



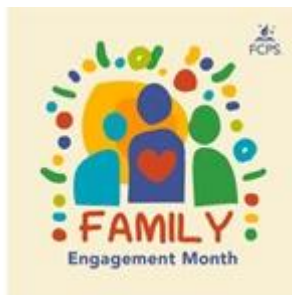
11/22/2024

Hello Lake Braddock Families,

Please find all the information and resources for this week in our Newsletter below:

COMMUNITY EVENTS AND ENGAGEMENT OPPORTUNITIES

- **November is National Family Engagement Month-** This month reminds us that families are children's first and most important teachers, advocates, and nurturers. Over 40 years of research shows that the most effective way to increase student achievement is for families to be actively involved in the education of their children. The importance of family engagement will be highlighted during the month of November as we celebrate and strengthen family school partnerships together. Check the link below that contains a family activity calendar, ideas and resources for families. <https://www.fcps.edu/november-family-engagement-month>



- **Community meetings regarding FCPS' division wide boundary review will take place** in each of the division's six regions. We encourage you to attend the meeting in your region, but you may attend another if it is more convenient.
 - **Monday, December 2**, 6:30-8 p.m., Westfield High School Cafeteria, Region 5.
 - **Tuesday, December 3**, 6:30-8 p.m., Lake Braddock Secondary School Cafeteria, Region 4.
 - **Monday, December 9**, 6:30-8 p.m., Mount Vernon High School Cafeteria, Region 3.
 - **Thursday, December 12**, 6:45-8:15 p.m., Annandale High School Cafeteria, Region 6.
 - **Wednesday, December 18**, 6:30-8 p.m., Madison High School Cafeteria, Region 1.

To register and to get more information, visit the [Comprehensive School Boundary Review](#) webpage for more information.

Language interpretation will be available.

- **Bienvenido's Todos will host webinar-format presentations on disability resources and services**, especially for Latinos with disabilities, their families, caregivers, advocates, and those who provide services to Latinos. The monthly webinars will cover disability-related topics, especially as they relate to Latinos and their different states of residence.
- Webinars are available in English and Spanish.
- For more information: [Welcome All Webinar Series — ECVN](#)
- English registration: [Webinar Registration - Zoom](#)

- **Where to Get Immunization - Fairfax County Health Department - Immunization Clinics call 703-246-7100 for appointments.**

<https://www.fairfaxcounty.gov/health/immunization/locations>

<https://www.fcps.edu/immunization-resources>

- **The Fairfax County Health Department** has shared a comprehensive document that provides several health care options for families. Click on the link below to review the Health Safety Net Services list:
<https://www.fairfaxcounty.gov/health/sites/health/files/assets/documents/pdf/nova-safety-net-providers.pdf>
- **Fairfax Connector's Transit Ridership Incentive Program (TRIP)** provides 50% off fares for low-income residents ages 18-65. Learn more about the [TRIP program and how to apply](#).
- **[Women Giving Back](#)** is a non-profit organization that provides clothing and shoes to women and children in crisis. Please check the shopping guideline [video here](#).

Clients can shop at the boutique 4 times a year. Women Giving Back operates in 2 seasons - Spring/Summer (April-September) and Fall/Winter (October-March).

- **Fairfax County's Farmers Markets** have raised the amount of **matching dollars for fruits and vegetables up to \$40 per week** this season. Families who qualify can get these double SNAP funds when they shop with their EBT card at the markets. See locations and details on this link: <https://www.fairfaxcounty.gov/parks/farmersmarkets>

- **JA Finance Park® (JAFFP)** is an innovation in experiential education designed to prepare our region's youth for life and work in the real world. Eighth grade student in FCPS visit this facility and learn about financial responsibility and accountability. JAFFP is looking for multilingual volunteers to better accommodate our diverse population. Please review this link for more information: <https://www.myja.org/volunteer>
- **Healthy Homes Fairfax** By maintaining a healthy home, you can reduce your exposure to health hazards. Healthy homes help us make our neighborhoods and communities stronger. Click the link above for more information.

FAMILY RESOURCES:

- **The NEW FCPS Family Academy** promotes connections and collaborations between families, educators, and the community. They have classes, webinars, workshops, and programs offered by Fairfax County Public Schools to help families support their students' needs and learning at home.
- **Register for FREE online webinars offered by the Family Resource Center.** There is also a library of [archived webinars and workshops](#) with great resources to families.

