"BRUINS STAY AFTER"

MIDDLE SCHOOL AFTER-SCHOOL PROGRAM
SCHOOLOGY ACCESS CODE:
N564-FJ6K-QS9TF

PLEASE NOTE – This schedule is TENTATIVE and subject to change, official calendar will be released September 2022.

NEW CLUBS CAN BE ADDED AT ANY TIME.

Monday	Tuesday	Wednesday	Thursday	Friday
Afterschool Time 2:50p – 4:45p	Afterschool Time 2:50p – 4:45p	Afterschool Time 2:50p – 4:45p	Afterschool Time 2:50p – 4:45p	Afterschool Time 2:50p – 4:45p
Academic Support & Enrichment from Teachers (various classrooms) NOTE – STUDENTS MUST SETUP "STAY AFTER" APPOINTMENTS WITH TEACHERS PRIOR TO STAYING AFTER	*Academic Support & Enrichment* from Teachers (various classrooms) NOTE – STUDENTS MUST SETUP "STAY AFTER" APPOINTMENTS WITH TEACHERS PRIOR TO STAYING AFTER	*Academic Support & Enrichment* from Teachers (various classrooms) NOTE – STUDENTS MUST SETUP "STAY AFTER" APPOINTMENTS WITH TEACHERS PRIOR TO STAYING AFTER	*Academic Support & Enrichment* from Teachers (various classrooms) NOTE – STUDENTS MUST SETUP "STAY AFTER" APPOINTMENTS WITH TEACHERS PRIOR TO STAYING AFTER	**NO LATE BUSES: PARENT PICK-UP IS REQUIRED BY 5:00PM**
CATCH ALL SPACES: THE CHILL ZONE (cafeteria) LIBRARY TIME (library)	CATCH ALL SPACES: THE CHILL ZONE (cafeteria) LIBRARY TIME (library)		CATCH ALL SPACES: THE CHILL ZONE (cafeteria) LIBRARY TIME (library)	ACTIVITIES INCLUDE: ↓↓ *Academic Support & Enrichment* from Teachers & HS Students Scheduled *MS After-School Club & Program Meetings; MS Sports & Performing Arts; NO CATCH ALLS!*
ACTIVITIES INCLUDE: ↓↓ Digital Art Club Math Counts LB Chess Club TSA MS Running Club MS Sport Offerings (clinics, workouts and in house leagues to include futsal, basketball, volleyball, LAX)	ACTIVITIES INCLUDE: ↓↓ ❖ FCCLA (2nd & 4th Tues.) ❖ Math Tutoring ❖ Creative Writing Club ❖ URSA Major Lit Mag. ❖ Video Games ❖ MS Jazz Band ❖ PEEPS ❖ Dungeons & Dragons ❖ LB Speech Team ❖ URSA Lit Magazine ❖ MS Hispanic Culture (1st & 4th Tues.) ❖ Military Ambassadors (1st Tues.)	ACTIVITIES INCLUDE: ↓↓ ❖ MS Drama Club ❖ Theatre Rehearsals ❖ Video Game Club ❖ Bingo/Trivia ❖ LB Art Club ❖ MS Spirit Squad	ACTIVITIES INCLUDE: ↓↓ ❖ Science Olympiad ❖ Video Games ❖ Battle of the Books ❖ Open Gym (when gym is available) ❖ STEM Club ❖ Bruin Zumba ❖ A Dog's Life Club ❖ Young Feminist of LBSS	Purple Days = Late Buses Available Gold Days = No Late Buses Parent Pick-Up Required

CONTACT INFORMATION:

Jamaal Hines
MS After-School Specialist
jlhines@fcps.edu
703-426-1085

BRUINS STAY VIRTUAL AFTER-SCHOOL SITE

SCAN ME

REGISTER FOR BRUINS STAY AFTER: MS AFTER-SCHOOL

FOR MORE INFORMATION ABOUT OUR AFTER-SCHOOL ACTIVITIES, FOLLOW THESE Q/R CODES (must use student @fcpsschools.net account):

