 p.m.
 Interpreter services will be available.

Discover Exciting Summer Learning Activities and Ideas!

Location:
 Woodson High School
 9525 Main St.
 Fairfax, VA 22031

Fun, Creative & Educational outdoor activities

Outdoor Games, Story Telling, Learning Actives, Interactive Games, Petting Zoo, Food, Music, etc

www.fcps.edu/SummerExtravaganza

- **The Fairfax County Health Department invites families** to an engaging, free community event centered around healthy and active living! Healthy Together Fairfax will be held on **Sunday, May 19th, from 12-3pm** at Franconia Park. For more information, please visit: https://www.pophealthllc.com/healthy-together-fairfax?utm_medium=social&utm_source=facebook
- **May is National Speech-Language-Hearing Month!** Throughout the month Fairfax County Health Department's Speech and Hearing program will offer free speech screenings (testing) for children ages 3 – 7 years at several county libraries. No appointments are necessary, screening is first-come, first-served at multiple locations.

FAIRFAX COUNTY HEALTH DEPARTMENT
FREE SPEECH SCREENINGS
 FOR CHILDREN AGES 3 - 7 YEARS

Chantilly Regional Library
 Friday, May 3

Herndon Fortnightly Library
 Saturday, May 11

City of Fairfax Regional Library
 Monday, May 20
 Thursday, May 23

Burke Centre Library
 Thursday, May 23

Centreville Regional Library
 Friday, May 24

Reston Regional Library
 Tuesday, May 30

- [Parenting Education Programs | Family Services The Department of Family Services](#) offers free services to help families develop important skills to grow healthy relationships with their children. These classes teach positive and effective ways parents can interact with their children at every age and stage of development. Please [CLICK HERE](#) for information regarding classes and to participate in their Virtual Parent Cafes.

- **[SACC registration](#) is now open** for the 2024-25 school year and the [Camp Fairfax](#) summer program.
Fairfax County Government's School Age Child Care (SACC) program provides fun, safe, and educational care for children in kindergarten through sixth grade. Care is available before school, after school, and during school breaks in select Fairfax County public elementary schools and community centers.
- **INOVA Cares Clinic for Children has opened a clinic** on the lobby level of 6400 Arlington Blvd. in Falls Church. This is a walk-in clinic, so staff operates on a first-come, first-served basis. Patients must be registered as INOVA Cares patients, and only certain medical conditions can be addressed at this location. [Please see here for more information.](#)
- **The Fairfax County Health Department** has shared a comprehensive document that provides several health care options for families. The [Health Safety Net Services list](#) has information from HealthWorks, Neighborhood Health, INOVA clinics, and others. Save this for future reference!
 - [Neighborhood Health flyer](#)
 - [HealthWorks flyer](#)
 - [Mason and Partners flyer](#)
- **Parenting Education Programs and Workshops**
For more information or to enroll in a class, please email buildingstrongfamilies@fairfaxcounty.gov or Parent Support Line at 703-324-7720. <https://www.fairfaxcounty.gov/familyservices/children-youth/parenting-education-programs>
- **Parent Encouragement Program** "*Encouraging Parents, Enriching Families*" (webinars, in-person programs, podcasts, videos) <https://pepparent.org/>
- **Military Families Resources**
<https://www.fcps.edu/registration/military-families>

- **Check out the Library Events:**

Burke Centre

<https://librarycalendar.fairfaxcounty.gov/calendar?cid=6524&t=d&d=0000-00-00&cal=6524&cm=3436&inc=0>

Kings Park

<https://librarycalendar.fairfaxcounty.gov/calendar?cid=6524&t=d&d=0000-00-00&cal=6524&cm=3446&inc=0>

Pohick Library

6450 Sydenstricker Rd
Burke, VA, 22015-4274

<https://librarycalendar.fairfaxcounty.gov/calendar?cid=6524&t=d&d=0000-00-00&cal=6524&cm=3452&inc=0>

- **Whitman Family Market** hosted by Whitman Middle School where they distribute fresh produce and pantry staples to approximately 200 families in our community. This food is free of charge for all who participate.



