



“BRUINS STAY AFTER”

MIDDLE SCHOOL AFTER-SCHOOL PROGRAM



PLEASE NOTE – This schedule is TENTATIVE and subject to change; New clubs will be added throughout the school year.
NEW CLUBS CAN BE ADDED AT ANY TIME.

Monday	Tuesday	Wednesday	Thursday	Friday
Afterschool Time 2:50p – 4:45p	Afterschool Time 2:50p – 4:45p	Afterschool Time 2:50p – 4:45p	Afterschool Time 2:50p – 4:45p	Afterschool Time 2:50p – 4:45p
<i>Academic Support & Enrichment</i> from Teachers (various classrooms) NOTE – STUDENTS MUST SETUP “STAY AFTER” APPOINTMENTS WITH TEACHERS PRIOR TO STAYING AFTER	<i>Academic Support & Enrichment</i> from Teachers (various classrooms) NOTE – STUDENTS MUST SETUP “STAY AFTER” APPOINTMENTS WITH TEACHERS PRIOR TO STAYING AFTER	<i>Academic Support & Enrichment</i> from Teachers (various classrooms) NOTE – STUDENTS MUST SETUP “STAY AFTER” APPOINTMENTS WITH TEACHERS PRIOR TO STAYING AFTER	<i>Academic Support & Enrichment</i> from Teachers (various classrooms) NOTE – STUDENTS MUST SETUP “STAY AFTER” APPOINTMENTS WITH TEACHERS PRIOR TO STAYING AFTER	**NO LATE BUSES: PARENT PICK-UP IS REQUIRED BY 5:00PM**
CATCH ALL SPACES: THE CHILL ZONE (cafeteria) LIBRARY TIME (library)	CATCH ALL SPACES: THE CHILL ZONE (cafeteria)	CATCH ALL SPACES: THE CHILL ZONE	CATCH ALL SPACES: THE CHILL ZONE (cafeteria) LIBRARY TIME (library)	ACTIVITIES INCLUDE: ↓↓ <i>Academic Support & Enrichment</i> from Teachers
ACTIVITIES INCLUDE: ↓↓ MS Cross Country SCA (MS Student Council Association) Hooked Fashion club Speech *More clubs will be added throughout the year	ACTIVITIES INCLUDE: ↓↓ MS Jazz Band Analog RPG club Video game club Anime club Model UN Origami club *More clubs will be added throughout the year	ACTIVITIES INCLUDE: ↓↓ MS Cross Country MS LAX Club MS Drama / Theatre Arts Ping Pong Club Chess Club *More clubs will be added throughout the year	ACTIVITIES INCLUDE: ↓↓ Science Olympiad STEM Club Esports club Math Counts Maker Space club *More clubs will be added throughout the year	Trivia Fridays (start date TBD) <i>Scheduled MS After-School Club & Program Meetings; NO CATCH ALLS!</i>
				Purple Days = Late Buses Available Gold Days = No Late Buses Parent Pick-Up Required

