



Hello Lake Braddock Families,

10/11/2024

Please find all the information and resources for this week in our Newsletter below:

COMMUNITY EVENTS AND ENGAGEMENT OPPORTUNITIES

- **Where to Get Immunization - Fairfax County Health Department - Immunization Clinics call 703-246-7100 for appointments.**

<https://www.fairfaxcounty.gov/health/immunization/locations>

<https://www.fcps.edu/immunization-resources>

Free Immunizations for All FCPS Students

Safeway Pharmacy will be providing immunizations for all FCPS students at no cost! Parents or guardians may [schedule an appointment and provide consent](#) for their student(s). The immunization clinics are being held at **Frost Middle School**, 4101 Pickett Rd. Fairfax, VA 22032, on:

- **Saturday, October 12, 9 a.m.-5 p.m.**
Transportation is available.
[View the October 12 Shuttle Schedule and Routes below.](#)
- **Monday, October 28, 3-7 p.m.**
Transportation is available for appointments scheduled after 6 p.m.
[View the October 28 Shuttle Schedule and Routes below.](#)


Walk-ins are welcome, but [appointments](#) are highly encouraged to avoid wait times.

- **The Fairfax County Health Department** has shared a comprehensive document that provides several health care options for families. Click on the link below to review the Health Safety Net Services list:
<https://www.fairfaxcounty.gov/health/sites/health/files/assets/documents/pdf/nova-safety-net-providers.pdf>
- **Fairfax Connector's Transit Ridership Incentive Program (TRIP)** provides 50% off fares for low-income residents ages 18-65. Learn more about the [TRIP program and how to apply](#).

- **Virtual Emergency Preparedness on a Budget: A Low and No-Cost Preparedness Resources Workshop** will take place on **October 15** from 7-8pm.



READY, SET, PREPARE

**VIRTUAL EMERGENCY PREPAREDNESS
ON A BUDGET: LOW AND NO-COST
PREPAREDNESS RESOURCES WORKSHOP**




**OCTOBER 15, 2024
7:00-8:00 P.M.**


REGISTER: [HTTPS://BIT.LY/3TCIQUJ](https://bit.ly/3TCIQUJ)


Fairfax County Public Library
12000 Government Center Parkway, Suite 324
Fairfax, VA 22035



A Fairfax County, Va. publication
September 2024



Reasonable accommodations will be made upon request. Call 703-324-8360 or TTY 703-324-8365



- **The application period for Fuel Assistance 2025 will end on November 8th.** The Virginia Energy Assistance Program (EAP) assist low-income households in meeting their immediate home energy needs. The EAP consists of four components: Fuel Assistance, Crisis Assistance, Cooling Assistance and Weatherization Assistance.
To be eligible for Fuel, Crisis or Cooling Assistance, households must have a heating or cooling expense and gross income may not exceed 150 percent of the [federal poverty level](#). Applications for fuel, crisis, and cooling assistance are accepted at the [local departments of social services](#) and can be submitted in-person, by mail (USPS), or by fax.

Applications for Energy Assistance are accepted in the following ways:

1. **Online:** www.commonhelp.virginia.gov
2. **By phone:** Enterprise Customer Service Center (833) 522-5582
3. **Paper applications can be requested by calling 703-324-7500.**
 - **By mail:** Completed applications can be mailed to: DFS Energy Assistance, 12011 Government Center Parkway, Suite 232, Fairfax, VA 22035

- **By Dropbox:** Completed application can be placed in a dropbox at one of the DFS human service building locations
 - **By fax:** Completed applications can be faxed to (703) 653-1355
 - **By email:** Completed applications can be sent to DFSMycase@fairfaxcounty.gov
- **Women Giving Back** is a non-profit organization that provides clothing and shoes to women and children in crisis. Please check the shopping guideline [video here](#).

Clients can shop at the boutique 4 times a year. Women Giving Back operates in 2 seasons - Spring/Summer (April-September) and Fall/Winter (October-March).