LBSS EVENTS:

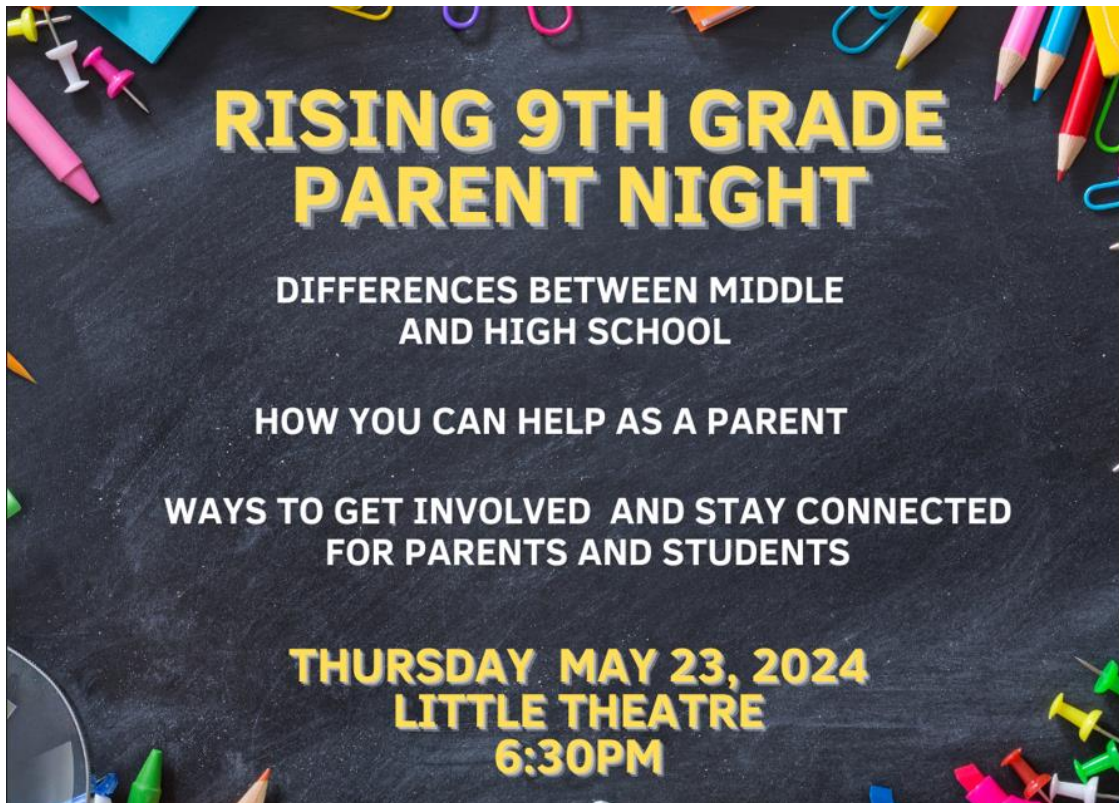
- Lake Braddock Parent Teacher Student Association (PTSA)

Join PTSA: <https://lbspsa.org/>

- **Adults Volunteers needed for the 2024 All Night Graduation Party**, approximately 250 volunteers are needed to run this party safely while allowing for a variety of activities for the graduates to participate in. Please scroll through the areas where volunteers are needed and sign up where you can. There are two shifts, **10:30pm-2am** and **1:30am-5am**. You can work both if you would like! Set up occurs (**8:30pm-11:00pm**) before the party and clean-up is after the party (**4:30am-6:00am**) and is open to all!

<https://lbspsa.org/f/our-seniors-need-your-help-for-angp>

- **Rising 9th grader Parent Night on Thursday May 23rd**



- **Need activating your ParentVUE account?**

[SIS ParentVue videos](#) are available on the FCPS website. SIS ParentVue is an invaluable tool for families to stay connected to their students' learning, especially in middle and high school.