Club/Activity Name	Meeting Day/Time	Sponsor	Description	Schoology Access Codes
				SCHOOLGY JOIN LINK: TBD
THE CHILL ZONE	Every day except Friday 3:00p – 4:30p in the cafe	Jerald Minnis, Joshua Britton & Jessica Giffin Jminnis1@fcps.edu jibritton@fcps.edu jlgiffin@fcps.edu	A safe, supervised place to hang out after-school with friends, play games, study, and enjoy some extracurricular recreation.	Access Code: BP45-FRKM-4JPV5
Library Time Starts September 23rd	Mon. and Thurs. 3:00p – 4:30p in the library	Sarah Pevner & Antonella Doherty sipevner@fcps.edu alucianodohe@fcps.edu	A safe, quiet and supervised space for students to relax after-school, dive into some great pieces of literature, study for an upcoming test or work on their homework.	N/A
Video Game Club	Tuesdays Café/FDR	Student-Led; Sponsored by LBSS Staff	Come hang out with student-led group of gamers and try your luck at Smash Bros, Mario Kart, Madden and other consoles games. We have Xbox, PlayStation and Nintendo Switches.	N/A
Fashion Club	Mondays Café/FDR	Viviane Kabro	Connect with your friends and talk about the latest fashion trends	Access code: 98XS-JFVR-4MZ62
MS Cross Country	Mondays and Wednesdays M140	Mark Purdy Jerald Minnis Jminnis1@fcps.edu	This club serves as an introductory activity to HS athletics, specifically HS cross country and track & field. Participants will get the opportunity to run after-school and build their cardio / conditioning through various workouts and drills. Additionally, students will get the chance to learn more about the wide array of track and field events offered in HS athletics.	Access Code: 9X24-MGPW-JB86T
SCA (MS Student Council Association)	Mondays 3:00-3:30 L-125	Kathy Williams kcwilliams@fcps.edu	Middle School SCA is a student-directed organization that hosts various events during the school year such as homecoming events, pep rallies, dances, community service events, and the annual 8th grade formal. Our 8th grade officers, and Executive Board are enrolled in a year-long SCA elective. We also meet monthly after school with our team representatives. General membership in the SCA is open to all middle school students although leadership positions are elected.	Access Code: TBD
Hooked Starts Sept 30th	Mondays 3:00-4:30 B208	Leah Dubray lrubray@fcps.edu	A collaborative crochet club where students work with their peers to teach them the art of crochet. Crocheted pieces can be kept by the maker OR donated to a local shelter for service hours.	Access Code: 3CT6-PBX2-WF6MJ
MS Track	Spring 2024 Mondays and Wednesdays M140	Jerald Minnis Jminnis1@fcps.edu	This club serves as an introductory activity to HS athletics, specifically HS cross country and track & field. Participants will get the opportunity to run after-school and build their cardio / conditioning through various workouts and drills. Additionally, students will get the chance to learn more about the wide array of track and field events offered in HS athletics.	Access Code: 9X24-MGPW-JB86T
Analog RPG club	Tues. 3:00p - 4:30p in C146	Jim Phillips Jrphillips@fcps.edu	Students experienced with the rules of D&D create characters, conduct campaigns...and “roll for initiative!” Please be prepared to commit to	Access Code: 3WDF-WSCC-HCRTD

			consistent attendance, as well as be willing to take on various roles within the club (including DM).	
Model UN	Tuesday 3:00- 4:30p H212	Annika Sypher amsypher@fcps.edu	a simulation of the United Nations (UN) where students act as delegates to the UN and debate topics like climate change, gender equality, and global health	
LBSS Speech	Mondays G106-107	James Ridgway	[SPEECH] Learn how to speak in front of others and compete in seven different styles by yourself or with your friends! Great for building confidence in public speaking!	N/A
Anime Club	Tuesdays D130	Deysi Camacho	Talk and learn more about Anime with your fellow students.	Access code: KZ8V-DQGX-BKRTJ
Fold it! Origami Club		Almaz Ayene aaayane@fcps.edu	How good can your 3D folds be?	Access Code: Z4FR-5P93-SQSG8
MS Jazz Band *Starts in October*	Tues. 3:00p – 4:30p in P119	Krista Pezold kapezold@fcps.edu	Students who already know how to play a musical instrument will dive into a new style of music, jazz. The focus will be on skill-building and performance.	Access Code: 3HQW-7C65-6X6H3
Hispanic Student Association	2 nd & 4 th Tues. of each month 3:00p – 4:30p in C214	Anna McDonald abmcdonald@fcps.edu	To unite, educate, and empower the Latino community through awareness. To bring together students who share similar backgrounds or are interested in learning about the culture.	Access Code: 2RG7-DGQD-36W6Z
FCCLA	2 nd & 4 th Tues. of each month 3:00p – 4:30p in C174/C176	Toshieba Ragland, Thomas Prassa & Angela Moyer tragland@fcps.edu taprassa@fcps.edu asmoyer@fcps.edu	An intracurricular organization that promotes personal growth & leadership development through member involvement and Family and Consumer Sciences Education. It's the only club that has family as its central focus with dynamics on student membership, academic & community leadership, creativity, culinary, character development & friendship. Do you like a challenge? Fieldtrips? Competitions? Are you a leader? Be "IncREDible"; we challenge you to join the ultimate leadership experience.	Access Code: B26J-NQDN-MRSSS **Requires Admin Approval**
Chess Club	Wednesday Café/FDR	Almaz Ayene aaayane@fcps.edu	Are you a Chess master? Prove it!	Access Code: TRJ7-B6XR-QPNH3
MS Drama / Theatre Arts	Wed. 3:00p – 4:30p	Stacey Mitchell smitchell@fcps.edu	Drama club is a student led club with a board of elected officers. Drama club meetings will be planned by the officers based on the interest of the members of the club. Some popular meeting topics are Improv/Theatre Games; Tech projects; Folger Shakespeare Festival Planning & Participation; and Watch Parties. Join us for theatrical fun!	Access Code: HB7H-RC4W-ZDMKJ