December 6, 2024 10-11:30 a.m. - [Stress Less, Enjoy More. Reducing Stress and Increasing Happiness: A Webinar for Families](#)

December 13, 2024 10-11:30 a.m. - [Protecting Kids Against Digital Exploitation: Keeping Kids Safe Online](#)

December 20, 2024, 8:30 a.m.-3:30 p.m. - [Youth Mental Health First Aid](#) (in-person course)

Sign up for the [FRC newsletter](#)

- **FCPS Digital Resources - Information for Families and Educators** - follow the link and you will find resources from FCPS and the community on a wide variety of topics to help families and educators support student success. Email frc@fcps.edu or call **703-204-3941** the [Family Resource Center](#) for more information.
- The **Getting to Know FCPS** interactive orientation seminar provides information about the school system, the links between family engagement and student achievement, school staff you should know, and programs and technology considerations for families. The orientation includes a discussion that is helpful for families new to the United States. Sessions in English will be held online on Tuesday, **December 10th**, at 6 p.m.; and Thursday, **December 19th**, at

6 p.m. The [Family Academy Catalog](#) page has registration information and dates this orientation will be offered in Arabic, Korean, and Spanish.

- **Varsity Tutors- Online Tutoring Services at no cost to families** - FCPS is partnering with **Varsity Tutors** to provide students and families with extra resources for learning (no longer Tutor.com). Every student can take advantage of Varsity Tutors' services, at no cost, including weekly live online classes, on demand 24/7 chat tutoring, essay editing, study resources such as recorded content, practice problems, and diagnostic tests. Learn more [HERE](#).
- **School Attendance at Lake Braddock Secondary School** - Parents and caregivers can now report up to two consecutive full-day absences using **ParentVUE**. Click on the link below to learn how to do it. [school attendance](#).

<https://lakebraddockss.fcps.edu/attendance-reporting>

- **Need to activate your ParentVUE account?**

[SIS ParentVue videos](#) are available on the FCPS website. SIS ParentVue is an invaluable tool for families to stay connected to their students' learning, especially in middle and high school.

To obtain a ParentVUE activation code for Lake Braddock SS contact:

Middle School: Angela Santizo assantizo@fcps.edu

High School: Sandra Coleman SMColeman@fcps.edu

- **Parent Advocacy Handbook**, this contains answers to the many questions parents or guardians may have about the school system and how they can best advocate for their student at the various stages of their school experience.
<https://www.fcps.edu/parentadvocacyhandbook>
- **[Youth Behavioral Health Services Extend to Local Community Centers](#)** Mental health support for children and youth is a priority for Fairfax County. Community-based behavioral health services for youth and families are now available at three community centers. These centers will provide evidence-based treatment to individuals ages 5 to 18 in need of behavioral health services.

Mental health support for children and youth is a priority for Fairfax County, and our [Fairfax-Falls Church Community Services Board \(CSB\)](#) is now offering new community-based behavioral health services for youth and families at three community centers.

- **JSSA/ Healthy Minds Fairfax JSSA** Transitions Program provides care coordination, linkages to community resources and supports, and peer-to-peer support for transition-age youth (16 – 25 years of age) who are:
 - Experiencing intensive needs across multiple life domains
 - Not currently being served by other care coordination or case management programs.

The program is provided free of charge to any eligible residents of Fairfax County.

For more information contact: Andrea Carpenter, JSSA- 240-673-1042 and acarpenter@jssa.org

- **Computer CORE** offers *FREE, online*, basic computer skills classes to adults 18 and over in Virginia. Classes are taught online over Zoom for three 10-week terms per year: Winter (Jan-Mar), Spring (Apr-June) and Fall (Sept-Nov).
<https://www.computercore.org/>
- **Parent Encouragement Program** "*Encouraging Parents, Enriching Families*" (webinars, in-person programs, podcasts, videos) <https://pepparent.org/>
- **Parenting Education Program through Fairfax County**
https://www.fairfaxcounty.gov/familyservices/children-youth/parenting-education-programs?utm_medium=email&utm_source=govdelivery#classes
- **Jill's House Weeknight Program-** Jill's House is a Christian nonprofit organization that provides families raising kids with intellectual disabilities, ages 6-22, with short-term overnight respite care in the DC metro area and around the country. Kids enjoy fun activities tailored to their interests and abilities for 24–48-hour stays, meanwhile their parents get a chance to rest and recharge. We offer care for the whole family through regularly scheduled typical sibling nights, parent support groups, and family retreats. Rest is vital for families raising kids with intellectual disabilities, due to the high amount of stress they face every day. Respite care is proven to reduce this stress by 60% within the first night and helps create a healthier environment of balance for the family as a whole.
For more information visit the website: <https://jillshouse.org/>

- **Military Families Resources**

<https://www.fcps.edu/registration/military-families>

- **Check out the Library Events:**

Burke Centre

<https://librarycalendar.fairfaxcounty.gov/calendar?cid=6524&t=d&d=0000-00-00&cal=6524&cm=3436&inc=0>

