Hello Lake Braddock Families,

Please take a moment to check the resources below.

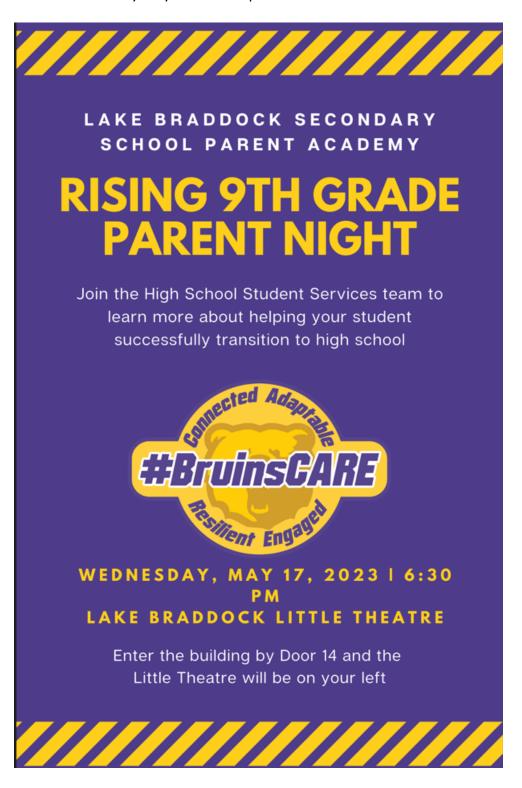
The Family Resource Center (FRC) has released its list of May webinars.

https://www.fcps.edu/resources/family-engagement/family-resource-center/register-freeworkshops-family-resource-center

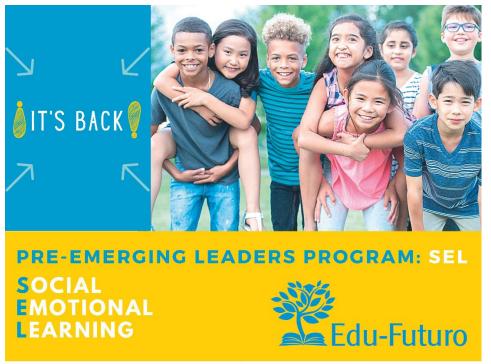
Below are the instructions on how to translate subtitles on any YouTube video



 Rising 9th Grade Parent Night at Lake Braddock Secondary School will be on Wednesday May 17th at 6:30pm at the little theater.



- **Edu-Futuro** is offering a free virtual program from 6th to 8th graders, starting on Monday May 15th. You can sign them up: https://bit.ly/Pre-ELP*





One of Edu-Futuro's most successful programs returns: Pre-ELP.

Our program allows students from 6th. to 8th. grades to learn about their emotions:

who they are, what they feel, how to manage them, and so much more!

The success of your children is in your hands.

Sign them up today for this <u>VIRTUAL</u> program.

More info: Please send an email to evelynaponte@edu-futuro.org

8 SESSIONS: MONDAY & THURSDAY 6:00 PM, STARTING MAY 15

Limited spots.
Sign up:
bit.ly/Pre-ELP



- To honor **Children's Mental Health and Substance Abuse Awareness** month, Healthy Minds Fairfax Youth Advisory Council is hosting an art gallery at Lorton Community Center on Friday, May 12 from 6 to 8 p.m.











- The Northern Virginia Opioid Response Network and the Department of Behavioral Health and Development Services and Region 2 Community Service Boards are seeking input about resource needs to address the **opioid epidemic in Northern Virginia**.



- **Dar Al-Hijrah Islamic Center** has amazing resources in Northern Virginia. Check <u>this</u> website