



Hello Lake Braddock Families,

10/18/2024

Please find all the information and resources for this week in our Newsletter below:

### COMMUNITY EVENTS AND ENGAGEMENT OPPORTUNITIES

- **FCPS College Fair and Look to the Future Events**

Fairfax County Public Schools high school students and their families are encouraged to participate in these events. **The 2024 College Fair will be held on Sunday, October 20, 2024, at George Mason University's Eagle Bank Arena from 4:00 - 6:30 pm.**

Approximately 220 colleges and universities will be represented, including two and four-year colleges and US Service Academies. **Following the fair, the Two-Night Postsecondary Virtual Event will be held on Monday, October 21, and Tuesday, October 22, 2024, from 5:00 - 8:00 pm.**

Please [register](#) for these events if they plan to attend. Both events will help students be better prepared for the next chapter of their educational journey.

<https://www.fcps.edu/event/2024-fcps-college-fair>

- **Community Conversations with FCPS Superintendent Dr. Reid:** Your voice matters, and Superintendent Dr. Michelle Reid wants to hear from you! This fall, a series of Community Conversations will be held across the school division. These events are an opportunity for you to share your thoughts and ask questions regarding FCPS. Events are planned for the following dates from 6:30 to 7:30 p.m.:

- **Monday, October 21,** at [Virginia Run Elementary School](#).
- **Wednesday, October 30,** at [Herndon Middle School](#).

Click the date above to register for the first session. Registration is not required but helps with planning. Childcare and interpretation services will be provided. Additional registration links will be available soon. Events are open to all. Find out about other [opportunities to connect with Dr. Reid](#).

- **Volunteer Fairfax VolunteerFest 2024**

Volunteer Fairfax will be facilitating [VolunteerFest](#) on **Friday, November 1<sup>st</sup> at the PARC at Tysons from 9:00am – 2:00pm**. Families who plan to participate are encouraged to [register](#). It should be a great day of service for our local community!

<https://www.volunteerfairfax.org/events/volunteerfest-2024/>

- **Where to Get Immunization - Fairfax County Health Department - Immunization Clinics call 703-246-7100 for appointments.**

<https://www.fairfaxcounty.gov/health/immunization/locations>

<https://www.fcps.edu/immunization-resources>

### Free Immunizations for All FCPS Students

Safeway Pharmacy will be providing immunizations for all FCPS students at no cost! Parents or guardians may [schedule an appointment](#) and [provide consent](#) for their student(s). The immunization clinics are being held at **Frost Middle School**, 4101 Pickett Rd. Fairfax, VA 22032, on:

- **Monday, October 28, 3-7 p.m.**
- **Tuesday, October 29, 3-7pm**

Walk-ins are welcome, but [appointments](#) are highly encouraged to avoid wait times.

- **The Fairfax County Health Department** has shared a comprehensive document that provides several health care options for families. Click on the link below to review the Health Safety Net Services list:  
<https://www.fairfaxcounty.gov/health/sites/health/files/assets/documents/pdf/nova-safety-net-providers.pdf>
- **Fairfax Connector's Transit Ridership Incentive Program (TRIP)** provides 50% off fares for low-income residents ages 18-65. Learn more about the [TRIP program and how to apply](#).
- **The application period for Fuel Assistance 2025 will end on November 8<sup>th</sup>.** The Virginia Energy Assistance Program (EAP) assist low-income households in meeting their immediate home energy needs. The EAP consists of four components: Fuel Assistance, Crisis Assistance, Cooling Assistance and Weatherization Assistance.  
**To be eligible for Fuel, Crisis or Cooling Assistance, households must have a heating or cooling expense and gross income may not exceed 150 percent of the [federal poverty level](#).** Applications for fuel, crisis, and cooling assistance are accepted at the [local departments of social services](#) and can be submitted in-person, by mail (USPS), or by fax.

