

Hello Lake Braddock Families,

Please find all the information and resources for this week in our Newsletter below:

COMMUNITY EVENTS AND ENGAGEMENT OPPORTUNITIES

- Community meetings regarding FCPS' division wide boundary review will take
 place in each of the division's six regions. We encourage you to attend the meeting in your
 region, but you may attend another if it is more convenient.
 - Wednesday, December 18, 6:30-8 p.m., Madison High School Cafeteria, Region 1

To register and to get more information, visit the <u>Comprehensive School Boundary</u> <u>Review</u> webpage for more information.

Language interpretation will be available.

NOVA VIRTUAL SESSIONS - FOR ALL HIGH SCHOOL SENIORS & PARENTS!
 Join a webinar to explore program options, gain an understanding of NOVA student support resources, and learn how to enroll in classes. All sessions begin at 6:30pm and run for approximately one hour. Concurrent Spanish-speaking sessions will be available on February 20th and April 22nd.



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Discover NOVA Information Session

Discover how NOVA is right for you. Join our Virtual Discover NOVA webinar to explore program options, gain an understanding of our student support resources, and learn how to enroll in classes.

December 12, 2024 (Thursday)
Register here: bit.lv/novahsdec

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January 22, 2025 (Wednesday)
Register here: bit.lv/novahsjan

February 20, 2025 (Thursday)
Register here: bit.ly/novahsfeb

Get Nighthawk Ready

You've applied, now get ready to enroll in classes. Join us to learn about completing the advising survey, logging into myNOVA, course modalities, student and academic resources, financial aid, scholarships, and more.

March 19, 2025 (Wednesday)

Register here: bit.ly/novahsmarch

April 22, 2025 (Tuesday)

Register here: bit.ly/novahsapril

Open to any public or private school students. For questions, contact: admissions@nvcc.edu



Holiday Events happening at Fairfax County Park Authority.

https://www.fairfaxcounty.gov/parks/park-news/2024/happy-holidays-fairfax-county-park-authority

Fairfax County Park Authority winter class registration

As we prepare to connect with family and friends, allow the Park Authority to set the table for winter break classes and events. Gratitude and thanks pair perfectly with winter wellness and recreation. Swim, dance, stretch, craft, farm, or dig into nature and history to usher in the cool vibes of the season.

See the Parktakes catalog and registration information HERE.

 Franconia District Food Distributions will take place on Sunday, December 15th at the Springfield Resource Center and St. Mark's Lutheran Church from 10 a.m. to 3 p.m. while supplies last.

FRANCONIA DISTRICT FOOD DISTRIBUTIONS

Saturday, December 14th - 10 AM - 3 PM WHILE SUPPLIES LAST

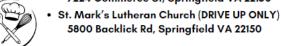


- Hybla Valley Community Center (WALK-IN ONLY)
 7950 Audubon Ave, Alexandria VA 22306
- Gerry Hyland Government Center (DRIVE UP ONLY)
 8350 Richmond Hwy, Alexandria VA 22306



Sunday, December 15th - 10 AM - 3 PM WHILE SUPPLIES LAST

Springfield Resource Center (WALK-IN ONLY)
 7224 Commerce St, Springfield VA 22150





1,000 Boxes of Food!

Each Box – 2 Weeks' Worth of Food

Each Box Has Oats, Corn Grits, Chicken, Flour, Beans/Lentils, Yogurt, Farina, and Rice

NO FOOD DONATIONS ACCEPTED

PRESENTED BY FRANCONIA DISTRICT SUPERVISOR RODNEY LUSK IN PARTNERSHIP WITH DE LUNE CORP

The Office of Supervisor Rodney L. Lusk





 Where to Get Immunization - Fairfax County Health Department - Immunization Clinics call 703-246-7100 for appointments.

https://www.fairfaxcounty.gov/health/immunization/locations

https://www.fcps.edu/immunization-resources

• The Fairfax County Health Department has shared a comprehensive document that provides several health care options for families. Click on the link below to review the Health Safety Net Services list:

https://www.fairfaxcounty.gov/health/sites/health/files/assets/documents/pdf/nova-safety-net-providers.pdf

FAMILY RESOURCES:

• Family and School Partnerships is very excited to offer Parent Project workshop for Arabic Speaking families! This division wide class will be conducted virtually, and registration is now open. Parent Project is a 10-week course designed to empower families and transform teens. Families will gain tools to learn (1) how to build a positive relationship with their child, (2) ways to prevent or intervene in alcohol and drug use, disruptive behavior at home and gang affiliation, and (3) ways to explore concrete solutions for active supervision. Classes are FREE, and they meet once a week for 2 hours each class.



