



# “BRUINS STAY AFTER”

## MIDDLE SCHOOL AFTER-SCHOOL PROGRAM



PLEASE NOTE – This schedule is TENTATIVE and subject to change; New clubs will be added throughout the school year.

**NEW CLUBS CAN BE ADDED AT ANY TIME.**

Monday	Tuesday	Wednesday	Thursday	Friday
Afterschool Time 2:50p – 4:45p	Afterschool Time 2:50p – 4:45p	Afterschool Time 2:50p – 4:45p	Afterschool Time 2:50p – 4:45p	Afterschool Time 2:50p – 4:45p
<i>Academic Support &amp; Enrichment</i> from Teachers (various classrooms) <b>NOTE</b> – STUDENTS MUST SETUP “STAY AFTER” APPOINTMENTS WITH TEACHERS PRIOR TO STAYING AFTER	<i>Academic Support &amp; Enrichment</i> from Teachers (various classrooms) <b>NOTE</b> – STUDENTS MUST SETUP “STAY AFTER” APPOINTMENTS WITH TEACHERS PRIOR TO STAYING AFTER	<i>Academic Support &amp; Enrichment</i> from Teachers (various classrooms) <b>NOTE</b> – STUDENTS MUST SETUP “STAY AFTER” APPOINTMENTS WITH TEACHERS PRIOR TO STAYING AFTER	<i>Academic Support &amp; Enrichment</i> from Teachers (various classrooms)  <b>NOTE</b> – STUDENTS MUST SETUP “STAY AFTER” APPOINTMENTS WITH TEACHERS PRIOR TO STAYING AFTER	<b>**NO LATE BUSES: PARENT PICK-UP IS REQUIRED BY 5:00PM**</b>
CATCH ALL SPACES: THE CHILL ZONE (cafeteria) LIBRARY TIME (library)	CATCH ALL SPACES: THE CHILL ZONE (cafeteria)	CATCH ALL SPACES: THE CHILL ZONE	CATCH ALL SPACES: THE CHILL ZONE (cafeteria) LIBRARY TIME (library)	<b>ACTIVITIES INCLUDE:</b> ↓↓ <i>Academic Support &amp; Enrichment</i> from Teachers
<b>ACTIVITIES INCLUDE:</b> ↓↓ MS Cross Country  SCA (MS Student Council Association)  Hooked  Fashion club  Speech  *More clubs will be added throughout the year	<b>ACTIVITIES INCLUDE:</b> ↓↓ MS Jazz Band  Analog RPG club  Video game club  Anime club  Model UN  Origami club  *More clubs will be added throughout the year	<b>ACTIVITIES INCLUDE:</b> ↓↓ MS Cross Country  MS LAX Club  MS Drama / Theatre Arts  Ping Pong Club  Chess Club  *More clubs will be added throughout the year	<b>ACTIVITIES INCLUDE:</b> ↓↓ Science Olympiad  STEM Club  Esports club  Math Counts  Maker Space club  *More clubs will be added throughout the year	<b>Trivia Fridays (start date TBD)</b>  <i>Scheduled MS After-School Club &amp; Program Meetings; NO CATCH ALLS!</i>  <div style="background-color: black; color: white; padding: 10px; border-radius: 15px; text-align: center;"> <p>Purple Days = Late Buses Available</p> <p>Gold Days = No Late Buses Parent Pick-Up Required</p> </div>