**Applications for Energy Assistance are accepted in the following ways:**

1. **Online:** [www.commonhelp.virginia.gov](http://www.commonhelp.virginia.gov)
2. **By phone:** Enterprise Customer Service Center (833) 522-5582
3. **Paper applications can be requested by calling 703-324-7500.**

- **By mail:** Completed applications can be mailed to: DFS Energy Assistance, 12011 Government Center Parkway, Suite 232, Fairfax, VA 22035
  - **By Dropbox:** Completed application can be placed in a dropbox at one of the DFS human service building locations
  - **By fax:** Completed applications can be faxed to (703) 653-1355
  - **By email:** Completed applications can be sent to [DFSMycase@fairfaxcounty.gov](mailto:DFSMycase@fairfaxcounty.gov)
- **Women Giving Back** is a non-profit organization that provides clothing and shoes to women and children in crisis. Please check the shopping guideline [video here](#).

Clients can shop at the boutique 4 times a year. Women Giving Back operates in 2 seasons - Spring/Summer (April-September) and Fall/Winter (October-March).

- **Fairfax County's Farmers Markets** have raised the amount of **matching dollars for fruits and vegetables up to \$40 per week** this season. Families who qualify can get these double SNAP funds when they shop with their EBT card at the markets. See locations and details on this link: <https://www.fairfaxcounty.gov/parks/farmersmarkets>
- **JA Finance Park® (JAFP)** is an innovation in experiential education designed to prepare our region's youth for life and work in the real world. Eighth grade student in FCPS visit this facility and learn about financial responsibility and accountability. JAFP is looking for multilingual volunteers to better accommodate our diverse population. Please review this link for more information: <https://www.myja.org/volunteer>
- **October Is Domestic Violence Awareness Month** - Domestic violence is a family, community and public health issue with widespread ripple effects that impact all parts of the Fairfax County community. It will take everyone to build a peaceful and safe Fairfax County. Click the link above to learn how you can get involved and upcoming events being held in Fairfax County to bring awareness.

<https://www.fairfaxcounty.gov/familyservices/domestic-sexual-violence/domestic-violence-awareness-month>

## FAMILY RESOURCES:

- **Skills for Getting & Keeping Jobs**, on October 23<sup>rd</sup>, 6:30pm-7:30pm, presented by Kidpower, organized by The Arc of Northern Virginia on

<https://thearcofnova.org/event/skills-for-getting-keeping-jobs/>

- [The Children's Safety Network \(CSN\)](#) is addressing suicide prevention and bullying awareness in the upcoming webinar on youth data for lesbian, gay, bisexual, transgender, questioning, or another non-heterosexual identity (LGBTQ+). LGBTQ+ youth experience persistent disparities. Please join the Children's Safety Network on **Wednesday, November 20th from 1:00 PM to 2:00 PM ET** to learn more about LGBTQ+ Youth Data from YRBS and the Trevor Project's 2024 U.S. National Survey on the Mental Health of LGBTQ Young People, specifically focusing on suicide and self-harm prevention and bullying prevention. [Register here.](#)
- **AFFIRM** supports mental and sexual health, enhances coping skills, and validates strengths of its participants. This 8-week group was designed to help LGBTQ+ youth manage stress. It will be Led by Patricia Mejia (She/Her/Ella) & Leo Augustus Miller (He/Ze/Xe) For more information, please contact George Mason University's Center for Community Mental Health [CCMH@GMU.EDU](mailto:CCMH@GMU.EDU) - (703) 993-1370.



**An 8-week group designed to help LGBTQ+ youth manage stress.**

Led by Patricia Mejia (She/Her/Ella) & Leo Augustus Miller (He/Ze/Xe)

AFFIRM supports mental and sexual health, enhances coping skills and validates strengths of its participants. To learn more, check out our [infographic](#) and [FAQ](#).

**Call Us About Joining The Next Group!**

**Teens aged 12-17**  
**Monday's 05:00 pm - 07:00 pm**  
**9900 Main Street, Suite 400**  
**Fairfax, VA 22031**  
**GMU's Center for Community Mental Health**

For more information, please contact the  
Center for Community Mental Health  
[CCMH@GMU.EDU](mailto:CCMH@GMU.EDU)  
(703) 993-1370

Cost is \$40 per session with a \$45 intake.  
\*A sliding scale is available as needed.

- **Moving on to Life in the Community Resource Fair**

This event is designed for students with developmental and intellectual disabilities who will need continuing support after they exit FCPS.