- **Fairfax County's Farmers Markets** have raised the amount of **matching dollars for fruits and vegetables up to \$40 per week** this season. Families who qualify can get these double SNAP funds when they shop with their EBT card at the markets. See locations and details on this link: <https://www.fairfaxcounty.gov/parks/farmersmarkets>
- **JA Finance Park® (JAFP)** is an innovation in experiential education designed to prepare our region's youth for life and work in the real world. Eighth grade student in FCPS visit this facility and learn about financial responsibility and accountability. JAFP is looking for multilingual volunteers to better accommodate our diverse population. Please review this link for more information: <https://www.myja.org/volunteer>

FAMILY RESOURCES:

- **Transition University - October 10 - December 4, 2024**

Join us for this **FREE 5-week SELF-PACED** online course that focuses on providing parent-friendly information to help make transition planning for students with disabilities. This course is designed for parents/caregivers of elementary, middle, or high school students who receive special education services, but is open to everyone. The goal is to share factual information on transition services and to help make the transition from school services to the adult services world less confusing and more effective.

[REGISTER HERE](#)

- Skills for Getting & Keeping Jobs, on October 23rd, 6:30pm-7:30pm, presented by Kidpower, organized by The Arc of Northern Virginia on

<https://thearcofnova.org/event/skills-for-getting-keeping-jobs/>



workpower[™]

Presented by Kidpower
Organized by The Arc of Northern Virginia

Skills for Getting & Keeping Jobs

Wed., Oct. 23, 6:30-7:30pm
Location: 3060 Williams Drive, Fairfax, VA 22031

Learn how to use Safetypowers communication, decision-making, and safety skills in ways that can help you get and keep jobs!

Together with a Safetypowers instructor, we'll practice ways to:

- Project confidence
- Ask for feedback to help you grow
- Deal with rude or rowdy customers
- Communicate effectively with co-workers
- Learn and follow workplace boundaries
- Take positive action when you notice trouble
- Get help when you need it!

Click [here](#) or scan the QR code to register

If you have any questions, please contact
Ashley Africa-Osborne, techforindependence@thearcofnova.org

Workpower is a program of Kidpower.org using Safetypowers.org strategies

- The NEW [FCPS Family Academy](#) promotes connections and collaborations between families, educators, and the community. They have classes, webinars, workshops, and programs offered by Fairfax County Public Schools to help families support their students' needs and learning at home.
- Register for [FREE online webinars](#) offered by the Family Resource Center. There is also a library of [archived webinars and workshops](#) with great resources to families.
- **Varsity Tutors- Online Tutoring Services at no cost to families** - FCPS is partnering with **Varsity Tutors** to provide students and families with extra resources for learning

(no longer Tutor.com). Every student can take advantage of Varsity Tutors' services, at no cost, including weekly live online classes, on demand 24/7 chat tutoring, essay editing, study resources such as recorded content, practice problems, and diagnostic tests. Learn more [HERE](#).

- **School Attendance at Lake Braddock Secondary School** - Parents and caregivers can now report up to two consecutive full-day absences using **ParentVUE**. Click on the link below to learn how to do it. [school attendance](#).

<https://lakebraddockss.fcps.edu/attendance-reporting>

- **Need to activate your ParentVUE account?**

[SIS ParentVue videos](#) are available on the FCPS website. SIS ParentVue is an invaluable tool for families to stay connected to their students' learning, especially in middle and high school.

To obtain a ParentVUE activation code for Lake Braddock SS contact:

Middle School: Angela Santizo assantizo@fcps.edu

High School: Sandra Coleman SMColeman@fcps.edu

- **Parent Advocacy Handbook**, this contains answers to the many questions parents or guardians may have about the school system and how they can best advocate for their student at the various stages of their school experience.

