

# Welcome, Bruins! Class of 2025 !!



**EMPOWERING**

**YOUR**

**FUTURE**

# Subschools

## Each Subschool serves 9-12 graders.

- Subschools are assigned by last names, as are counselors. Subschool administrators and counselors stay with their students all 4 years of high school.

Subschool 3: (A-D)

Subschool 4: (E-K)

Subschool 5: (L-P)

Subschool 6: (Q-Z)

- Subschools handle attendance, discipline and student needs/concerns.

# High School Student Services and Support Specialists

## High School Student Services

Director of Student Services-Anne Polino

Registrar- Beverly Taylor 703-426-1040

Student Information Assistant-Sandy Coleman 703-426-1019

Alpha Breakdown	Name	email	Number
A-Bre	Janene Pack	jpack@fcps.edu	703-426-1046
Bri-Del	Deb Brown	dsbrown1@fcps.edu	703-426-1047
Dem-Gra	Pete Duperrouzel	pjduperrouze@fcps.edu	703-426-1056
Gre-Kav	Megan Cashman	mtcashman@fcps.edu	703-426-1055
Kaw-Mah	Lynn Carrera	lcarrera@fcps.edu	703-426-1054
Mai-Ngu	Margaret Veenstra	mjveenstra@fcps.edu	703-426-1033
Ngw-Ri	Sierra Alexander-Franks	skalexander@fcps.edu	703-426-1050
Ro-Ter	Gary Ranallo	gwrனால்lo@fcps.edu	703-426-1051
Tes-Z	Lynda Samek-Smith	lsameksmith1@fcps.edu	703-426-1053
As assigned	Jacquie Naughton	janaughton@fcps.edu	703-426-1155
Career Center Specialist	Sandy Hunter	skhunter@fcps.edu	703-426-1192
Transcript Secretary	Jackie Balough	jgbalough@fcps.edu	703-426-1045
Assessment Coach	Jennifer Bury	JABury@fcps.edu	703-426-1028

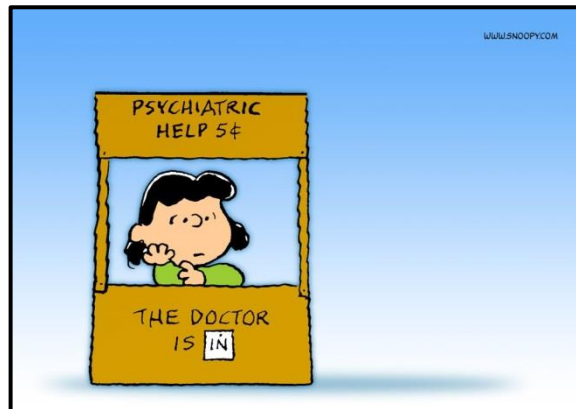
# Role of School Counselors

- Academic advising—course selection, goal-setting, advocating for students
- College/Career Advising—Post Secondary Planning  
- learning about colleges, careers, academic support, community agencies...



# Role of School Counselors

- Personal concerns—issues with friends, family, teachers, individual and/or group counseling, consultation with parents, teachers, and other staff
- Examples: Needing assistance with bullying issues, family needs and/or communicating with your teacher



# How Do I Communicate with My Counselor?

- Email
- Come see us during lunch or Advisory
- Schedule an appointment
- Please allow 24 hours for responses to email or notes left on our door door

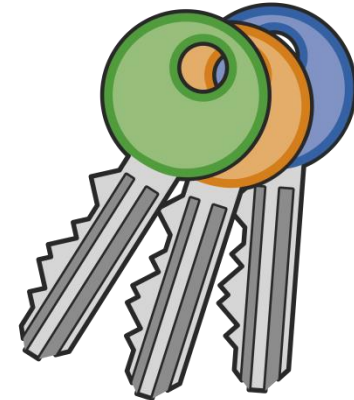


# Additional Student Services Supports

- Balance between academics, social needs, extracurricular activities and family responsibilities is essential for you to remain ***healthy!***
- Social Worker- Ms. Kerrian McKay  
**[kcmckay@fcps.edu](mailto:kcmckay@fcps.edu)**
- Psychologist-Ms. Mary Olsen  
**[molsen@fcp.edu](mailto:molsen@fcp.edu)**
- Psychologist-Ms. Carleen McKenzie  
**[crmckenzie@fcps.edu](mailto:crmckenzie@fcps.edu)**
- SOSA (Systems of Support Administrator) Ms. Amy Soos  
**[amsoos@fcps.edu](mailto:amsoos@fcps.edu)**
- Dean of Students-Mr. Travis Tucker  
**[tgtucker@fcps.edu](mailto:tgtucker@fcps.edu)**