- **When:** Wednesday, **November 13th, 2024, from 6:30pm - 8:30pm**
- **Where:** **Fairfax High School Cafeteria 3501 Lion Run Fairfax, VA 22030 (Enter through Door 1)**
- **What:** Exhibitor Fair Learn about: supported employment options, day support programs, recreation/leisure activities, residential living options, travel training supports, advocacy, funding, and more! Interpretation: will be provided using Microsoft Translator on supported devices (a staffed help table will be available for participants)

[Register online](#)

- **The NEW [FCPS Family Academy](#)** promotes connections and collaborations between families, educators, and the community. They have classes, webinars, workshops, and programs offered by Fairfax County Public Schools to help families support their students' needs and learning at home.
- **Register for [FREE online webinars](#) offered by the Family Resource Center.** There is also a library of [archived webinars and workshops](#) with great resources to families.
- **Varsity Tutors- Online Tutoring Services at no cost to families** - FCPS is partnering with **Varsity Tutors** to provide students and families with extra resources for learning (no longer Tutor.com). Every student can take advantage of Varsity Tutors' services, at no cost, including weekly live online classes, on demand 24/7 chat tutoring, essay editing, study resources such as recorded content, practice problems, and diagnostic tests. Learn more [HERE](#).
- **School Attendance at Lake Braddock Secondary School** - Parents and caregivers can now report up to two consecutive full-day absences using **ParentVUE**. Click on the link below to learn how to do it. [school attendance](#).

<https://lakebraddockss.fcps.edu/attendance-reporting>

- **Need to activate your ParentVUE account?**

[SIS ParentVue videos](#) are available on the FCPS website. SIS ParentVue is an invaluable tool for families to stay connected to their students' learning, especially in middle and high school.

To obtain a ParentVUE activation code for Lake Braddock SS contact:

Middle School: Angela Santizo [assantizo@fcps.edu](mailto:assantizo@fcps.edu)

High School: Sandra Coleman [SMColeman@fcps.edu](mailto:SMColeman@fcps.edu)

- **Parent Advocacy Handbook**, this contains answers to the many questions parents or guardians may have about the school system and how they can best advocate for their student at the various stages of their school experience.

<https://www.fcps.edu/parentadvocacyhandbook>

- **Computer CORE** offers *FREE, online*, basic computer skills classes to adults 18 and over in Virginia. Classes are taught online over Zoom for three 10-week terms per year: Winter (Jan-Mar), Spring (Apr-June) and Fall (Sept-Nov).

<https://www.computercore.org/>

- **Parent Encouragement Program** "Encouraging Parents, Enriching Families" (webinars, in-person programs, podcasts, videos) <https://pepparent.org/>

- **Parenting Education Program through Fairfax County**

[https://www.fairfaxcounty.gov/familyservices/children-youth/parenting-education-programs?utm\\_medium=email&utm\\_source=govdelivery#classes](https://www.fairfaxcounty.gov/familyservices/children-youth/parenting-education-programs?utm_medium=email&utm_source=govdelivery#classes)

- **Formed Families Together Peer Support** groups are led by trained peer leaders with professional and personal experience. A safe space is provided for foster and adoptive parents and kinship caregivers to share resources, express concerns, and share their experiences. **The group will meet on Tuesday evenings, Oct 1-November 19, 2024, in Fairfax.** [Stronger Together Youth Support Group](#) | [FFF – Formed Families Forward](#)

- **Military Families Resources**

<https://www.fcps.edu/registration/military-families>

- **Purple Star National Convening of Schools and Communities (Virtual Conference),**  
Thursday, October 24, 2024

[Register Here](#)

- **Check out the Library Events:**

**Burke Centre**

<https://librarycalendar.fairfaxcounty.gov/calendar?cid=6524&t=d&d=0000-00-00&cal=6524&cm=3436&inc=0>

**Kings Park**

<https://librarycalendar.fairfaxcounty.gov/calendar?cid=6524&t=d&d=0000-00-00&cal=6524&cm=3446&inc=0>

**Pohick Library**

6450 Sydenstricker Rd  
Burke, VA, 22015-4274

<https://librarycalendar.fairfaxcounty.gov/calendar?cid=6524&t=d&d=0000-00-00&cal=6524&cm=3452&inc=0>

- **Northern Virginia Family Services** offers a prescription assistance program, eyeglasses assistance, and Medicaid support to families. For more information contact Karina Villanueva 571-435-6600

**PHARMACY CENTRAL**  
A Prescription Assistance Program

Can't afford to pay for your medicine?  
No puede pagar por sus medicinas?

