



2023-24 Bruins Stay After Program Preview

Lake Braddock Secondary School

AFTER SCHOOL BASICS

- ❖ There is no fee for the After-School Program (ASP) and all students are invited to attend.
- ❖ The program is a mixture of structured academic and non-academic activities. There are many options to choose from when deciding where to stay after school.
- ❖ The ASP program runs Monday thru Friday 3pm-4:30pm. All after school program activities are over by 4:30. Check with specific teachers/sponsors for detailed meeting time information.
- ❖ Every student must return an After-School Registration Form.
- ❖ Students should make arrangements prior to the end of the school day when staying after with a specific teacher to ensure the teacher is available.
- ❖ Student's must be supervised at all times and are not permitted to wander around the building during after-school hours.
- ❖ Discuss your child's after-school plans every morning to prevent any confusion in the afternoon for the parent and student.
- ❖ Encourage your student to get involved in as many activities as possible. After-school is a great time to get extra academic help and enrichment, make new friends, build social skills, complete homework, and participate in specialized activities.

LATE BUS INFORMATION

- ❖ Late buses will begin on September 18th, 2023, and will be provided on Mondays, Tuesday, Wednesdays, and Thursdays.
- ❖ Information regarding routes and stops will be released in September. Late bus runs differ from the morning and afternoon runs. There are fewer buses and stops.
- ❖ Parent Pick up is required on Fridays and when a student is staying past the late bus departure time on late bus days.



- ❖ Late buses depart from Lake Braddock between 4:30 and 4:45.
- ❖ If you are picking your child up, please utilize the “Kiss and Ride” area located @ Door 3.
- ❖ If your child is not taking a late bus home, please be sure to pick them up by 4:45. This is to prevent unnecessary wait time by students and staff.
- ❖ If you have questions or issues with late bus runs, contact Area 2 Transportation at 703-446-2050.

CLUB/ACTIVITY INFORMATION

- ❖ Club/activity schedules and information will be posted on the school website under After School Programs - Bruins Stay After. Information will also be posted throughout the School and Schoology.
- ❖ Various clubs/activities will be added as the year progresses. Be sure to check periodically for updates.
- ❖ **Examples of previously offered activities include:**

Academic Support & Enrichment	MS LAX	Knitting/crochet	Sewing 101
Arts & Crafts	Flag Football	Literary Magazine	Soccer
Basketball	FCCLA	Math Counts	Zumba
Chess Club	Girls Circle	Video games	Wii Club
Chill Zone	Going Green	Peer Tutoring	Weight Training
Dance Team	Guitar	Poetry Now	Writing Center
Digital Art	Peeps	Military Ambassadors	TSA
Dungeons and Dragons	STEM	Mentoring	Cross country
Track and field	Jazz Band	Library Time	Spelling Bee

- ❖ Clubs/activities are offered based on student interest, financial capabilities, as well as staff availability to sponsor. It is not guaranteed that all activities listed above will be offered each year.
- ❖ Due to limited space and resources, some activities do require try-outs and/or signing up to participate. This information will be given to the students as it becomes available.

MISCELLANEOUS INFORMATION

- ❖ All FCPS rules and regulations apply during the after-school program. Students who do not abide by such rules and regulations will be disciplined accordingly including the possibility of losing after-school privileges.
- ❖ In the event of an early closing due to inclement weather or emergency conditions, all after-school activities will be canceled, and students will be sent home on their regular buses.

- ❖ If your child is absent from school, they are not permitted to participate in after-school activities that day.
- ❖ Students with academic obligations should fulfill those prior to attending a non-academic club or activity.

REASONS FOR PARTICIPATION

- ❖ Research shows that participation in after-school programs leads too...
 - o Increased classroom participation, homework completion and academic performance
 - o Improved student behavior
 - o Better student/adult relationships, peer relations, and emotional adjustment
 - o Improved school attendance
 - o More positive attitudes towards school
 - o Reduced high risk behavior
 - o Increased participation in healthy recreational activities
 - o Increased school, family, and community partnerships



Have questions or need additional information? Please contact...
 Jerald Minnis – After-School Program Specialist -- jjminnis1@fcps.edu

Bruins Stay After MS After-School Program FAQs

Q: Who can participate in the After-School Program?

A: All LBSS MS students may participate.

Q: What is the bell schedule for after-school activities?

A: Students are to report to the Cafeteria to sign in, check in, and grab a snack. After signing in, students should report to their designated club room.

Q: How will students know what bus to ride home?

A: Students should check the late bus listing which will be posted on schoology. There will also be After-School staff designated to help students find their bus (Listing will be released in mid-September.)

Q: What fees are associated with the program?

A: The program is free of charge to all students.

Some activities may have fees for competitions/conferences/uniforms.

Financial assistance is available if needed.

Q: How do students sign up to participate?

A: Each club will have their own policy for participation. Some clubs will be open, some clubs will be capped at a certain number for the day. All clubs will have a Schoology page to sign up to let the sponsor of the club know how many students to expect. Detailed club information will be

released in an “Activity Listing” in September. This listing will include all important details for individual activities.

Q: Can students start a new club?

A: Yes! See the After-School Specialist for a “Club Proposal” form. They will also be available on schoology.

Q: How many clubs can a student participate in?

A: Students may participate in as many activities as they like if they don’t meet at the same time on the same day.

Q: Where can I find more information about the after school program?

A: The most accurate and up to date information can be found on the school website, bulletin board in the cafeteria, on posters around the school.

GO BRUINS!!!

Have questions or need more information about the after-school program?

Contact Mr. Minnis , After-School Program Specialist, jjminnis1@fcps.edu