Club/Activity Name	Meeting Day/Time	Sponsor	Description	Schoology Access Codes
NOTE - ALL MS STUDENTS MUST SIGN-IN DAILY IN THE CAFETERIA AFTER-SCHOOL BEFORE PARTICIPATING IN CLUBS / ACTIVITIES				SCHOOLOGY JOIN LINK: https://lms.fcps.edu/enroll/group
THE CHILL ZONE	Mon., Tues., and Thurs. 3:00p – 4:30p in the cafe	Jamaal Hines, Joshua Britton & Jessica Giffin jlhines@fcps.edu jibritton@fcps.edu jlgiffin@fcps.edu	A safe, supervised place to hang out after-school with friends, play games, study, and enjoy some extracurricular recreation.	**Access Code: BP45-FRKM-4JPV5**
Library Time	Mon., Tues., and Thurs. 3:00p – 4:30p in the library	Sarah Pevner & Antonella Doherty sjpevner@fcps.edu alucianodohe@fcps.edu	A safe, quiet and supervised space for students to relax after-school, dive into some great pieces of literature, study for an upcoming test or work on their homework.	**N/A**
Video Game Club	Mon., Tues. and Thurs. 3:00p – 4:30p in the Café/FDR	Student-Led; Sponsored by LBSS Staff Email jlhines@fcps.edu for more information	Come hang out with student-led group of gamers and try your luck at Smash Bros, Mario Kart, Madden and other consoles games. We have Xbox, PlayStation and Nintendo Switches.	**Access Code: WQP5-9Q6J-X5KBS**
MS Running Club ****INTEREST MEETING: Sept. 20th in Little Theatre at 3pm****	Mon., Tues., Wed. & Thurs. 3:00p – 3:30p on the track	Cheryl Miller cmiller@fcps.edu	This club serves as an introductory activity to HS athletics, specifically HS cross country and track & field. Participants will get the opportunity to run after-school and build their cardio / conditioning through various workouts and drills. Additionally, students will get the chance to learn more about the wide array of track and field events offered in HS athletics. SIGN-UP HERE: https://forms.gle/nF5ke6TJEXsM7UGw7	**Access Code: WP4M-Z3XD-CD73S**
Digital Art Club	Mon. 3:00p – 4:00p in B216	Mike Feeney & Cynthia Gavin mjfeeney@fcps.edu cfgavin@fcps.edu	Watch this video to learn about Digital Art and Design, and Animation offered at Lake Braddock: https://youtu.be/-_xaFw67-I4	**Access Code: XZ6Q-R7Z6-XJDDZ**
Math Counts	Mon. 3:00p – 4:00p in L209	Mike Edwards Maedwards3@fcps.edu	Offers fun and engaging programs and competitions that get middle school students excited about math	**Access Code: 6QVT-QTT8-BJ8T9**
LB Chess Club	Mon. 3:00p – 4:30p in H235	Mahmud Syed msyed@fcps.edu	Come learn to play or practice your skills in the game of chess. We accept all skill levels from beginner to expert. A place where you can play others of a similar skill level.	**Access Code: 3M3H-5Z9Q-72732**
Technology Student Association (TSA)	Mon. 3:00p-4:30p in B107	Isaac Messner icmessner@fcps.edu	a national career & technical student organization of students engaged in STEM. TSA's extracurricular program includes competitions and leadership activities designed to challenge students to create creative solutions to complex problems. Students are challenged to create projects in a range of STEM fields from Architecture, Engineering, Coding, Construction and more	**Access Code: PKQS-2G7C-4X7DQ**
Dungeons & Dragons	Tues. 3:00p - 4:30p in M201	Jim Phillips Jrphillips@fcps.edu	Students experienced with the rules of D&D create characters, conduct campaigns…and "roll for initiative!" Please be prepared to commit to consistent attendance, as well as be willing to take on various roles within the club (including DM).	**Access Code: B6B7-XQW4-KF9J9**