# Student Keys to Success

- Strive for good grades in all classes
- Take the strongest academic program in which you can be successful
- Time management and organizing your schedule is critical to success
- Communicate with your teachers





# Student/Teacher Communication

## Self-Advocacy

- Students need to understand individual teacher policies and procedures
- Students are expected to take the initiative to approach the teacher when they need help
- Students who are absent should see the teacher about missed assignments and check Blackboard and Google Classroom

# Staying Connected

- Join your counselors Freshman Google Classroom
- Join LB High School Counseling Facebook Page
- follow us on twitter @lbhscounseling

# Get Involved at Lake Braddock!

## ● Sports, Clubs and Activities

Click the link above, from the LBSS website, to find many options to get involved!

- Many courses provide leadership and enrichment opportunities outside the classroom (Band, Theatre, Choir, Peer Helping, SGA, JROTC, Marketing)

# Diploma Options

## Standard Diploma (22)

English	4
Math	3
Science (2 Lab Sci)	3
● Social Studies	3
HPE	2
◆ Econ/Personal Finance	1
World Lang, Fine Art, CTE	2
Sequential Electives (Not WL)	2
Virtual Course	<input type="checkbox"/>
First Aid/AED/CPR	<input type="checkbox"/>
AP, HN or CTE Credential	<input type="checkbox"/>
Verified Credits/SOLs (In HS)	5

## Advanced Diploma (26)

English	4
Math	4
Science (2 Lab Sci)	4
Social Studies	4
HPE	2
◆ Econ/Personal Finance	1
World Language	2+2 OR 3
Fine Arts or CTE	1
Sequential Elective (Not WL)	2
Virtual course	<input type="checkbox"/>
First Aid/AED/CPR	<input type="checkbox"/>
AP, HN or CTE Credential	<input type="checkbox"/>
Verified Credits/SOLs (In HS)	5

◆ Economics & Finance class will count as “virtual course”

● Must include US/VA History and US Government

# SOL , CTE Credential, and CPR Requirements

<b>SOL Requirements for the Standard and Advanced Diploma</b>	<b>CTE Credential Requirement Options for Standard and Advanced</b>	<b>CPR requirements for Standard and Advanced</b>
<p>English 11 reading</p> <p>English 11 writing</p> <p>1 math SOL</p> <p>1 science SOL</p> <p>1 social studies SOL</p>	<p>Students must pass a CTE credential exam at the end of a CTE course, or the W!SE test at the end of Economics and Personal Finance course.</p> <p style="text-align: center;"><b>OR</b></p> <p>Students can pass an Honors level or Advanced Placement course to meet this requirement</p>	<p>Students must pass the CPR written exam and practical exam during 9<sup>th</sup> grade Health and PE</p>

# High School SOL Courses

World History 1

World History 2

US/VA History

Algebra 1

Geometry

Algebra 2

Biology

Chemistry

Geosystems

**English 11**

All students must pass the English 11 Reading  
and writing SOL

# Additional Standard & Advanced Diploma Requirements

- Students must take a sequential elective to satisfy their electives requirements
- Sequential elective examples: Studio Art 1 & 2, Journalism 1 & 2, Accounting and Business Management
- World Languages do NOT count as a sequential elective
- CTE credential exam OR completion of an Honors or Advanced Placement course

# Additional Diploma Options for Students with an IEP

## **Standard Diploma with credit accommodations**

- Determined by the IEP team process
- Provides the opportunity for students to receive a locally awarded verified credit (LAVC) on their SOL required tests, with a score of 375-399, as well as the opportunity for adjustment in course requirements (primarily math)

## **Applied Studies Diploma**

- Determined by the IEP team process
- Utilized for students who have not been able to meet specific requirements of the Standard Diploma or Standard Diploma with credit accommodations