- From Caregiver to Breadwinner: Empowering Underserved Women with the Skills to Move into the Technology Workforce" at Marymount University's Center for the Innovative Workforce is a no-cost 12-week training program designed to help women gain new skills and find higher-paying, more flexible jobs in Virginia's technology industry as help-desk technicians. The program focuses on minority populations who are in caregiver roles and is currently recruiting participants for its spring cohort. You can learn more and access the application at https://fromcaregivertobreadwinner.wordpress.com.
- The NEW <u>FCPS Family Academy</u> promotes connections and collaborations between families, educators, and the community. They have classes, webinars, workshops, and programs offered by Fairfax County Public Schools to help families support their students' needs and learning at home.
- Register for <u>FREE online webinars</u> offered by the Family Resource Center. There is also a library of <u>archived webinars and workshops</u> with great resources to families.

December 20, 2024, 8:30 a.m.-3:30 p.m. - Youth Mental Health First Aid (in-person course)

Sign up for the FRC newsletter

- FCPS <u>Digital Resources Information for Families and Educators</u> follow the link and you will find resources from FCPS and the community on a wide variety of topics to help families and educators support student success. Email <u>frc@fcps.edu</u> or call <u>703-204-3941</u> the <u>Family Resource Center</u> for more information.
- The Getting to Know FCPS interactive orientation seminar provides information about the school system, the links between family engagement and student achievement, school staff you should know, and programs and technology considerations for families. The orientation includes a discussion that is helpful for families new to the United States. The Family Page has registration information and dates this orientation will be offered in English, Arabic, Korean, and Spanish.
- Varsity Tutors- Online Tutoring Services at no cost to families FCPS is partnering
 with Varsity Tutors to provide students and families with extra resources for learning (no
 longer Tutor.com). Every student can take advantage of Varsity Tutors' services, at no cost,
 including weekly live online classes, on demand 24/7 chat tutoring, essay editing, study
 resources such as recorded content, practice problems, and diagnostic tests. Learn more
 HERE.

School Attendance at Lake Braddock Secondary School - Parents and caregivers can
now report up to two consecutive full-day absences using ParentVUE. Click on the link
below to learn how to do it. school attendance.

https://lakebraddockss.fcps.edu/attendance-reporting

Need to activate your ParentVUE account?

<u>SIS ParentVue videos</u> are available on the FCPS website. SIS ParentVue is an invaluable tool for families to stay connected to their students' learning, especially in middle and high school.

To obtain a ParentVUE activation code for Lake Braddock SS contact:

Middle Shool: Angela Santizo assantizo@fcps.edu

High School: Sandra Coleman SMColeman@fcps.edu

 Parent Advocacy Handbook, this contains answers to the many questions parents or guardians may have about the school system and how they can best advocate for their student at the various stages of their school experience. https://www.fcps.edu/parentadvocacyhandbook

• <u>Youth Behavioral Health Services Extend to Local Community Centers</u> Mental health support for children and youth is a priority for Fairfax County.

Community-based behavioral health services for youth and families are now available at three community centers. These centers will provide evidence-based treatment to individuals ages 5 to 18 in need of behavioral health services.

Mental health support for children and youth is a priority for Fairfax County, and our <u>Fairfax-Falls Church Community Services Board (CSB)</u> is now offering new community-based behavioral health services for youth and families at three community centers.

- JSSA/ Healthy Minds Fairfax JSSA Transitions Program provides care coordination, linkages to community resources and supports, and peer-to-peer support for transition-age youth (16 – 25 years of age) who are:
 - Experiencing intensive needs across multiple life domains
 - Not currently being served by other care coordination or case management programs.

The program is provided free of charge to any eligible residents of Fairfax County.