<https://www.fcps.edu/parentadvocacyhandbook>

- **Computer CORE** offers *FREE, online*, basic computer skills classes to adults 18 and over in Virginia. Classes are taught online over Zoom for three 10-week terms per year: Winter (Jan-Mar), Spring (Apr-June) and Fall (Sept-Nov).

<https://www.computercore.org/>

- **[Parent Encouragement Program](#)** "Encouraging Parents, Enriching Families" (webinars, in-person programs, podcasts, videos) <https://pepparent.org/>

- **Parenting Education Program through Fairfax County**

https://www.fairfaxcounty.gov/familyservices/children-youth/parenting-education-programs?utm_medium=email&utm_source=govdelivery#classes

- **Military Families Resources**

<https://www.fcps.edu/registration/military-families>

- **Purple Star National Convening of Schools and Communities (Virtual Conference),
Thursday, October 24, 2024**

[Register Here](#)



The poster features a background of a waving American flag. In the top left corner, a purple banner reads "PreK12-MIL Mission". In the center-right, there is a purple shield with a white star and a yellow banner below it that says "PURPLE STAR". The main text is centered and reads: "PURPLE STAR USA NATIONAL CONVENING OF SCHOOLS & COMMUNITIES". Below this, in smaller text, it says "Connecting and empowering parents, schools, and communities to build resiliency for military-connected youth!". Further down, it says "Join the third annual national convening of Purple Star youth, families, educators, and community leaders!". Below that, it says "Hosted by your Local Purple Star School Leaders! #PurpleStarUSA". The date "24 October 2024" is prominently displayed. Below the date, it says "10:00 a.m. — 4:00 p.m. EST" and "Please join us by registering through the QR code or at". A URL is provided: "https://events.teams.microsoft.com/event/dd3fdb34-302a-46f3-b5b1-0e40483b5400@c8590879-16e2-4eef-803b-2c1745e7cf9e". At the bottom, it says "Contact & Info: Jenn at jennifern.davis@myhcs.org Steve at steve.cambron@ky.gov". A QR code is located in the bottom right corner.

- **Check out the Library Events:**

Burke Centre

<https://librarycalendar.fairfaxcounty.gov/calendar?cid=6524&t=d&d=0000-00-00&cal=6524&cm=3436&inc=0>

Kings Park

<https://librarycalendar.fairfaxcounty.gov/calendar?cid=6524&t=d&d=0000-00-00&cal=6524&cm=3446&inc=0>

Pohick Library

6450 Sydenstricker Rd
Burke, VA, 22015-4274

<https://librarycalendar.fairfaxcounty.gov/calendar?cid=6524&t=d&d=0000-00-00&cal=6524&cm=3452&inc=0>

- **Northern Virginia Family Services** offers a prescription assistance program, eyeglasses assistance, and Medicaid support to families.

PHARMACY CENTRAL

A Prescription Assistance Program

Can't afford to pay for your medicine?
No puede pagar por sus medicinas?



We can help you get them!
Podemos ayudarle a conseguirlas!



FREE & LOW-COST MEDICINES

MEDICINAS GRATIS & DE BAJO PRECIO



FREE EYE GLASSES

LENTES GRATIS

We can also help you apply for **MEDICAID**
También podemos ayudarle en aplicar para **MEDICAID**



Northern Virginia
Family Services

KARINA VILLANUEVA

TEL (571) 435-6600 / FAX (703) 368-2004
10056 DEAN DRIVE, MANASSAS, VA 20110



FREE PRESCHOOL CLASSES

All Ages Read Together (AART) provides FREE kindergarten-readiness classes in Northern Virginia. AART's part-time preschool program is designed for children who fall in the gap between those who qualify for publicly funded programs and those families who cannot afford private preschool. Classes are held twice a week for 2 hours.