We can help you get them!  
Podemos ayudarle a conseguirlos!

**FREE & LOW-COST MEDICINES**  
**MEDICINAS GRATIS & DE BAJO PRECIO**

**FREE EYE GLASSES**  
**LENTES GRATIS**

We can also help you apply for **MEDICAID**  
También podemos ayudarle en aplicar para **MEDICAID**



**KARINA VILLANUEVA**  
TEL (571) 435-6600 / FAX (703) 368-2004  
10056 DEAN DRIVE, MANASSAS, VA 20110



## FREE PRESCHOOL CLASSES

All Ages Read Together (AART) provides FREE kindergarten-readiness classes in Northern Virginia. AART's part-time preschool program is designed for children who fall in the gap between those who qualify for publicly funded programs and those families who cannot afford private preschool. Classes are held twice a week for 2 hours.



<b>Huntington Community Center (Route 1 Corridor)</b>
5751 Liberty Drive Alexandria
<b>Mondays &amp; Wednesdays</b> 9:30 – 11:30 am
Cintia Navia 571-263-1086 English & Spanish

<b>Hybla Valley Community Center (Mount Vernon)</b>
7950 Audubon Avenue Alexandria
<b>Mondays &amp; Wednesdays</b> 12:30 – 2:30 pm
Cintia Navia 571-263-1086 English & Spanish

<b>Mount Vernon Woods Elementary (Mount Vernon)</b>
4015 Fielding Street Alexandria
<b>Tuesdays &amp; Thursdays</b> 9:15 – 11:15 am
Wendy Gaitan 571-465-1758 English & Spanish



If your child is 4 or 5 years old and has not had preschool, please contact us at the phone numbers above or complete an interest form: <https://bit.ly/aartenrollinterest>

[info@allagesreadtogether.org](mailto:info@allagesreadtogether.org) | [www.allagesreadtogether.org](http://www.allagesreadtogether.org)

### Arabic Early Literacy Program:

<https://www.fcps.edu/academics/curriculum/early-childhood-education/early-literacy-programs/early-literacy-program-2>



You are invited to participate in a free program for families with children between the ages of 1-5 years old.

أنتم مدعوون للإشتراك في برنامج مجاني لأولياء الأمور و أطفالهم التي تتراوح أعمارهم بين سنة و خمس سنوات.

## Arabic Early Literacy



يشترك الأطفال وعائلاتهم في أنشطة مدرسية ممتعة منوعة قراءة الكتب، التعلم عن طريق اللعب، الطرق الإيجابية للتواصل مع الأطفال، فهم سلوك الطفل، الاستعداد للحضانة.

For more information please call Gigi Hammoud at 703-204-4347 or [ekhammoud@fcps.edu](mailto:ekhammoud@fcps.edu)



## LBSS EVENTS:

- **The Financial Aid Process for Seniors LBSS Student Services and College Access Fairfax is offering a Financial Aid night for seniors and their parents.** College Access Fairfax is committed to helping FCPS students with the complex task of acquiring financial aid for post-secondary education. Topics to be covered include understanding financial aid, how the financial aid process works, and the steps that families need to take to secure financial aid. **The program will be in the Lecture Hall, October 23, 2024 at 6:30pm.**

<https://lakebraddockss.fcps.edu/career-center-newsletter>



- **Join the Lake Braddock Parent Teacher Student Association (PTSA)**

<https://lbspts.org/>

Lake Braddock Secondary School



**PTSA**<sup>®</sup>

everychild.one voice.<sup>®</sup>

**2024-25**



Join LBSS PTSA

## Meeting Schedule

**7:00 - 8:00PM**

**ROOM L-167, ENTER DOOR 17**

**September 9**

**November 18**

**January 27**

**March 10**

**May 21**



Get info  
Talk to Admin  
Express concerns  
Ask questions

Zoom also available - click on the post link to register!