# Deleting High School Courses Taken in Middle School

- Students have the option to expunge high school math courses or World Language courses, that they completed during middle school.
- Parents must submit a request in writing to expunge a course to the Director of Student Services in the High School Student Services office **no later than the end of 1<sup>st</sup> quarter of 9<sup>th</sup> grade.**

# World Languages and Math

Students should earn a “C” or better in order to move to the next level of a language

Students entering the 2nd year of a World Language should have a strong knowledge of:

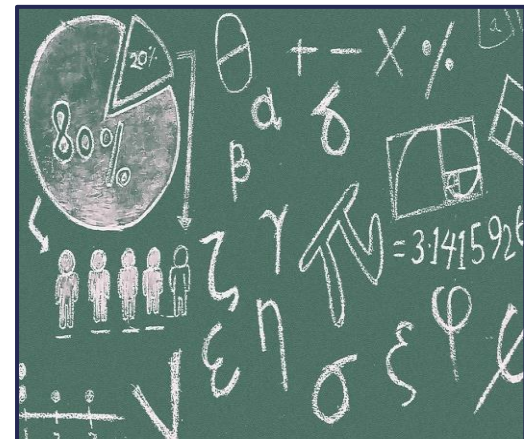
- the language’s alphabet and basic vocabulary
- placement of accent marks
- spelling
- location of corresponding countries



It is recommended students earn a “C” or better in order to move to the next level of a high school math sequence

Students should have a strong knowledge of:

- major concepts and skills used throughout the year
- computation and calculator tools
- ability to apply formulas and knowledge to word problems



# Am I Ready for High School Honors Classes?

- Do I have strong study skills and work habits, and am I willing to do homework for this class daily?
- Have I demonstrated strong skills in this subject in middle school, and am I passionate about the subject?
- Am I comfortable moving at a faster pace through course material, and completing extension projects?
- Do I have time in my schedule with other commitments to be dedicated to an Honors level course?

# Changing Courses in High School

- Pick classes very carefully
- Course are normally only changed in high school for the following reasons:
  - You were placed in the wrong course level ( you were placed in Algebra 2, but should actually be in Geometry)
  - You auditioned into a higher level in a performance class (Chorus, Band, Orchestra)


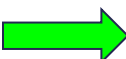
When selecting classes be sure to consider what other activities you have that will take up your time. You want to find a balance where your coursework is challenging but doable. If you are not sure what level of class you should take, do not hesitate to reach out to your teachers, counselors, or parents!