For more information contact: Andrea Carpenter, JSSA- 240-673-1042 and acarpenter@jssa.org

- <u>Parent Encouragement Program</u> "Encouraging Parents, Enriching Families" (webinars, inperson programs, podcasts, videos) https://pepparent.org/
- Parenting Education Program through Fairfax County

https://www.fairfaxcounty.gov/familyservices/children-youth/parenting-education-programs?utm medium=email&utm source=govdelivery#classes

Military Families Resources

https://www.fcps.edu/registration/military-families

Check out the Library Events:

Burke Centre

https://librarycalendar.fairfaxcounty.gov/calendar?cid=6524&t=d&d=0000-00-00&cal=6524&cm=3436&inc=0

Kings Park

 $\frac{https://librarycalendar.fairfaxcounty.gov/calendar?cid=6524\&t=d\&d=0000-00-00000\&cal=6524\&cm=3446\&inc=0$

Pohick Library

6450 Sydenstricker Rd Burke, VA, 22015-4274

https://librarycalendar.fairfaxcounty.gov/calendar?cid=6524&t=d&d=0000-00-00&cal=6524&cm=3452&inc=0

LBSS EVENTS:

Join the Lake Braddock Parent Teacher Student Association (PTSA)

https://lbssptsa.org/

Next meeting: Monday January 27th from 7-8pm- Library room 3, enter through door 1

YOUTH OPPORTUNITIES:

 Scholarship Information, in addition to Naviance being the database for scholarships, there is now an FCPS public webpage that includes scholarships available to all FCPS students.

https://www.fcps.edu/scholarships-fcps-students

NOVA's Early Online College (EOC) - Registration Open!

https://www.nvcc.edu/admissions/dual-enrollment/early-online-college.html

- A completed application for Early Online College is due by 5:00 p.m. on Wednesday, January 8, 2025.
- Online courses begin on February 4, 2025 and end on April 28, 2025.
- EOC Information Session Recording HERE. Passcode: Z3U=x+UY
- View full list of courses you can take through EOC HERE.
- Criteria for Participation in Dual Enrollment HERE.

• Look to the Future!

College and Postsecondary virtual recordings now available. Recordings include:

- Paying for College
- Exploring Naviance Student
- Considerations for Students with Disabilities in High School vs. College
- AP, DE, and IB in FCPS
- Standarized Testing in the College Process
- Scholarship 101
- NOVA: The Community College Option
- Are you Common App Ready
- NOVA: La Opcion del Colegia Comunitario
- NOVA: Certificates & Workforce Development Programs

https://www.fcps.edu/academics/academic-and-career-plans/college-education-planning/events-college-and-career-planning#virtual-postsecondary-nights

ARE YOU INTERESTED IN A CAREER IN COSMOTOLOGY? Check out the link below.
 https://www.hairdresserstrong.com/shadow-program

Earn College Credit with FCPS ACE

Earn college credit online, anytime, with FCPS ACE! Eighteen classes, across business, apprenticeship, and health & medical are now certified for college credit through the American Council on Education. These courses provide a pathway to academic credit, facilitating transitions to college and career success. To register click **HERE**

Certified courses are offered in the following areas: **Health & Medical, Education, IT/Cyber, Business.**



https://fairfaxacademy.fcps.edu/registration-auditions

JOB READINESS AND EMPLOYMENT OPPORTUNITIES

- BritePaths and the Financial Empowerment Center at South County are offering
 free virtual consulting services and workshops to help with your personal finances, job
 search and more.
 - Financial Mentoring: Work with a dedicated trained volunteer virtually for six months or more on your financial goals. The volunteer is there to guide you and teach you skills pertinent to your life! If interested, please email CRogers@Britepaths.org
 - One-on-One, Confidential Coaching: Free and Confidential Coaching and Consulting. To book an appointment call 703.704.6101 or email info@FECSoCo.org, or click here: https://fecsoco.timetap.com/#/
- **BritePaths Workforce Development-** helps Northern Virginia job seekers navigate the job search process and find meaningful employment. It is designed to work with under- or unemployed men and women in an individualized and coordinated way to ensure that their workforce development needs are met. All services are free, and most are offered virtually.

https://britepaths.org/our-services/workforce-development/

ENGLISH AS A SECOND LANGUAGE CLASSES

- FCPS Adult English for Speakers of Other Languages (ESOL) Click on the link below for more information about testing locations for classes. https://www.fcps.edu/academics/adult-education-academics/esol-classes
- English Empowerment Center: Do you know someone who wanted to register for class
 with the Empowerment Center but missed the registrations? They can fill out
 the <u>Information Request Form</u> to hear about upcoming spring classes. The Center also
 encourages students to study on their own with <u>USA Learns</u>.

https://englishempowermentcenter.org/

Fellowship Baptist Church:

https://www.fellowshipbaptistva.org/english-classes