Ping Pong Club	Monday and Wednesday 3:00-4:30 pm Café	Jerald Minnis Jminnis1@fcps.edu	6 tables of Table Tennis action. Come join the fun!	Access code: SZTJ-75HD-HBRF9
MS LAX Club	Wed. 3:00p – 4:30p on softball field	Jennifer Farris jafarris@fcps.edu	Open to 7th & 8th grade students. All levels of experience can participate, and we welcome first-time beginners. The club will promote education and fitness through lacrosse, one of the fastest growing sports in the world. The club will meet weekly during the fall and weather permitting days in the winter for skills development and pick-up play. During the spring, club members will have the opportunity to support the high school teams in various capacities. Players are encouraged to have their own equipment. Should a player require assistance to obtain equipment, club supervision will solicit donations from local sources to provide opportunity for all to play. The club might participate in other activities together requiring some fees be collected	Access Code: 5K9M-9N9N-VBGTD
Maker space	Thursday	Annika Sypher amsypher@fcps.edu	Build things that move and groove? Join our STEM infused makerspace group	Access code: S8BW-M88V-8GZXV
Esports Club Starts Sep. 19th	Thurs. 3:00p-4:30p M120	Alex Tudan aetudan@fcps.edu	Join your fellow gamers in competing for glory!	Access code: CKKK-DNNW-GG3JH
Science Olympiad	Thurs. 3:00p – 4:30p In M234	Jen Cortesi jacortesi@fcps.edu	Science competition team; by try-out only. More information: https://sites.google.com/fcpsschools.net/lbssodivb/home	Access Code: M5JV-2T7N-2CMKB **Requires Admin Approval**
Math Counts	Thurs. 3:00p – 4:30p H108	Jahangir Hossain	MATHCOUNTS is a nationwide math competition for middle school students. Joining the LB team is a fun extracurricular for anyone interested in math. The interest meeting is after school Thursday	Access Code: JMW9-Z2PC-N7HMM
STEM Club	Thurs. 3:00p – 4:30p in M111	Todd Murphy tjmurphy@fcps.edu	No tryouts or previous experience required. Each session will feature a new hands-on activity for students to explore. Possible topics might include creating a bridge out of toothpicks, designing a boat with unusual materials, learning birding tips from experts, or working with electrical circuits.	Access Code: MXRJ-RD64-FVPXX
Battle of the Books Meeting during WIN time on September 17th	Gold Days during (WIN TIME) WIN Time in the Library (once every couple weeks)	Diane Rogers & Mike Van Wambeke dprogers@fcps.edu MJVanWambeke@fcps.edu	Battle of the Books is a contest where teams compete to see who know the most trivia about certain books. Read books, form a team, and participate in the Spring Reading Games. The group that wins the Lake Braddock competition will face off against other FCPS middle schools later in the year.	Access Code: W7JW-R5CZ-P6X6J

MS Sports	Rising freshman Basketball Football Volleyball	Jerald Minnis Jminnis1@fcps.edu	Schedules to be determined. Will happen in the spring once gym space available.	Contact Mr. Minnis
Odyssey of the Mind	Contact for more information >>>>	Christina Collins (volunteer) sangsterodyssey@outlook.com	An international, problem-solving competition that has rewards students for imaginative thinking and teamwork! Every year, children work together on developing creative thinking skills by joining a team of up to 7 kids and tackling both short-term problem-solving and one of six different long-term problems: vehicle building, engineering, structure building, classical performance, and theme performance. REGISTER BY SEPTEMBER 30 th	REGISTER HERE: https://forms.gle/YZxBmuBKTJjRavQ56
Trivia and Bingo Start date TBD	Fridays	Annika Sypher Amsypher@fcps.edu	Challenge yourself with some Trivia and win some small prizes in Bingo	N/A