YOUTH OPPORTUNITIES:

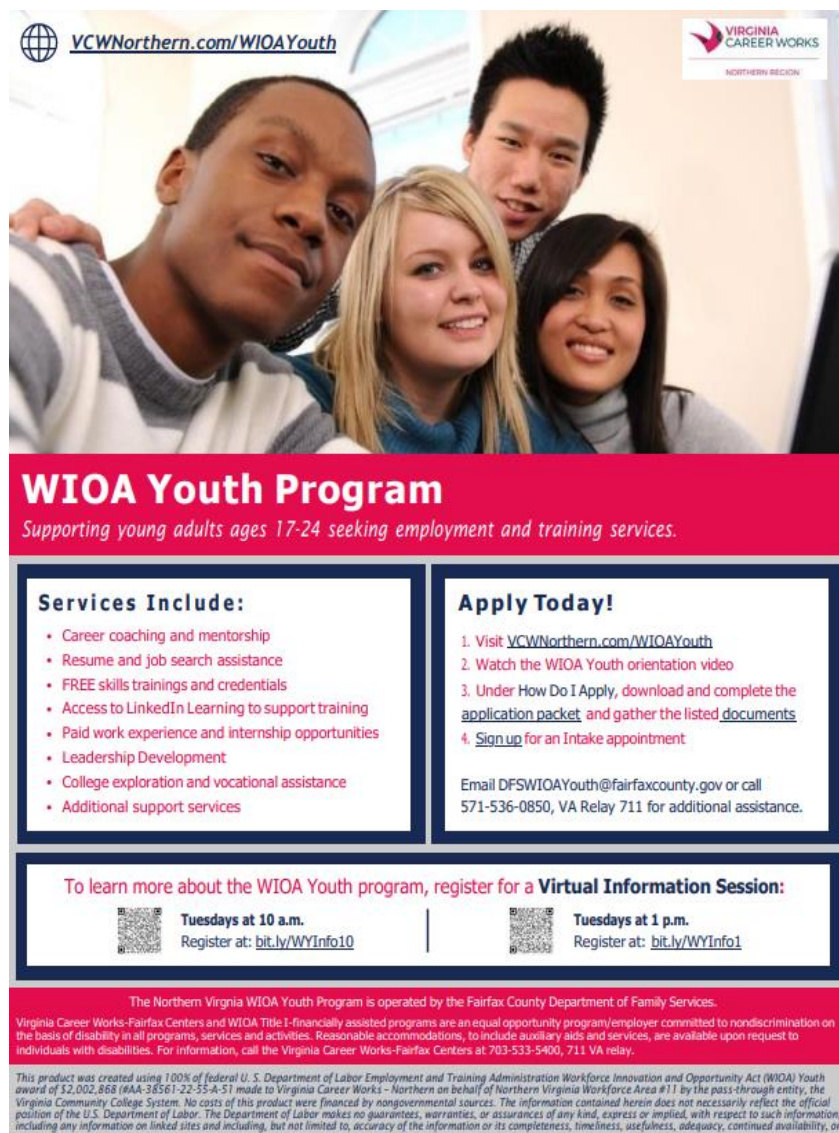
- **Work Force Innovation and Opportunity Act (WIOA) Youth Program**

This program support students who are not quite sure what career path they may want to take and usually for those who are going to be staying in the northern Virginia area.

WIOA has information sessions that you are welcome to attend on Tuesdays and the information to attend those are on the flier below.

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<https://vcwnorthern.com/wioayouth/>



[VCWNorthern.com/WIOAYouth](https://vcwnorthern.com/wioayouth/)

VIRGINIA CAREER WORKS
NORTHERN REGION

WIOA Youth Program

Supporting young adults ages 17-24 seeking employment and training services.

Services Include:


- Career coaching and mentorship
- Resume and job search assistance
- FREE skills trainings and credentials
- Access to LinkedIn Learning to support training
- Paid work experience and internship opportunities
- Leadership Development
- College exploration and vocational assistance
- Additional support services


Apply Today!

1. Visit [VCWNorthern.com/WIOAYouth](https://vcwnorthern.com/wioayouth/)
2. Watch the WIOA Youth orientation video
3. Under How Do I Apply, download and complete the [application packet](#) and gather the listed [documents](#)
4. [Sign up](#) for an Intake appointment

Email DFSWIOAYouth@fairfaxcounty.gov or call 571-536-0850, VA Relay 711 for additional assistance.