Kings Park

<https://librarycalendar.fairfaxcounty.gov/calendar?cid=6524&t=d&d=0000-00-00&cal=6524&cm=3446&inc=0>

Pohick Library

6450 Sydenstricker Rd
Burke, VA, 22015-4274

<https://librarycalendar.fairfaxcounty.gov/calendar?cid=6524&t=d&d=0000-00-00&cal=6524&cm=3452&inc=0>

- **Northern Virginia Family Services** offers a prescription assistance program, eyeglasses assistance, and Medicaid support to families. For more information contact Karina Villanueva 571-435-6600

PHARMACY CENTRAL
A Prescription Assistance Program

Can't afford to pay for your medicine?
No puede pagar por sus medicinas?

We can help you get them!
Podemos ayudarle a conseguirlos!

FREE & LOW-COST MEDICINES
MEDICINAS GRATIS & DE BAJO PRECIO

FREE EYE GLASSES
LENTES GRATIS

We can also help you apply for **MEDICAID**
También podemos ayudarle en aplicar para **MEDICAID**



KARINA VILLANUEVA
TEL (571) 435-6600 / FAX (703) 368-2004
10056 DEAN DRIVE, MANASSAS, VA 20110

- [Early Childhood Registration | Fairfax County Public Schools](#) Information and resources for parents enrolling a child into Early Childhood Special Education, PreK, or the Early Head Start program. Click the link above for further information.
- **Explore Winter Camps and Classes through the Fairfax County Park Authority:**
<https://www.fairfaxcounty.gov/parks/camps>

<https://www.fairfaxcounty.gov/parks/parktakes>

LBSS EVENTS:

- **Hidden In Plain Sight presentation for Parents/Caregivers only, Wednesday December 4th from 6:30-8:30pm at Lake Braddock SS- Lecture Hall (B135)**

Space is limited, register in advance: <https://bit.ly/hipslbss2024>

HIDDEN IN PLAIN SIGHT

**PRESENTED BY
FAIRFAX COUNTY POLICE**

WHAT IS HIDDEN IN PLAIN SIGHT (HIPS)?

HIPS is a community awareness program designed to enlighten parents through a unique learning experience encompassing insights into trends and indicators of potentially risky behavior.

HIDDEN IN PLAIN SIGHT is an engaging presentation offering parents the opportunity to interact with police officers and various props. These props, either circulated or part of an exhibit resembling a teenager's bedroom, comprise over 100 items that could potentially indicate dangerous or risky behaviors.

Supplementing the props is a PowerPoint presentation and discussion covering topics such as alcohol, vaping, drugs, mental health, sexting, and other relevant subjects.

HIPS covers the following behaviors:

- Alcohol Use
- Marijuana
- Vaping
- Prescription Drugs
- Over the Counter Drugs
- Illicit Drugs
- Hidden Compartments
- Trending Clothing
- Mental Health
- Sexual Behaviors
- Other Risky Behaviors
- And More

Join Us!
Wednesday, December 4
6:30 p.m. - 8:30 p.m.
Lake Braddock Secondary School

RSVP: <https://bit.ly/hipslbss2024>

A Community Awareness Program for Parents presented by **FAIRFAX COUNTY POLICE**

- **Join the Lake Braddock Parent Teacher Student Association (PTSA)**

<https://lbspspta.org/>

YOUTH OPPORTUNITIES:

- **NOVA's Early Online College (EOC) - Registration Open!**

<https://www.nvcc.edu/admissions/dual-enrollment/early-online-college.html>

- A completed application for Early Online College is due by **5:00 p.m. on Wednesday, January 8, 2025.**
- Online courses begin on **February 4, 2025** and end on **April 28, 2025.**
- EOC **Information Session** Recording [HERE](#). Passcode: Z3U=x+UY
- View full list of courses you can take through EOC [HERE](#).
- Criteria for Participation in Dual Enrollment [HERE](#).