**YOUTH OPPORTUNITIES:**

<https://fairfaxacademy.fcps.edu/registration-auditions>




**'25 OPEN HOUSE**  
2/4/25  
6:30-7:30 PM  
FAIRFAX ACADEMY  
3501 LION RUN  
FAIRFAX, VA. 22030

**COME LEARN MORE ABOUT OUR EXCITING PROGRAMS IN COMMUNICATIONS & FINE AND PERFORMING ARTS FOR FCPS STUDENTS!**

**Course List**

- Arabic, ASL, Chinese, Dance, Fashion Careers, Game Design, Korean, Music & Computer Technology, Musical Theatre & Actor Studio, Pro Photo, and TV Media Production

Meet Our Staff!

See Lab Spaces!

Learn About our Classes!

Snow Date 2/11  
[fairfaxacademy.fcps.edu](https://fairfaxacademy.fcps.edu)




- **Scholarship Information**, in addition to Naviance being the database for scholarships, there is now an FCPS public webpage that includes scholarships available to all FCPS students.

<https://www.fcps.edu/scholarships-fcps-students>

- **Free NASA Opportunities for Virginia High School Students! (HS)**

The Virginia Space Grant Consortium provides FREE NASA-related programs for Virginia's high school students in 10th, 11th, and 12th grades. The programs have an interactive online STEM learning experience and are highlighted by a seven-day residential summer academy at NASA.

<https://vsgc.odu.edu/spacecoast/>

- **Now Open! Spring 2025 Children's Science Center Lab Internship**

We are excited to announce that the Spring 2025 Children's Science Center Lab Internship application is now open! Our programs would not be possible without the support of our community, so we thank you for passing this opportunity along to anyone who might be interested.

**Application Link:** <https://form.jotform.com/213445454775058>

**Application Deadline:** November 22, 2024, at 5:00 PM.

*We recommend not waiting until the last day to submit your application just in case you encounter any technical issues. We do not accept late applications under any circumstance.*

**Interview Invites:** Sent on or before December 18, 2024

**Interview Date:** January 11, 2025, 6:00-8:00. You must be in person for your interview, so please ensure you are available.

The Children's Science Center Lab Internship is available to high school students ages 16+ who have a passion for STEM learning. Interns will develop and practice professional skills at the Children's Science Center Lab while engaging in various hands-on activities. This internship is intended to provide an opportunity to students from communities who have been historically excluded from STEM professions (see application for more details.)

If you have any questions, please reach out to [internships@childsci.org](mailto:internships@childsci.org).

## JOB READINESS AND EMPLOYMENT OPPORTUNITIES

- **BritePaths and [the Financial Empowerment Center at South County](#)** are offering free virtual consulting services and workshops to help with your personal finances, job search and more.
  - Financial Mentoring: Work with a dedicated trained volunteer virtually for six months or more on your financial goals. The volunteer is there to guide you and teach you skills pertinent to your life! If interested, please email [CRogers@Britepaths.org](mailto:CRogers@Britepaths.org)
  - One-on-One, Confidential Coaching: Free and Confidential Coaching and Consulting. To book an appointment call 703.704.6101 or email [info@FECSoco.org](mailto:info@FECSoco.org), or click here: <https://fecsoco.timetap.com/#/>
- **BritePaths Workforce Development-** helps Northern Virginia job seekers navigate the job search process and find meaningful employment. It is designed to work with under- or unemployed men and women in an individualized and coordinated way to ensure that their workforce development needs are met. All services are free, and most are offered virtually.

<https://britepaths.org/our-services/workforce-development/>

## ENGLISH AS A SECOND LANGUAGE CLASSES

- **FCPS - Adult English for Speakers of Other Languages (ESOL)-** Click on the link below for more information about testing locations for classes.  
<https://www.fcps.edu/academics/adult-education-academics/esol-classes>
- **English Empowerment Center:** Do you know someone who wanted to register for class with the Empowerment Center but missed the registrations? They can fill out the [Information Request Form](#) to hear about upcoming spring classes. The Center also encourages students to study on their own with [USA Learns](#).

<https://englishempowermentcenter.org/>

- **Fellowship Baptist Church:**

<https://www.fellowshipbaptistva.org/english-classes>