To learn more about the WIOA Youth program, register for a **Virtual Information Session:**

 **Tuesdays at 10 a.m.**
Register at: bit.ly/WYInfo10

 **Tuesdays at 1 p.m.**
Register at: bit.ly/WYInfo1

The Northern Virginia WIOA Youth Program is operated by the Fairfax County Department of Family Services.

Virginia Career Works-Fairfax Centers and WIOA Title I-financially assisted programs are an equal opportunity program/employer committed to nondiscrimination on the basis of disability in all programs, services and activities. Reasonable accommodations, to include auxiliary aids and services, are available upon request to individuals with disabilities. For information, call the Virginia Career Works-Fairfax Centers at 703-533-5400, 711 VA relay.

This product was created using 100% of federal U.S. Department of Labor Employment and Training Administration Workforce Innovation and Opportunity Act (WIOA) Youth award of \$2,002,868 (AAA-38561-22-55-A-51) made to Virginia Career Works - Northern on behalf of Northern Virginia Workforce Area #11 by the pass-through entity, the Virginia Community College System. No costs of this product were financed by nongovernmental sources. The information contained herein does not necessarily reflect the official position of the U.S. Department of Labor. The Department of Labor makes no guarantees, warranties, or assurances of any kind, express or implied, with respect to such information, including any information on linked sites and including, but not limited to, accuracy of the information or its completeness, timeliness, usefulness, adequacy, continued availability, or

- **Dominion Hospital** will be hosting an Open House on May 20. The tour will include information about Outpatient Services and PHP and IOP programs, as well as School Avoidance Program for adolescence ages 13-17 years old.
[RSVP: Homa.Mohammadi@hcahealthcare.com](mailto:Homa.Mohammadi@hcahealthcare.com)

May Mental Health Awareness Month

**Dominion Hospital
CHOICES Outpatient Program
Tea & Tours Open House**

**Join us for a cup of tea
or an iced tea at our
Outpatient Open House**

**Monday, May 20
2:00 p.m. – 6:00 p.m.
6565 Arlington Blvd., Suite 101
Falls Church, VA 22042**

**Free parking*



OUTPATIENT SERVICES AND TOURS WILL INCLUDE:

Adolescent Partial Hospitalization Program (PHP) & Intensive Outpatient Program (IOP)
Tour the 5th floor where we program Monday-Friday for PHP from 9:00am-3:00pm in addition to IOP, Tuesday-Thursday from 4:30pm-7:30pm for adolescents ages 13 – 17 years old.

School Avoidance Program

We are thrilled to relaunch our school refusal program serving youth ages 13-17 who refuse to attend school on a regular basis, or have difficulty remaining at school. The program elements include CBT and DBT skills training, parent training, mindfulness, exposure therapy, psychoeducation, therapeutic homework and logbooks, and expressive therapy.

Meet the team, explore the outpatient adolescent and adult space and learn more about our PHP, IOP, and school avoidance program.

RSVP: Homa.Mohammadi@hcahealthcare.com



❖ **Apprenticeship Opportunity for Juniors and Seniors**

How to register:

- Online by clicking [here](#)
- By calling (703) 658-1201
- By emailing educationalcounseling@fcps.edu

NCCER CORE CONSTRUCTION SKILLS
APPRENTICESHIP
101

This rigorous program prepares you for ACE apprenticeship classes in Electrical, HVAC, and Plumbing as well as entry-level positions on project sites. Learn the basics in safety, hand and power tools, construction math, material handling, construction drawings, and employability skills. During this class you will:

- 1 LEARN THE BASIC SKILLS TO CONTINUE EDUCATION IN ANY APPRENTICEABLE TRADE
- 2 EARN 80 HOURS OF APPRENTICESHIP RELATED INSTRUCTION
- 3 EARN AN INDUSTRY-RECOGNIZED CREDENTIAL THROUGH THE NCCER REGISTRY SYSTEM
- 4 CONNECT WITH EMPLOYERS

Winter Session
2/5/24 - 5/29/24
Woodson High School
9525 Main Street
Fairfax, VA 22031
Monday & Wednesday
6PM - 9PM