Club/Activity Name	Meeting Day/Time	Sponsor	Description	Schoolology Access Codes
				<b>SCHOOLGY JOIN LINK: TBD</b>
<b>THE CHILL ZONE</b>	Every day except Friday 3:00p – 4:30p in the cafe	Jerald Minnis, Joshua Britton & Jessica Giffin <a href="mailto:Jminnis1@fcps.edu">Jminnis1@fcps.edu</a> <a href="mailto:jibritton@fcps.edu">jibritton@fcps.edu</a> <a href="mailto:jlgiffin@fcps.edu">jlgiffin@fcps.edu</a>	A safe, supervised place to hang out after-school with friends, play games, study, and enjoy some extracurricular recreation.	<b>Access Code: BP45-FRKM-4JPV5</b>
<b>Library Time Starts September 23rd</b>	Mon. and Thurs. 3:00p – 4:30p in the library	Sarah Pevner & Antonella Doherty <a href="mailto:sipevner@fcps.edu">sipevner@fcps.edu</a> <a href="mailto:alucianodohe@fcps.edu">alucianodohe@fcps.edu</a>	A safe, quiet and supervised space for students to relax after-school, dive into some great pieces of literature, study for an upcoming test or work on their homework.	<b>N/A</b>
<b>Video Game Club</b>	Tuesdays Café/FDR	Student-Led; Sponsored by LBSS Staff	Come hang out with student-led group of gamers and try your luck at Smash Bros, Mario Kart, Madden and other consoles games. We have Xbox, PlayStation and Nintendo Switches.	<b>N/A</b>
<b>Fashion Club</b>	Mondays Café/FDR	Viviane Kabro	Connect with your friends and talk about the latest fashion trends	<b>Access code: 98XS-JFVR-4MZ62</b>
<b>MS Cross Country</b>	Mondays and Wednesdays  M140	Mark Purdy  Jerald Minnis <a href="mailto:Jminnis1@fcps.edu">Jminnis1@fcps.edu</a>	This club serves as an introductory activity to HS athletics, specifically HS cross country and track & field. Participants will get the opportunity to run after-school and build their cardio / conditioning through various workouts and drills. Additionally, students will get the chance to learn more about the wide array of track and field events offered in HS athletics.	<b>Access Code: 9X24-MGPW-JB86T</b>
<b>SCA (MS Student Council Association)</b>	Mondays 3:00-3:30 L-125	Kathy Williams <a href="mailto:kcwilliams@fcps.edu">kcwilliams@fcps.edu</a>	Middle School SCA is a student-directed organization that hosts various events during the school year such as homecoming events, pep rallies, dances, community service events, and the annual 8th grade formal. Our 8th grade officers, and Executive Board are enrolled in a year-long SCA elective. We also meet monthly after school with our team representatives. General membership in the SCA is open to all middle school students although leadership positions are elected.	<b>Access Code: TBD</b>
<b>Hooked Starts Sept 30<sup>th</sup></b>	Mondays 3:00-4:30 B208	Leah Dubray <a href="mailto:lrubray@fcps.edu">lrubray@fcps.edu</a>	A collaborative crochet club where students work with their peers to teach them the art of crochet. Crocheted pieces can be kept by the maker OR donated to a local shelter for service hours.	<b>Access Code: 3CT6-PBX2-WF6MJ</b>
<b>MS Track</b>	Spring 2024  Mondays and Wednesdays  M140	Jerald Minnis <a href="mailto:Jminnis1@fcps.edu">Jminnis1@fcps.edu</a>	This club serves as an introductory activity to HS athletics, specifically HS cross country and track & field. Participants will get the opportunity to run after-school and build their cardio / conditioning through various workouts and drills. Additionally, students will get the chance to learn more about the wide array of track and field events offered in HS athletics.	<b>Access Code: 9X24-MGPW-JB86T</b>
<b>Analog RPG club</b>	Tues. 3:00p - 4:30p in C146	Jim Phillips <a href="mailto:Jrphillips@fcps.edu">Jrphillips@fcps.edu</a>	Students experienced with the rules of D&D create characters, conduct campaigns...and “roll for initiative!” Please be prepared to commit to	<b>Access Code: 3WDF-WSCC-HCRTD</b>