Huntington Community Center (Route 1 Corridor)

5751 Liberty Drive
Alexandria

Mondays & Wednesdays
9:30 – 11:30 am

Cintia Navia
571-263-1086
English & Spanish

Hybla Valley Community Center (Mount Vernon)

7950 Audubon Avenue
Alexandria

Mondays & Wednesdays
12:30 – 2:30 pm

Cintia Navia
571-263-1086
English & Spanish

Mount Vernon Woods Elementary (Mount Vernon)

4015 Fielding Street
Alexandria

Tuesdays & Thursdays
9:15 – 11:15 am

Wendy Gaitan
571-465-1758
English & Spanish



If your child is 4 or 5 years old and has not had preschool, please contact us at the phone numbers above or complete an interest form: <https://bit.ly/aartenrollinterest>

info@allagesreadtogether.org | www.allagesreadtogether.org

Arabic Early Literacy Program:

<https://www.fcps.edu/academics/curriculum/early-childhood-education/early-literacy-programs/early-literacy-program-2>



You are invited to participate in a free program for families with children between the ages of 1-5 years old.

أنتم مدعوون للإشتراك في برنامج مجاني لأولياء الأمور و أطفالهم التي تتراوح أعمارهم بين سنة و خمس سنوات.

Arabic Early Literacy



يشترك الأطفال وعائلاتهم في أنشطة مدرسية ممتعة:
- متعة قراءة الكتب.
- التعلم عن طريق اللعب.
- الطرق الإيجابية للتواصل مع الأطفال.
- فهم سلوك الطفل.
- الاستعداد للحضانة.

For more information please call Gigi Hammoud at 703-204-4347 or ekhammoud@fcps.edu

LBSS EVENTS:

- Fall Senior Parent Meeting – October 15: 7:00-8:00 pm (Cafeteria)

https://lakebraddockss.fcps.edu/senior_class

- **The Financial Aid Process for Seniors LBSS Student Services and College Access Fairfax is offering a Financial Aid night for seniors and their parents.** College Access Fairfax is committed to helping FCPS students with the complex task of acquiring financial aid for post-secondary education. Topics to be covered include understanding financial aid, how the financial aid process works, and the steps that families need to take to secure financial aid. **The program will be in the Lecture Hall, October 23, 2024 at 6:30pm.**


<https://lakebraddockss.fcps.edu/career-center-newsletter>



- Join the Lake Braddock Parent Teacher Student Association (PTSA)

<https://lbspts.org/>

Lake Braddock Secondary School



PTSA[®]

everychild.one voice.[®]

2024-25



Join LBSS PTSA

Meeting Schedule

7:00 – 8:00PM

ROOM L-167, ENTER DOOR 17

September 9

November 18

January 27

March 10

May 21



Get info

Talk to Admin

Express concerns

Ask questions

Zoom also available - click on the post link to register!

YOUTH OPPORTUNITIES:

- **Scholarship Information**, in addition to Naviance being the database for scholarships, there is now an FCPS public webpage that includes scholarships available to all FCPS students.

<https://www.fcps.edu/scholarships-fcps-students>

- **Free NASA Opportunities for Virginia High School Students! (HS)**

The Virginia Space Grant Consortium provides FREE NASA-related programs for Virginia's high school students in 10th, 11th, and 12th grades. The programs have an interactive online STEM learning experience and are highlighted by a seven-day residential summer academy at NASA.

<https://vsgc.odu.edu/spacecoast/>

- **Now Open! Spring 2025 Children's Science Center Lab Internship**

We are excited to announce that the Spring 2025 Children's Science Center Lab Internship application is now open! Our programs would not be possible without the support of our community, so we thank you for passing this opportunity along to anyone who might be interested.

Application Link: <https://form.jotform.com/213445454775058>

Application Deadline: November 22, 2024, at 5:00 PM.

We recommend not waiting until the last day to submit your application just in case you encounter any technical issues. We do not accept late applications under any circumstance.

Interview Invites: Sent on or before December 18, 2024

Interview Date: January 11, 2025, 6:00-8:00. You must be in person for your interview, so please ensure you are available.