- **Earn College Credit with FCPS ACE**

Earn college credit online, anytime, with FCPS ACE! Eighteen classes, across business, apprenticeship, and health & medical are now certified for college credit through the American Council on Education. These courses provide a pathway to academic credit, facilitating transitions to college and career success. To register click [HERE](#)

Certified courses are offered in the following areas:

Health & Medical

- Certified Clinical Medical Assistant
- Certified EKG Technician
- Certified Phlebotomy Technician
- Clinical Dental Assistant
- Medical Billing & Coding
- Patient Care Technician
- Pharmacy Technician
- Sterile Processing Technician
- Veterinary Assistant

Education

- Child Development Associate
- Teacher's Aide with ParaPro Prep

IT/Cyber

- CompTIA A+ Certification Training

- CompTIA Network+ Certification Training
- CompTIA Security+ Certification Training

Business

- Entrepreneurship
 - Human Resources Professional
 - Professional Bookkeeping with QuickBooks
- **Look to the Future!**
College and Postsecondary virtual recordings now available. Recordings include:
 - Paying for College
 - Exploring Naviance Student
 - Considerations for Students with Disabilities in High School vs. College
 - AP, DE, and IB in FCPS
 - Standardized Testing in the College Process
 - Scholarship 101
 - NOVA: The Community College Option
 - Are you Common App Ready
 - NOVA: La Opcion del Colegio Comunitario
 - NOVA: Certificates & Workforce Development Programs

<https://www.fcps.edu/academics/academic-and-career-plans/college-education-planning/events-college-and-career-planning#virtual-postsecondary-nights>

- **Scholarship Information**, in addition to Naviance being the database for scholarships, there is now an FCPS public webpage that includes scholarships available to all FCPS students.

<https://www.fcps.edu/scholarships-fcps-students>

<https://fairfaxacademy.fcps.edu/registration-auditions>



FAIRFAX
Academy FOR COMMUNICATIONS & FINE AND PERFORMING ARTS

'25 OPEN HOUSE
2/4/25
6:30-7:30 PM
FAIRFAX ACADEMY
3501 LION RUN
FAIRFAX, VA. 22030

COME LEARN MORE ABOUT OUR EXCITING PROGRAMS IN COMMUNICATIONS & FINE AND PERFORMING ARTS FOR FCPS STUDENTS !

Course List
Arabic, ASL, Chinese, Dance, Fashion Careers, Game Design, Korean, Music & Computer Technology, Musical Theatre & Actor Studio, Pro Photo, and TV Media Production

Meet Our Staff!
See Lab Spaces!
Learn About our Classes!

Snow Date 2/11
fairfaxacademy.fcps.edu

QR code and school building icon

- **Now Open! Spring 2025 Children's Science Center Lab Internship**

We are excited to announce that the Spring 2025 Children's Science Center Lab Internship application is now open! Our programs would not be possible without the support of our community, so we thank you for passing this opportunity along to anyone who might be interested.

Application Link: <https://form.jotform.com/213445454775058>

Application Deadline: November 22, 2024, at 5:00 PM.

We recommend not waiting until the last day to submit your application just in case you encounter any technical issues. We do not accept late applications under any circumstance.

Interview Invites: Sent on or before December 18, 2024

Interview Date: January 11, 2025, 6:00-8:00. You must be in person for your interview, so please ensure you are available.

The Children's Science Center Lab Internship is available to high school students ages 16+ who have a passion for STEM learning. Interns will develop and practice professional skills at the Children's Science Center Lab while engaging in various hands-on activities. This internship is intended to provide an opportunity to students from communities who have been historically excluded from STEM professions (see application for more details.)

If you have any questions, please reach out to internships@childsci.org.

JOB READINESS AND EMPLOYMENT OPPORTUNITIES

- **BritePaths and [the Financial Empowerment Center at South County](#)** are offering free virtual consulting services and workshops to help with your personal finances, job search and more.
 - Financial Mentoring: Work with a dedicated trained volunteer virtually for six months or more on your financial goals. The volunteer is there to guide you and teach you skills pertinent to your life! If interested, please email CRogers@Britepaths.org
 - One-on-One, Confidential Coaching: Free and Confidential Coaching and Consulting. To book an appointment call 703.704.6101 or email info@FECSoco.org, or click here: <https://fecsoco.timetap.com/#/>
- **BritePaths Workforce Development-** helps Northern Virginia job seekers navigate the job search process and find meaningful employment. It is designed to work with under- or unemployed men and women in an individualized and coordinated way to ensure that their workforce development needs are met. All services are free, and most are offered virtually.
<https://britepaths.org/our-services/workforce-development/>

ENGLISH AS A SECOND LANGUAGE CLASSES

- **FCPS - Adult English for Speakers of Other Languages (ESOL)-** Click on the link below for more information about testing locations for classes.
<https://www.fcps.edu/academics/adult-education-academics/esol-classes>
- **English Empowerment Center:** Do you know someone who wanted to register for class with the Empowerment Center but missed the registrations? They can fill out the [Information Request Form](#) to hear about upcoming spring classes. The Center also encourages students to study on their own with [USA Learns](#).
<https://englishempowermentcenter.org/>

- **Fellowship Baptist Church:**

<https://www.fellowshipbaptistva.org/english-classes>