Math Tutoring / HW Club	Tues. 3:00p – 4:30p in M121	Carrie Bachmann clbachmann@fcps.edu	Need some extra math support after-school or just want a quiet place to work on your homework before late buses arrive? This is the place for you!	**Access Code: FWXC-S84R-RMFKH**
LBSS Speech & Debate Teams ****First Meeting: August 30th****	Tues. 5:00p-6:00p (Lincoln Douglas) 6:00p-7:00p (Congress) 7:00p-8:00p (Speech)	Duane Hyland Duanedjh@fcps.edu Meagan Tubbs metubbs@fcps.edu	**[LINCOLN DOUGLAS]** Improve your speech confidence and delivery skills, develop strong evidence-based arguments and increase your competitive / scholarly competency. **[CONGRESS]** Join Student Congress Debate to build confidence, critical thinking skills and strengthen your presentational speaking. **[SPEECH]** Learn how to speak in front of others and compete in seven different styles by yourself or with your friends! Great for building confidence in public speaking!	**N/A**
Math Tutoring / HW Club	Tues. 3:00p – 4:30p in M121	Carrie Bachmann clbachmann@fcps.edu	Need some extra math support after-school or just want a quiet place to work on your homework before late buses arrive? This is the place for you!	**Access Code: FWXC-S84R-RMFKH**
URSA Major Lit Magazine Club / Creative Writing	Tues. 3:00p – 4:30p in L210	James Mroz JGMroz@fcps.edu	Be a vital part of the creative writing team that puts together our literary magazine.	**Access Code: 7KG7-FWTC-SR22C**
Latin Club ****Interest Meeting: Sept. 20th****	Tues. 3:00p – 4:30p in C201	Cheri Miller clmiller@fcps.edu	Learn about Ancient Rome, mythology, crazy festivals, and FOOD!	**Access Code: 795W-W883-XJXZ3**
MS Jazz Band ****STARTS OCT 2022****	Tues. 3:00p – 4:30p in P119	Krista Pezold kapezold@fcps.edu	Students who already know how to play a musical instrument will dive into a new style of music, jazz. The focus will be on skill-building and performance.	**Access Code: 3HQW-7C65-6X6H3**
PEEPS	Tues. 3:00p – 4:30p in M125	Kristin Girardin kegirardin@fcps.edu	Aiming to create a safe, welcoming & accepting space to make friends and socialize. Activities include games, crafts, and the promotion of community awareness.	**N/A**
Military Ambassadors Club	1st Tues. of each month 3:00p – 4:30p in J202	Craig Stouffer cstouffer@fcps.edu	**SUPPORT** new military students; **PROVIDE** a space for military students to socialize and connect with one another through our club meetings; **SERVE** our military community through service projects	**Access Code: 874X-KS9R-MQ327**
FCCLA / Cooking Club ****INTEREST MEETING: SEPT. 13th**** ****MUST HAVE DUES PAID**** **$20 annual dues**	2nd & 4th Tues. of each month 3:00p – 4:30p in C174/C176	Toshieba Ragland, Thomas Prassa & Angela Moyer tragland@fcps.edu taprassa@fcps.edu asmoyer@fcps.edu	An intracurricular organization that promotes personal growth & leadership development through member involvement and Family and Consumer Sciences Education. It's the only club that has family as its central focus with dynamics on student membership, academic & community leadership, creativity, character development & friendship. Do you like a challenge? Fieldtrips? Competitions? Are you a leader? Be "IncREDible"; we challenge you to join the ultimate leadership experience.	**Access Code: B26J-NQDN-MRSSS** ****Requires Admin Approval****
Hispanic Student Association ****STARTS SEPT. 27th****	2nd & 4th Tues. of each month 3:00p – 4:30p in C214	Anna McDonald abmcdonald@fcps.edu	To unite, educate, and empower the Latino community through awareness. To bring together students who share similar backgrounds or are interested in learning about the culture	**Access Code: 2RG7-DGQD-36W6Z**
LB Art Club	Wed. 3:00p – 4:30p in M118	Suzy Hurwitz slhurwitz@fcps.edu	A place for practicing artists to hone in on their skills, develop their techniques and portfolios, collaborate with other artists like themselves, create bonds with the community through the arts, and learn how to work together through group projects that will beautify the school and community.	**Access Code: FDWW-3DVR-VKQGR**