The Children's Science Center Lab Internship is available to high school students ages 16+ who have a passion for STEM learning. Interns will develop and practice professional skills at the Children's Science Center Lab while engaging in various hands-on activities. This internship is intended to provide an opportunity to students from communities who have been historically excluded from STEM professions (see application for more details.)

If you have any questions, please reach out to internships@childsci.org.

- **NEW Student Leadership Development Program with the School Board**

The School Board is accepting applications for the Student Leadership Development Program, open to any high school freshman, sophomore, or junior in good academic standing. The program is for students interested in a future in law, government or public policy. Twelve students will be chosen to work closely with the School Board to how FCPS is governed and will give the students opportunities to participate on various advisory committees to the School Board, and even to seek election as the student representative on the School Board.

The program information and application are available at the link below:

<https://www.fcps.edu/node/31703>

- **Register for the Alcanza College Fair (HS)**

We are pleased to announce that George Mason University will be hosting the 24th Annual [ALCANZA](#) College Fair! George Mason hosts [ALCANZA](#) as part of our effort to

increase college interest and awareness among high school students in the Washington, D.C. metropolitan area during Hispanic Heritage month. This event was created to get Latinx students motivated and excited about their post-secondary plans, and the program is open to all students in the Washington D.C. metro area to explore their educational opportunities beyond high school. Over 150 colleges from all over the nation will attend [ALCANZA](#), and we expect about 2,000 high school students to participate. We are excited to welcome you and your students to EagleBank Arena in October!

Please note that there will not be an opening session this year – the fair will take place from 10:30 a.m. to 12:30 p.m. and high schools may come and go as they wish. Lunches will be distributed to students on their way into the fair.

ALCANZA College Fair
Wednesday, October 16, 2024
[EagleBank Arena](#)
George Mason University - Fairfax Campus

Register TODAY! Space is limited.
<https://go.gmu.edu/alcanza>

Various student and teacher resources can be found on our website linked [here](#). These include a [Preparing for College Calendar](#), [College Fair Tips](#), and fair flyers in [English](#) and [Spanish](#).

Please feel free to pass this invitation to your colleagues from other schools who you believe may have interested students! If you have any questions about this event, please e-mail admevent@gmu.edu.

JOB READINESS AND EMPLOYMENT OPPORTUNITIES

- **BritePaths and [the Financial Empowerment Center at South County](#)** are offering free virtual consulting services and workshops to help with your personal finances, job search and more.
 - Financial Mentoring: Work with a dedicated trained volunteer virtually for six months or more on your financial goals. The volunteer is there to guide you and teach you skills pertinent to your life! If interested, please email CRogers@Britepaths.org
 - One-on-One, Confidential Coaching: Free and Confidential Coaching and Consulting. To book an appointment call 703.704.6101 or email info@FECSoco.org, or click here: <https://fecso.com/#/>

- **BritePaths Workforce Development-** helps Northern Virginia job seekers navigate the job search process and find meaningful employment. It is designed to work with under- or unemployed men and women in an individualized and coordinated way to ensure that their workforce development needs are met. All services are free, and most are offered virtually.

<https://britepaths.org/our-services/workforce-development/>

ENGLISH AS A SECOND LANGUAGE CLASSES

- **FCPS - Adult English for Speakers of Other Languages (ESOL)-** Click on the link below for more information about testing locations for classes.
<https://www.fcps.edu/academics/adult-education-academics/esol-classes>
- **English Empowerment Center:** Do you know someone who wanted to register for class with the Empowerment Center but missed the registrations? They can fill out the [Information Request Form](#) to hear about upcoming spring classes. The Center also encourages students to study on their own with [USA Learns](#).

<https://englishempowermentcenter.org/>

- **Fellowship Baptist Church:**

<https://www.fellowshipbaptistva.org/english-classes>