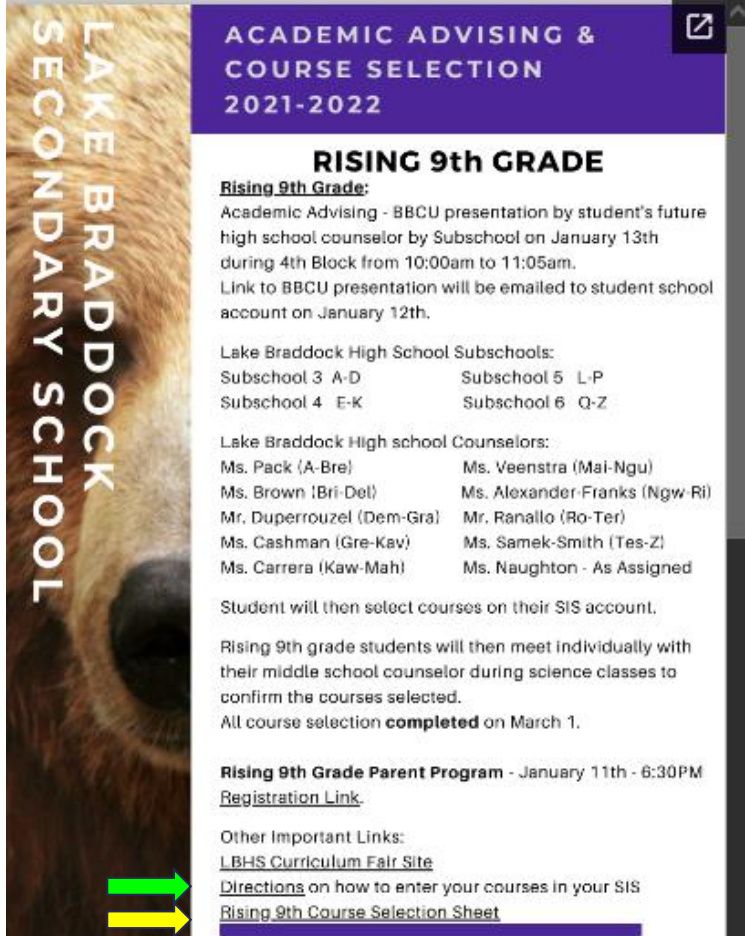
# New Course Selection Timeline

<b>Wednesday, January 13</b> <b>10:00-11:05</b>	All rising 9th graders will meet with their HS Counselors by Subschool to review the steps to choose HS classes. Students will begin process of entering their classes directly into SIS
<b>Friday, January 22</b>	<b>DEADLINE</b> to enter all classes (including alternates) in SIS for the 2021-22 school year
<b>January 25- March 1, 2021</b>	MS Counselors will meet with their current 8th grade students to review all course selections for the 2021-22 school year

# New Course Selection Resources

## LBHS Curriculum Fair Site

- Includes detailed course descriptions and videos from instructors
- Includes course selection sheet (see  to the right)
- Includes step by step directions on entering classes ( see  to the right)



**LAKE BRADDOCK  
SECONDARY SCHOOL**

**ACADEMIC ADVISING &  
COURSE SELECTION  
2021-2022**

**RISING 9th GRADE**

**Rising 9th Grade:**  
Academic Advising - BBCU presentation by student's future high school counselor by SubschooL on January 13th during 4th Block from 10:00am to 11:05am.  
Link to BBCU presentation will be emailed to student school account on January 12th.

Lake Braddock High School SubschooLs:  
SubschooL 3 A-D                      SubschooL 5 L-P  
SubschooL 4 E-K                      SubschooL 6 Q-Z

Lake Braddock High school Counselors:  
Ms. Pack (A-Bre)                      Ms. Veenstra (Mai-Ngu)  
Ms. Brown (Bri-Del)                      Ms. Alexander-Franks (Ngw-Ri)  
Mr. Duperrouzel (Dem-Gra)                      Mr. Ranallo (Ro-Ter)  
Ms. Cashman (Gre-Kav)                      Ms. Samek-Smith (Tes-Z)  
Ms. Carrera (Kaw-Mah)                      Ms. Naughton - As Assigned

Student will then select courses on their SIS account.

Rising 9th grade students will then meet individually with their middle school counselor during science classes to confirm the courses selected.  
All course selection **completed** on March 1.

**Rising 9th Grade Parent Program** - January 11th - 6:30PM  
[Registration Link](#).

Other Important Links:  
[LBHS Curriculum Fair Site](#)  
[Directions](#) on how to enter your courses in your SIS  
[Rising 9th Course Selection Sheet](#)

# Let's Go! Time to Pick Classes

**Step 1:** Log into the [Curriculum Fair Website](#). (The link will be placed in our chat)

**Step 2:** Scroll to the [9th grade Course Selection sheet](#) link and open the document

**Step 3:** From the course selection sheet, choose your 5 core Freshman classes. These include: **English, Science, Social Studies, Math, and PE**. The chart on the next slide is an additional “cheat sheet” for choosing your required classes

# Registering for Classes in SIS

Subject	Course & Code	Course & Code
English	English 9 113000	English 9 Honors 113036
Science	Biology 431000	Biology Honors 431036
Social Studies	World History 1 221900	World History 1 Honors 221936
PE 9	Health & PE 9 730000	

## MATH

Algebra 1	313000	Algebra 1 Honors	313036
Geometry	314300	Geometry Honors	314336
Algebra 2	313500	Algebra 2 Honors	313536

**Step 4:** Open [StudentVue](#) in SIS. Follow the directions for adding classes as we go through them together

## [Class Registration Directions](#)

(If you get to the SIS Student Request page, and your core classes have already been added and locked by your case manager, use this time to explore options for electives on the course selection sheet)



# Questions?

See you next  
year in High  
School, Bruin  
Cubs!