Summer Session
6/28/24 - 7/12/24
Bryant High School
2709 Popkins Lane
Alexandria, VA 22306
Monday - Friday
8AM - 3PM

FCPS ACE
ADULT & COMMUNITY
EDUCATION

***DISCOUNTED TUITION COURTESY OF ACE FOUNDATION
DOES NOT INCLUDE \$35 TEXTBOOK FEE AND \$5 LAB FEE**

FOR MORE
INFORMATION CONTACT
EDUCATIONALCOUNSELING@FCPS.EDU

ACECLASSES.FCPS.EDU

JOB READINESS AND EMPLOYMENT OPPORTUNITIES

- **Britepaths and [the Financial Empowerment Center at South County](#)** are offering free virtual consulting services and workshops to help with your personal finances, job search and more.
 - Financial Mentoring: Work with a dedicated trained volunteer virtually for six months or more on your financial goals. The volunteer is there to guide you and teach you skills pertinent to your life! If interested, please email CRogers@Britepaths.org
 - One-on-One, Confidential Coaching: Free and Confidential Coaching and Consulting. To book an appointment call 703.704.6101 or email info@FECSoco.org, or click here : <https://fecso.com/timetap.com/#/>
- **Supplemental Nutrition Assistance Program Employment and Training (SNAPET)**

If you are a SNAP recipient, you have access to employment services through the SNAP Employment and Training Program! For additional details, please refer to links below.

Visit the website:

<https://www.fairfaxcounty.gov/familyservices/employment-and-training/supplemental-nutrition-assistance-program-employment-and-training>

OTHER RESOURCES

- **The Fairfax County Health Department offers maternal child health home visiting services** through: **Nurse-Family Partnership®** and **Maternal Child Health Field Nurse** programs. The Public Health Nurses provide comprehensive, multifaceted care to clients, targeting a multitude of stressors such as low socioeconomic status, history of trauma or abuse, and mental health conditions in order to promote positive health outcomes. You can fill out and return the [Maternal Child and Family Support Home Visiting Programs Referral Form](#) to have a staff member contact you about home visiting services. <https://www.fairfaxcounty.gov/health/maternal-child-health>

- **Pet Resource Center**

Looking for cost-effective pet vaccinations, help with pet food or supplies, details about PetHaven Program, or tips on finding affordable veterinary care? Check flyer below.

Fairfax County Animal Shelter's Pet Resource Center provides community- based resources and support anchored in keeping more pets with the families who love them. By identifying resource gaps experienced by Fairfax County residents, our Pet Resource Center works to prevent the rehoming of companion animals due to inequitable pet assistance services.

<https://www.fairfaxcounty.gov/animalshelter/petresources>

Pet Resource Center



About our Pet Resource Center

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Pet Resource Center Services

Vaccine and Microchip Clinics: These monthly clinics offer Fairfax County residents low-cost core vaccines and microchips.

Pet Pantry: Our pet pantry provides pet food and other supplies for Fairfax County residents facing hardship.

Upcoming 2024 Services

Low-Cost Spay and Neuter Options: Our Pet Resource Center will provide affordable spay and neuter options for low-income Fairfax County residents in 2024. This initiative includes a voucher program where residents can apply for a voucher to have their pet spayed or neutered at a local veterinary clinic.

[FAIRFAXCOUNTY.GOV/ANIMALSHELTER/PETRESOURCECENTER](https://www.fairfaxcounty.gov/animalshelter/petresourcecenter)

ENGLISH CLASSES

- **FCPS - Adult English for Speakers of Other Languages (ESOL)-** Click on the link below for more information about testing locations for classes.
<https://www.fcps.edu/academics/adult-education-academics/esol-classes>
- **English Empowerment Center:** Do you know someone who wanted to register for class with the Empowerment Center but missed the registrations? They can fill out the [Information Request Form](#) to hear about upcoming spring classes. The Center also encourages students to study on their own with [USA Learns](#).

<https://englishempowermentcenter.org/>

- **Fellowship Baptist Church:**

<https://www.fellowshipbaptistva.org/english-classes>