			consistent attendance, as well as be willing to take on various roles within the club (including DM).	
<b>Model UN</b>	Tuesday 3:00- 4:30p H212	Annika Sypher <a href="mailto:amsypher@fcps.edu">amsypher@fcps.edu</a>	a simulation of the United Nations (UN) where students act as delegates to the UN and debate topics like climate change, gender equality, and global health	
<b>LBSS Speech</b>	Mondays G106-107	James Ridgway	<b>[SPEECH]</b> Learn how to speak in front of others and compete in seven different styles by yourself or with your friends! Great for building confidence in public speaking!	N/A
<b>Anime Club</b>	Tuesdays D130	Deysi Camacho	Talk and learn more about Anime with your fellow students.	<b>Access code: KZ8V-DQGX-BKRTJ</b>
<b>Fold it! Origami Club</b>		Almaz Ayene <a href="mailto:aaayane@fcps.edu">aaayane@fcps.edu</a>	How good can your 3D folds be?	<b>Access Code: Z4FR-5P93-SQSG8</b>
<b>MS Jazz Band</b>  <b>*Starts in October*</b>	Tues. 3:00p – 4:30p in P119	Krista Pezold <a href="mailto:kapezold@fcps.edu">kapezold@fcps.edu</a>	Students who already know how to play a musical instrument will dive into a new style of music, jazz. The focus will be on skill-building and performance.	<b>Access Code: 3HQW-7C65-6X6H3</b>
<b>Hispanic Student Association</b>	2 <sup>nd</sup> & 4 <sup>th</sup> Tues. of each month 3:00p – 4:30p in C214	Anna McDonald <a href="mailto:abmcdonald@fcps.edu">abmcdonald@fcps.edu</a>	To unite, educate, and empower the Latino community through awareness. To bring together students who share similar backgrounds or are interested in learning about the culture.	<b>Access Code: 2RG7-DGQD-36W6Z</b>
<b>FCCLA</b>	2 <sup>nd</sup> & 4 <sup>th</sup> Tues. of each month 3:00p – 4:30p in C174/C176	Toshieba Ragland, Thomas Prassa & Angela Moyer <a href="mailto:tragland@fcps.edu">tragland@fcps.edu</a> <a href="mailto:taprassa@fcps.edu">taprassa@fcps.edu</a> <a href="mailto:asmoyer@fcps.edu">asmoyer@fcps.edu</a>	An intracurricular organization that promotes personal growth & leadership development through member involvement and Family and Consumer Sciences Education. It's the only club that has family as its central focus with dynamics on student membership, academic & community leadership, creativity, culinary, character development & friendship. Do you like a challenge? Fieldtrips? Competitions? Are you a leader? Be "IncREDible"; we challenge you to join the ultimate leadership experience.	<b>Access Code: B26J-NQDN-MRSSS</b> <b>**Requires Admin Approval**</b>
<b>Chess Club</b>	Wednesday Café/FDR	Almaz Ayene <a href="mailto:aaayane@fcps.edu">aaayane@fcps.edu</a>	Are you a Chess master? Prove it!	<b>Access Code: TRJ7-B6XR-QPNH3</b>
<b>MS Drama / Theatre Arts</b>	Wed. 3:00p – 4:30p	Stacey Mitchell <a href="mailto:smitchell@fcps.edu">smitchell@fcps.edu</a>	Drama club is a student led club with a board of elected officers. Drama club meetings will be planned by the officers based on the interest of the members of the club. Some popular meeting topics are Improv/Theatre Games; Tech projects; Folger Shakespeare Festival Planning & Participation; and Watch Parties. Join us for theatrical fun!	<b>Access Code: HB7H-RC4W-ZDMKJ</b>