MS Spirit Squad ****Interest Meeting: Dec. 7th**** ****First practice: Dec 14th****	Wed. 3:00p – 4:30p in Lecture Hall	Marissa Gaines magaines@fcps.edu	This club is an introduction to the HS Cheerleading Program at Lake Braddock. Participants will meet after-school with our head cheerleading coach and HS athletes to collaborate workouts and practices in preparation for HS cheer participation.	**Access Code: 7Q6T-46ZS-CSFZC**
MS Drama / Theatre Arts	Wed. 3:00p – 4:30p (General Meeting) 4:30p – 5:30p (Officers Meeting) In P141	Stacey Mitchell srmitchell@fcps.edu	Drama club is a student led club with a board of elected officers. Drama club meetings will be planned by the officers based on the interest of the members of the club. Some popular meeting topics are Improv/Theatre Games; Tech projects; Folger Shakespeare Festival Planning & Participation; and Watch Parties. Join us for theatrical fun!	**Access Code: HB7H-RC4W-ZDMKJ**
Wednesday Bingo/Trivia	Wed. 3:00p – 4:30p in FDR	TBA	Come try your luck at Wednesday Bingo & Trivia with some Lake Braddock staff and win some cool prizes!	**Access Code:**
LB Programming / Game Design	Wed. 3:00p – 4:30 in H201	Thomas McLarney tpmclarney@fcps.edu	Come and explore the wonderful world of coding, programming, and game design.	**Access Code: XBZN-DRHN-HFM6J**
Science Olympiad	Thurs. 3:00p – 4:30p In M234	Jen Cortesi jacortesi@fcps.edu	Science competition team; by try-out only	**Access Code: M5JV-2T7N-2CMKB** ****Requires Admin Approval****
STEM Club	Thurs. 3:00p – 4:30p in M111	Todd Murphy tjmurphy@fcps.edu	No tryouts or previous experience required. Each session will feature a new hands-on activity for students to explore. Possible topics might include creating a bridge out of toothpicks, designing a boat with unusual materials, learning birding tips from experts, or working with electrical circuits.	**Access Code: MXRJ-RD64-FVPXX**
Bruin Zumba	Thurs. 3:00p – 4:30p in D130	Anne Pasupulati aepasupulati@fcps.edu	Join Ms. P and dance your way to a fun filled workout!	**Access Code: VQTW-KSF2-WVZNF**
Young Feminists of Lake Braddock	Friday 3:00p – 4:30p in M120	Sofia Cano scanocrowley@fcps.edu	This group is for students to work as both individuals and as collectives within women's' movements or in other social movements to promote and work towards the safety, equality, justice, rights and dignity of girls, women and other marginalized groups.	**Access Code: WRQ5-B686-H8SKJ**
Friday Flicks	Various Fridays 3:00p – 4:30p in the cafeteria (unless noted otherwise)	Jamaal Hines & LBSS Staff jlhines@fcps.edu	Come and enjoy a Friday Flick with your fellow Bruins before the weekend. Don't miss out on snacks, friends, and a good time! Parent pick-up / walkers required; no late buses!	**Access Code: 49ZV-7642-59ZPG**
Battle of the Books	Gold Days during WIN Time in the Library (once every couple weeks)	Diane Rogers & Carolyn Hilyard dprogers@fcps.edu cjhilyard@fcps.edu	Battle of the Books is a contest where teams compete to see who know the most trivia about certain books. Read books, form a team, and participate in the Spring Reading Games. The group that wins the Lake Braddock competition will face off against other FCPS middle schools later in the year.	**Access Code: W7JW-R5CZ-P6X6J**
A Dog's Life Club ****Interest Meeting: Sept. 14th****	Gold Days during WIN Time in the Café (once per month)	Johnathan Nieto jdnieto@fcpsschools.net	This club will include making dog toys for dogs in in local animal shelters as well as discussions about the importance these toys and other ways to support these shelter animals.	**Access Code: 7FZM-3J9R-HJFD6**

MS LAX Club ****INTEREST MEETING: SEPT. 21st in Café at 3pm****	TBA 3:00p – 4:30p in TBA	Jennifer Harris jafarris@fcps.edu	Open to 7th & 8th grade students. All levels of experience can participate, and we welcome first-time beginners. The club will promote education and fitness through lacrosse, one of the fastest growing sports in the world. The club will meet weekly during the fall and weather permitting days in the winter for skills development and pick-up play. During the spring, club members will have the opportunity to support the high school teams in various capacities. Players are encouraged to have their own equipment. Should a player require assistance to obtain equipment, club supervision will solicit donations from local sources to provide opportunity for all to play. The club might participate in other activities together requiring some fees be collected	**Access Code: 5K9M-9N9N-VBGTD**
The "OK Boomer" Talk Show (VIRTUAL COLLABORATION WITH FROST MS, IRVING MS, SOUTH COUNTY MS & ROBINSON SS)	TBA - VIRTUAL	Jamaal Hines, Chris Woodby & Region 4 Staff jlhines@fcps.edu cwwoodby@fcps.edu	Discussions among the generations! From Gen Z to the Baby Boomers, come and share your perspective about various discussion topics including food, sports, tv shows / movies, vacation destinations and much more!	**Access Code: N/A**
MS Weightlifting	TBA	TBA	This program will be for any students interested in increasing their physical fitness through weightlifting. We will teach basic skills of lifting as well as proper spotting techniques.	**Access Code: MKGM-KF4P-HSBHC**
MS Sports	Various days and times will be announced during the year.	Jamaal Hines jlhines@fcps.edu	We are scheduled to offer a wide range of MS sport options throughout the school year which are set to include (but not limited to): futsal, basketball, volleyball, track/XC, dance/cheer, kickball, lacrosse and others. Some sports will be offered in short in-house leagues and others will be offered as workout clinics to prepare students for HS athletics.	**Contact Coach Hines for more information about MS sports**
Odyssey of the Mind	Contact for more information >>>>	Christina Collins (volunteer) sangsterodyssey@outlook.com	an international, problem-solving competition that has rewards students for imaginative thinking and teamwork! Every year, children work together on developing creative thinking skills by joining a team of up to 7 kids and tackling both short-term problem-solving and one of six different long-term problems: vehicle building, engineering, structure building, classical performance, and theme performance. REGISTER BY SEPTEMBER 30th	**REGISTER HERE:** **https://forms.gle/YZxBmuBKTJjRavQ56**