<b>Ping Pong Club</b>	Monday and Wednesday 3:00-4:30 pm Café	Jerald Minnis <a href="mailto:Jminnis1@fcps.edu">Jminnis1@fcps.edu</a>	6 tables of Table Tennis action. Come join the fun!	<b>Access code: SZTJ-75HD-HBRF9</b>
<b>MS LAX Club</b>	Wed. 3:00p – 4:30p on softball field	Jennifer Farris <a href="mailto:jafarris@fcps.edu">jafarris@fcps.edu</a>	Open to 7th & 8th grade students. All levels of experience can participate, and we welcome first-time beginners. The club will promote education and fitness through lacrosse, one of the fastest growing sports in the world. The club will meet weekly during the fall and weather permitting days in the winter for skills development and pick-up play. During the spring, club members will have the opportunity to support the high school teams in various capacities. Players are encouraged to have their own equipment. Should a player require assistance to obtain equipment, club supervision will solicit donations from local sources to provide opportunity for all to play. The club might participate in other activities together requiring some fees be collected	<b>Access Code: 5K9M-9N9N-VBGTD</b>
<b>Maker space</b>	Thursday	Annika Sypher <a href="mailto:amsypher@fcps.edu">amsypher@fcps.edu</a>	Build things that move and groove? Join our STEM infused makerspace group	<b>Access code: S8BW-M88V-8GZXV</b>
<b>Esports Club</b> <b>Starts Sep. 19<sup>th</sup></b>	Thurs. 3:00p-4:30p M120	Alex Tudan <a href="mailto:aetudan@fcps.edu">aetudan@fcps.edu</a>	Join your fellow gamers in competing for glory!	<b>Access code: CKKK-DNNW-GG3JH</b>
<b>Science Olympiad</b>	Thurs. 3:00p – 4:30p In M234	Jen Cortesi <a href="mailto:jacortesi@fcps.edu">jacortesi@fcps.edu</a>	Science competition team; by try-out only. More information: <a href="https://sites.google.com/fcpsschools.net/lbssodivb/home">https://sites.google.com/fcpsschools.net/lbssodivb/home</a>	<b>Access Code: M5JV-2T7N-2CMKB</b> <b>**Requires Admin Approval**</b>
<b>Math Counts</b>	Thurs. 3:00p – 4:30p H108	Jahangir Hossain	MATHCOUNTS is a nationwide math competition for middle school students. Joining the LB team is a fun extracurricular for anyone interested in math. The interest meeting is after school Thursday	<b>Access Code: JMW9-Z2PC-N7HMM</b>
<b>STEM Club</b>	Thurs. 3:00p – 4:30p in M111	Todd Murphy <a href="mailto:tjmurphy@fcps.edu">tjmurphy@fcps.edu</a>	No tryouts or previous experience required. Each session will feature a new hands-on activity for students to explore. Possible topics might include creating a bridge out of toothpicks, designing a boat with unusual materials, learning birding tips from experts, or working with electrical circuits.	<b>Access Code: MXRJ-RD64-FVPXX</b>
<b>Battle of the Books</b> <b>Meeting during WIN time on September 17<sup>th</sup></b>	Gold Days during (WIN TIME) WIN Time in the Library (once every couple weeks)	Diane Rogers & Mike Van Wambeke <a href="mailto:dprogers@fcps.edu">dprogers@fcps.edu</a> <a href="mailto:MJVanWambeke@fcps.edu">MJVanWambeke@fcps.edu</a>	Battle of the Books is a contest where teams compete to see who know the most trivia about certain books. Read books, form a team, and participate in the Spring Reading Games. The group that wins the Lake Braddock competition will face off against other FCPS middle schools later in the year.	<b>Access Code: W7JW-R5CZ-P6X6J</b>

<b>MS Sports</b>	Rising freshman Basketball Football Volleyball	Jerald Minnis <a href="mailto:Jminnis1@fcps.edu">Jminnis1@fcps.edu</a>	Schedules to be determined. Will happen in the spring once gym space available.	<b>Contact Mr. Minnis</b>
<b>Odyssey of the Mind</b>	Contact for more information >>>>	Christina Collins (volunteer) <a href="mailto:sangsterodyssey@outlook.com">sangsterodyssey@outlook.com</a>	An international, problem-solving competition that has rewards students for imaginative thinking and teamwork! Every year, children work together on developing creative thinking skills by joining a team of up to 7 kids and tackling both short-term problem-solving and one of six different long-term problems: vehicle building, engineering, structure building, classical performance, and theme performance. REGISTER BY SEPTEMBER 30 <sup>th</sup>	<b>REGISTER HERE:</b> <a href="https://forms.gle/YZxBmuBKTJjRavQ56">https://forms.gle/YZxBmuBKTJjRavQ56</a>
<b>Trivia and Bingo</b> <b>Start date TBD</b>	Fridays	Annika Sypher <a href="mailto:Amsypher@fcps.edu">Amsypher@fcps.edu</a>	Challenge yourself with some Trivia and win some small prizes in Bingo	<b>N/A</b>